AUTUMN

2007

SYDNEY BUSH WALKERS INC

P.O. Box 431 Milsons Point NSW



Meetings, 2 Wednesdays per month at 8 pm (refer Social Program attached) At Kirribilli Neighbourhood Centre, 16-18 Fitzroy Street, KIRRIBILLI 1565

Deadline for the 2007 Winter program is Friday, 13 April

If you wish to participate in a programmed activity phone the leader as soon as possible. They will provide more details about the activity, transport arrangements and answer your questions.

- Be courteous, advise the leader as soon as possible if you have to withdraw from the activity as this allows someone on a waiting list to go.
- Activities shown with a Friday date (i.e. 3 days) depart on Friday evening.
- All walks listed without transport details are private transport. The leader will give further time and meeting point details.
- Vehicles are not expected to wait more than 15 minutes for any passengers. Be prepared to contribute to costs
- Unless otherwise stated most maps referred to in the program are 1:25000 topographical maps, obtainable from mapping or bushwalking shops.

NEW members should note that "qualifying" walks are indicated on the program with a 'Q'.

Walks may have party limits, so book in early.

NB: The suitability of any person taking part in a club activity is entirely at the discretion of the leader. Leaders may refuse to take any person on activities irrespective of whether that person is a member or not.

Intending participants should fully inform the leader of their level of experience and ability or any factor that may impair their walking.

PLEASE NOTE:

All participants, including visitors, are reminded that they join in activities as volunteers. Your fitness is your responsibility. Bushwalking and other activities on our program have associated risks including but not limited to the risk of accidental injury.

All persons joining in any activities of the Sydney Bush Walkers Inc do so as volunteers in all respects and as such accept sole responsibility for any injury howsoever incurred and the Sydney Bush Walkers Inc, its office bearers and appointed leaders are absolved from any liability in respect of any injury or damage suffered whilst engaging in any such activity.

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Walker Guidelines

Preparation for an activity:

- 1. Contact leaders at reasonable times, at least 2 days before a day activity, 4 days before a weekend activity. Leaders may cancel an activity if there are insufficient participants (less than 4) or if circumstances are likely to make conditions unsafe.
- 2. Arrive on time. Leaders (at their discretion) will only wait 15 minutes.
- 3. Ensure you're adequately equipped for the activity and all possible conditions with suitable clothing, hat, rain gear, sunscreen, food, First Aid kit, torch and appropriate footwear.
- 4. Carry sufficient water for the conditions (typically 2L minimum).
- 5. Map and compass are strongly advised for navigation.
- 6. You will need to sign the activity sheet, after noting any hazards/risks that the leader will have indicated may be encountered.
- 7. Your Medicare card is useful in case of accident.
- 8. Have sense of adventure and humour handy!
- 9. Please do not invite friends or children on Club activities without leader's permission.
- 10. Dogs are not allowed on activities.
- 11. Leave a record of your intentions with a responsible person
- see Search & Rescue notes in this program.

During an Activity:

- 1. Be prepared to follow the leader's directions. They are volunteers but will have experience.
- 2. Walk together this enhances safety. Always keep sight of the person ahead if you're having trouble keeping up, TELL the leader.
- 4. Allow sufficient space to ensure that you are not injured by branches flicking back or pressuring the pace of the person ahead.
- 3. Let the leader know if you need a water / blister repair / toilet stop.
- 4. Do not leave the party or fall behind the "Tail" without informing them.
- 5. On activities of more than one day you will have to provide your own camping gear. The leader may be able to assist. Gear is available for hire from the club and bushwalking shops.
- 6. Observe fire restrictions open fires are not permitted in some National Parks or on fire ban days. Extinguish all fires with water. Do not light fires if you cannot put them out. Plastic and aluminium foil have no place in the campfire. Leave your campsites as if you had not been there.
- 7. Carry out all rubbish. Take only photographs, leave only footprints.

Walks Grading

A day walk means walking all day - the walks usually start at 8:00am and finish before dark. Often a dinner is arranged at a venue on the way home.

A weekend walk is either a Friday night start and camp at the start or Saturday morning start usually 8:00am. On the first day, the party get to camp between 3:00pm and before dark, (hopefully). Happy hour occurs before dinner and is a time when party members share 'nibbles'. The next day's walking could start between first light and 9:00am, usually 8:00 to 8:30am. We usually get back to the cars between early afternoon and dark. After-dark finishes do happen, however they are usually not planned for. Often a dinner is arranged at a venue on the way home.

The new grading system has four graded categories: D F A T and Yes / No on E

Ascents (and descents) Distance **F**itness Terrain Exposure (to heights)

Distance			Fitness		Ascent		Terrain	
S	Short	1	Beginners	1	Undulating	1	Formed tracks	
M	Medium	2	Intermediate	2	200 – 300m	2	Off track	
L	Long	3	Strenuous	3	Steep / Many	3	Scrub / Exposure	
X	Extra long					- '		

D – Distance:

S-Short

under 10 km per day

M – Medium

10-20 km per day

L-Long

20 - 30 km per day

X – Extra Long

more than 30km per day

If a two day walk had one 25km day and then a 8 km day the grade would be L with perhaps a note in the description about a short second day.

F - Fitness

- 1 beginners – frequent long rest breaks
- intermediate fitness stand up regroups (wait for walkers) with morning tea, lunch and afternoon 2 tea breaks and stops to take in any views
- strenuous, fit walkers only stand up regroups, short breaks for morning and afternoon tea and 3 lunch

A - Ascent 1 flat to undulating

1

- 2 undulating with one or more 200m to 300m climbs
- 3 climbs of 300m plus, or one or more large steep climbs

T – Terrain

- formed tracks and / or open terrain, no scrub
- 2 sections of rough track and / or off track and/or creek crossing and / or rock scrambling
- 3 similar to 2 for long periods and / or thick scrub

E – Exposure

mild to high exposure to heights

Q - Prospective members should note that qualifying walks are indicated on the program with a "Q". Other walks may count as qualifying walks but are not recommended for prospective members unless they have experience at a similar level.

Leaders - prior to your walk, you MUST contact the following for information on Park closures, fire bans and bushfire hazards:

National Parks & Wildlife Service

1300 361 967

www.npws.nsw.gov.au/news/firenews

Rural Fire Service (Fire Bans Recorded Info)

9898 1356

www.bushfire.nsw.gov.au

The recommended amount for travel costs is 20 cents per kilometre shared by all the occupants in the vehicle. Individual drivers may suggest any amount they choose but the club encourages car sharing, as it is environmentally friendly and a good way to get to know other club members.

On trips that involve abseiling, fees may be charged for use of the ropes. This fee might be higher for a trip with ten abseils than for a trip with two abseils. Two dollars is common. Check with the trip leader.

Maps: Maps are generally NSW Land and Property Information (LPI) 1:25000 unless noted otherwise.

SEARCH AND RESCUE

Please ensure that relatives and friends are aware you may return home later than planned due to unforeseen circumstances such as bad weather, injury, illness, and vehicle problems. Emphasise that they should wait about 15 hours after your expected return before lodging a call with a Club Search & Rescue contact. For this programme, contacts are:

> Rob Barrie: David Trinder:

(h) 9418 6704 (m) 0408 233 538

(h) 9943 3388 (m) 0417 113 006

If the above are unavailable contact the Bushwalkers Wilderness Rescue number: Call 13 22 22, ask the operator to page 627 7321 and leave a short message along the lines: "URGENT CALL (your Club & name ...) PHONE BOX (...)". Ensure that the operator records the correct number and STD code. If no return call is received within 15 minutes, repeat the above steps.

ADVANCE NOTICES

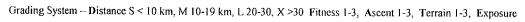
		ENOTICES	
Tuesday 26 June - Sunday July 8	by helicopter into the Carr-Boyd ranges, for Coburns. Limited party. Grade: Medium	Australia he Carr-Boyd and Coburn Ranges. Fly to Kununurra, then 6 days, back to Kununurra to re-stock and thence to the 39 7427(h); 0439 357 427(m); cunninghamp@bigpond.com	
29 June - 10 July	Kakadu Barramundi Ck to Koolpin Gorge via all the swimming this is bushwalking paradise. Sw Grade: Medium	beautiful creeks on the Southern Escarpment. If you like vimming compulsory. Food party. Leader: David Rostron 9451 7943	
9 - 23 July	Five Mountains in Hokkaido Japan Climb Rishiri, Rausu, Shari, Tomuraushi and Horoshiri. These mountains are all volcanic, and range between 1500 and 2200 metres. All on tracks. \$\\$\\$\\$\\$6000m\$ (in total). Eight days hiking and six days travelling, mostly on public transport. There will be an interesting variety of accommodation, from primitive to comfortable, with lots of hot springs. Contact leader for more info. Grade: M231 Leader: Leigh McClintock 8920 2386; mcclintock@unwired.com.au		
25 August – 30 September	European Alps A number of 3 to 10 day walks from France Grade: M331E	to Austria. Ascent of Mont Blanc. Leader: Neil Hickson (h) 9144 2469	
October TBC	Nepal and leave behind not only footprints collaboration with World Expeditions, a 19 of the collaboration with World Expeditions.	shwalkers 80 th Anniversary than to help a community in but a tangible gift from our club to the local people. In day itinerary (from Sydney) that will include a 9 day 1 & 4 days community work in Landrung refurbishing a	
	Limits SS AREAS: 8 persons TIONAL PARK AREAS: 20 persons	DEADLINES FOR FUTURE PROGRAMS: Winter 2007 (Jun/Jul/Aug) – 13 April 2007	

AUTUMN PROGRAM

2 - 4	3 = 4 March
1	Bungonia - Canyoning Map: Bungonia
March	Saturday – Mystery Canyon, Sunday – Jerrara & Bungonia or (as long as there isn't much water)
	Minamurraha Falls. Base camp from cars at Bungonia Camping Ground.
	Grade: Medium – abseiling – Volleys, Wet Suit, Day pack, lilo
	Leader: Ian Wolfe <u>ianmcwolfe@hotmail.com</u> ; (h) 9904 3370; (w) 9027 1825; (m) 0413 662 370
3 - 4	Construction Weekend at Coolana, putting the finishing touches to the toilet. Wanted landscape
March	architects, arborists, native flora experts, painters, decorators, interior designers, flower arrangers, bonsai and ikebana specialists to help (work gloves and Solvol provided). An ideal opportunity for new
	members to practice camping.
	Grade: Easy 1.0km
	Leaders: Contact Patrick James (h&w) 9567 9998; pjames28@bigpond.net.au, or David Trinder 9943
	3388; 0417 113 006; dt28@tpg.com.au
Saturday	Blue Mountains NP Maps: Jamison, Katoomba
3	What great mysteries are hidden off track around Mt Solitary? Come and help solve one of them. Exact
March	route TBC but expect to be exploring the region of Singajingawell Creek, Kedumba River, Korrowall
	Ridge and north into the Jamison Valley. A mix of fire trail (from Kings Tableland), track and majority
	off track. Beautiful Blue Gum glens and unexpected bushland beauty. If you think you know this
	region think again.
	Grade: Medium M222
	Leader: Caro Ryan (h) 9909 1076; (m) 0412 304 071; justshootme@ozemail.com.au
Sunday	Circular Quay to Manly Map: Sydney UBD
4 March	Circular Quay to Manly via Neutral Bay - Taronga Zoo - Bradleys Head - SHFT track Middle Head-Balmoral (lunch) - The Spit - Dobroyd Head - Manly. Come for all or part day. Swimming. Optional
Maich	dinner Manly.
	Grade: L221 (Medium) 26km Leader: Susie Arnott 9955 1759 (leave message if unattended)
	Mid-Week
Thursday	Garigal National Park Map: Parramatta River
8	Garigal NP - Roseville Bridge - Bantry Bay - Seaforth Oval. An easy walk down Middle Harbour
March	Creek into Bantry Bay. Option to extend by walking in from Lindfield if party prefers.
	Grade: Easy 10-15km
	Leader: Bill Holland (h & w) 9484 6636, (m) 0418 210 290, billholland@bigpond.com
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10 - 11	Blue Mountains NP Maps: Wollangambe/Rock Hill
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	Mid-Week
Tuesday	Location Blue Mountains Maps: Penrith, Springwood
13	Springwood Train Station - Magdala Gully & Falls - Glenbrook Creek - Psalm Rock - Glenbrook
March	Train Station. A cool mountain creek with some shallow compulsory wading.
	Grade: Medium – 16 km Leader: Wilf Hilder 9587 8912
	17 – 18 March
17 - 18	It's Time to Celebrate - Come to Coolana - The Annual Get-Together (Reunion)
March	For many years the Club has held an Annual Reunion. Members, new members, family and friends are
	invited to join us for this year's celebration on the Club's property, Coolana, in the beautiful Kangaroo
	Valley. A chance to renew friendships and socialise with new and old members. Car camping possible.
	Campfire and party program on Saturday evening. Assistance with transport. Spare tents may be
	available if required.
	Bill Holland (h) 9484 6636, (m) 0418 210 290, billholland@bigpond.com
	Patrick James (h & w) 9567 9998, (m) 040 904 1515, pjames28@bigpond.com
17 - 18	Additional Coolana Activities:
March	We have some new features and activities at Coolana this year and it's all happening on this weekend.
	Please phone me for details and transport assistance etc.
	Geo Caching: (A treasure hunt using GPS)
	Geocaching is the name given to a an entertaining adventure game for GPS users. The basic idea is to set
	up caches (containers) and have these referenced by GPS location coordinates. GPS users can then use
	the location coordinates to find the caches. Something like a treasure hunt! Coolana, with over 50
	hectares, has a wide exposure to river and cliffs, with creeks and rain forest so there is ample
	opportunity for some fun exploration during the competition.
	<u>Day Walk</u> - Mt Carrieloo and Return
	A medium day walk to view Morton National Park from the top of Mt Carrieloo, then an early return to
	join the others for happy hour and campfire.
	Cycling: From Bowral (its downhill all the way)
	Catch a train then cycle along country road past Avoca and Fitzroy Falls, then down to Kangaroo
	Valley to join the others for happy hour and campfire. It may be possible to organise transport of your tent etc
	Bill Holland (h) 9484 6636, (m) 0418 210 290, billholland@bigpond.com
	Diff Floridated (11) 54-04 00505, (111) 64-16 210 2505, biffillottatide@bigpond.com
Saturday	Lower Blue Mountains NP Map: Penrith
17	Glenbrook Causeway - Glenbrook Creek - Blue Pool - Kanuka Brook and Gorge to old campsite - Red
March	Hands Ridge - Red Hands Cave - Glenbrook Causeway. A bit of everything, rockhopping, off track in
	light bush, track to finish. Train travel available.
	Grade: S-M212 150m
	Leaders: Stephen & Yvonne Brading brading 123@optusnet.com.au; (h) 9802 5566
Sunday	Morton NP Map: Kangaroo Valley
18	Burrawang Creek Bridge –Burrawang Creek –Top of Big Falls –Rain Forest Sidle –Belmore Falls –
March	Hindmarsh Lookout. Large part in open rain forest, swimming, beautiful waterfalls, some rockhopping,
	some scrub, on track up graded 200m ascent to finish. 6 hours plus breaks. Post walk dinner Mittagong
Q	RSL.
	Grade: M222 Leader: Ron Watters 9419 2507(h); 0419 617 491 (m); wattersr@bigpond.net.au
	Extended Trip 24 - 29 March
24 - 29	
47 - 47	Nadgee NP Maps: Mallacoota, Nadgee, Narrabarba Coastal walk (short version), from Mallacoota Inlet to Merrica River. Classic full pack walk from
March	Victoria into NSW. Beaches, surf, coastal lakes, sand hills, cliffs, heaths and lighthouses. Four or five
	days walking. Party limit 6. 50km, mostly flat.
	Grade: M211
	Leader: Jeanne Klovdahl (h) 9518 5101; (m) 0427 017 780; jeanneklovdahl@hotmail.com
	Grading System – Distance S < 10 km, M 10-19 km, L 20-30, X > 30 Fitness 1-3, Ascent 1-3 Terrain 1-3 Exposure

4 N 7 1 4 1 1 1 2 1 1 1	24 – 25 March
24 - 25	Wollemi NP Map: Mt Lagoon
March	Mt Lagoon-Gospers Ridge-Mailes Ridge-Colo River-Mt Townshend Bend-Tootie Creek-Tootie Creek Pools- Firetrail-Mt Lagoon. On track to Colo River, off track up Colo (with occasional deep wade) and
Q	then up Tootie Creek before taking ridge up to join firetrail. Camp on banks of Colo.
V	G 1 1/000 0F1
	Grade: M222 2/km Leader: Bill Hope 9960 1646
Saturday	Blue Mountains NP Maps: Mt Wilson, Wollangambe
24	Mt Wilson - Wollangambe River - Surprise Gully - Wollangambe River - Mt Wilson. A visit to the
March	country north of the Wollangambe canyons, making use of canyoners' pads where appropriate. Some
	exposure, and wet feet crossing the river. Exploratory bits. Joint walk with NPA.
	Grade: M223 (Medium) approx. 14km Leader: lan Thorpe 9922 4742 (h); 0402 913 302 (m)
Sunday	Irish Walk
25	Start at Edgecliff station and visit all the green bits of Rose Bay, Vaucluse, Watson Bay, South Head the
March	Gap. Back by bus. All must wear something green; green underwear does not count!
	Grade: Easy 11 km Leader: Contact Patrick James (h&w) 9567 9998; pjames28@bigpond.net.au
15 Act 1	Mid-Week
Mon 26 to	Midweek "Get Away to Woorabinda Ski Lodge" at Jindabyne
Fri 30	The lodge is located on the Barry Way near the corner of the Jindabyne Way with views over the lake -
March	a few minutes walk from Nuggets Crossing shopping centre. It is very comfortable and well
	appointed. Day walks in the Snowy Mountains and evenings in the warm lodge
	Bill Holland 9484 6636; (m) 0418 210 290; billholland@bigpond.com
	31 March - 1-April
31 March –	Kanangra Boyd National Park Maps: Kanangra, Shooters Hill
1 April	Camp at Budthingaroo - Surprise Creek - Chardon Canyon - Kowmung River - Gridiron Bends - Boss
	Peak - Kowmung River Fire Trail. Explore new areas in Kanangra.
Q	Grade: M223 Leader: David Trinder 9943 3388 (h); 0417 113 006 (m); dt28@tpg.com.au
I	Ecader: David Hillider 9943 3388 (ii), 0417 113 000 (iii); diza@ipg.com.au
G. t l	
Saturday	Blue Mountains National Park Map: Penrith
31	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and
_	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge.
31	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and
31 March	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge. Grade: S122 12km Leader: Maurice Smith 9587 6325; 0414 538 475 (m)
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31 March Sunday	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge. Grade: S122 12km Leader: Maurice Smith 9587 6325; 0414 538 475 (m) Royal National Park Waterfall – Couranga Track – Calala – Uloola Falls – Heathcote. 08.14 Waterfall train from Central.
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31 March Sunday 1 April	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge. Grade: S122 12km Leader: Maurice Smith 9587 6325; 0414 538 475 (m) Royal National Park Waterfall – Couranga Track – Calala – Uloola Falls – Heathcote. 08.14 Waterfall train from Central. Grade: Medium 13km Leader: Jim Callaway 9520 7081
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31 March Sunday 1 April Tuesday 3 April	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge. Grade: S122 12km Leader: Maurice Smith 9587 6325; 0414 538 475 (m) Royal National Park Waterfall – Couranga Track – Calala – Uloola Falls – Heathcote. 08.14 Waterfall train from Central. Grade: Medium 13km Mid-Week Old Northern Road Start at Wiseman's Ferry. An easy walk in a historic area. Follow the convict built road, detour to a scenic view over the river at lunch and return via Surveyors Track. Grade: Easy 12km Leader: Bill Holland 9484 6636 (h); 0418 210 290 (m); billholland@bigpond.com Easter 6—9 April
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Sunday 1 April Tuesday 3 April	Blue Mountains National Park Track and rock hopping down Glenbrook Gorge, along Glenbrook Creek to Nepean River Junction and return via Lookout above gorge. Grade: S122 12km Leader: Maurice Smith 9587 6325; 0414 538 475 (m) Royal National Park Waterfall – Couranga Track – Calala – Uloola Falls – Heathcote. 08.14 Waterfall train from Central. Grade: Medium 13km Mid-Week Old Northern Road Start at Wiseman's Ferry. An easy walk in a historic area. Follow the convict built road, detour to a scenic view over the river at lunch and return via Surveyors Track. Grade: Easy 12km Leader: Bill Holland 9484 6636 (h); 0418 210 290 (m); billholland@bigpond.com Easter 6 – 9 April Central Budawangs Sassafras – Newhaven Gap – The Vines – Mt Tarn – Corang headwaters – Angel Ck – Holland Ck – Watsons Pass - Folly Point – Mitchells Lookout – Sassafras. A full sampling of typical Budawangs offerings – rainforest, heathland, swamps, domed peaks, spectacular escarpments and views. Also



6 - 9	New England Easter	Maps: TBA
6 - 9 April	Base Camp with day walks. A chance to experience everything from rainforest to waterfalls and high gra	the range of walking available in New England,
		388; (m) 0434 968 793; tholgate@optusnet.com.a
6 - 9	Kanangra-Yerranderie-Colong Area Details to be advised	
April	Grade: Medium	Leader: Kenn Clacher (h & w) 9954 970
6 - 9	Kanangra Boyd NP	Map: Kanangr
April Q	Thursday night at Kanangra Walls (unirover trail can Walls – Mt Berry – Mount Cloudmaker - 100 Man C (Saturday night camp) - Kowmung River - Orange E Seam Cave - Kanangra Walls, Numerous steep ascer	Cave (Friday night camp) - Kowmung River Bluff (Sunday night camp) - Brumby Ridge - Coal
		ony Manes 9520 0266; afm_sbw@exemail.com.a
6 - 9	Wollemi NP	Maps: Mt Morgan, Rock Hi
April	Natural Bridge - Mt Cameron - Annie Rowan Ck - o railway - Glow Worm carpark. Some scrub and rock hills. For people who like a leisurely pace. 2.5 hour Grade: M122	hopping on Saturday but mostly on track, no steep
Friday	Upper Blue Mountains	Map: Hartle
6	Mount Victoria railway station - Berghofers Drive a	
April	Victoria - unnamed ridge - Wilsons Gully - Little Zig works. Off-track section through open forest, some Grade: M222 13 km	street walking.
	Grade: M222 13 Km	Leader: Ian Rannard (h) 9958 151
Saturday 7 April	Blue Mountains National Park Carlons Farm – Blackhorse Ridge – Mt Mouin – Me southern Blue Mtns. Steep sections. Gaiters useful.	
Q	Grade: Medium M232 19km	Leader: Nigel Weaver 9660 7672 (l
Sunday	Ku ring Gai National Park	Map: Hornst
8 April	Wahroonga Station - Gibberong Track - Bobbin Heal interesting creek including a board walk through Mal Grade: Easy 12km	
		6 (h); 0418 210 290 (m); billholland@bigpond.co
Monday	Garigal National Park and Manly Dam Reserve	Maps: Parramatta River, Sydney Head
9 April	Grattan Crescent, Frenchs Forest – The Bluff – Bant Manly Dam Circuit – Back to start. Pleasant views of	
	Grade: Easy-Medium M221 15km	Leader: Nigel Weaver 9660 7672 (h
52 Th413 (62 t 12	Friday 13 April – Winter Walks Program Deadline!	Now is the winter of our discount tent
14 - 15	14-15 April Budawang National Park - Byangee Mountain	Man Caran
April	Long Gully to Castle Gap to Byangee Mountain and exposure up Byangee walls. See the Castle and Pigeo (Experienced walkers only)	Map: Coran return. All off track with rock scrambling and on House mountains from a different perspective.
	Grade: M233E 12km +/- 550m	•
	t .	943 3388 (h); 0417 113 006 (m); dt28@tpg.com.a



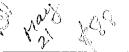
Saturday 14 April	Mount Victoria and Mount York, 192nd anniversary of Lachlan and Elizabeth Macquarie's descent of Mount York by carriage. Meet at Mount Victoria Railway Station carpark, at 9.45 AM. Move off in convoy and park on Highway, along Mount York Road, via some historic wells, past Barden's Lookout, down Cox's Road of 1814, short cut along nature walk, to meet up with Lockyer's Line of Road of 1829, along Lockyer's back to Mount York Road, side trip at end to Fairy Dell and dam. A full day trip. Bring water for the day. 7.18 AM train from Central, bring thermos and breakfast for train trip. Grade: Easy 11km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au
Sunday 15 April	Blue Mountains NP Deep Pass - Derailment Hill - Deep Pass. A partly exploratory walk to Derailment Hill and the pagodas and gullies on its west and south sides. Possible exposure and rock scrambling. Joint walk with NPA. Grade: M223E (Medium/Exploratory) ~10km Leader: Ian Thorpe 9922 4742 (h); 0402 913 302 (m)
Sunday 15 April Q	Kuringai Chase National Park Cowan — Jerusalem Bay — Vize Spur — Porto Bay — Ten Bob Ridge — Jerusalem Bay — Cowan. Spectacular views of Jerusalem Bay and remote Porto Bay. Steep sections. Part exploratory. 17 km including 6 km off-track. Gloves/gaiters useful. Rough and rugged. Grade: Medium M223 17km Leader: Nigel Weaver 9660 7672 (h)
Tuesday 17 April	Mid-Week Location Brisbane Water Foreshores Woy Woy Train Station – ferry – Saratoga – Davistown – Guringal Park – Jurramba Reserve – Mt. Pleasant – Veterans Hall wharf – ferry – Woy Woy Train Station. Interesting Central Coast foreshore walk. Grade: Medium 14km. Leader: Wilf Hilder 9587 8912
21 - 22 April	Coolana – Maintenance And Bush Regeneration Autumn has slowed down the weed growth but our property still needs care and maintenance. Join us for a pleasant weekend of light work and socialising around the evening campfire. Family and friends welcome. Bill Holland 9484 6636; 0418 210 290; billholland@bigpond.com
21 - 22 April	Kanangra Boyd NP Uni Rover Trail - Mt Goondel - Mt Hopeless - Doris Creek - Side trip up Devastation Gully - Kowmung River - Mt Doris - Mt Ibbai - Mt Despond - Despond Ridge - Misery Ridge - Uni Rover Trail. Great views, waterfalls, pristine river. Ascents: 800 m. Grade: M323 (Medium) 22km Leader: Frank Hartigan 9553 6299 and John Bradnam
21 - 22 April	Parr State Conservation Area Walk in a northerly direction towards Webbs Creek. Exploratory walk in a relatively unknown area. All off-track, rock scrambling, gaiters, gloves, carry water. Experienced prospectives welcome. Grade: M223E (Medium/Exploratory) 20km Leader: Jim Rivers 4390 8279 or 4365 2254
Saturday 21 April Q	Blue Mountains NP Carlons Farm - Ironpot Mountain - Ironmonger Spur - Coxs River - Blue Dog Spur - Knights Deck - Cattle Dog Ridge - Breakfast & Carlons Creeks - Carlons Farm. Magnificent Wild Dog Mountains scenery. Virtually all on tracks; no thick bush; some rock-hopping & creek crossings. Steep 570m climb up Blue Dog; more gradual 300m ascent to finish. Similar descents. Grade: Medium 17km Leader: Chris Dowling 6331 5441
Sunday 22 April	Morton NP Map: Burrier Tallowa Dam Road GR 562482-Fourth Lookout 553461-Shoalhaven River-Heifer Creek-Tallowa Dam Road 562482. Great views across the Shoalhaven River valley, a steep descent to the river.

Grading System – Distance $S \le 10$ km, M 10-19 km, L 20-30, X ≥ 30 Fitness 1-3, Ascent 1-3, Terrain 1-3, Exposure

	Downstream followed by a long 300metre climb through a very attractive creek valley up to the
Q	Tallowa Dam Rd. Grade: M222 Leader: Ron Watters 9419 2507 (h); 0419 617 491 (m); wattersr@bigpond.net.au
Sunday	Wollemi NP Map: Mt Lagoon
22	Bob Turner's Track-Mt Townshend-Colo River-Tootie Creek-Bob Turner's Track. Off track over Mt
April	Townshend and down a nice ridge to the Colo. Upstream along banks to Tootie Creek (with occasional
Q	deep wade) then back up Bob Turner's track.
	Grade: M222 14km Leader: Bill Hope 9960 1646
Sunday	Royal National Park Maps: RNP Tourist
22	Otford to Bundeena. Enjoy this classic Royal NP coastal walk with its wide variety of scenery.
April	Grade: L311 Leader: Greta James (h) 9953 8384
771	Mid-Week - ANZAC Day
Wednesday	Blue Mountains Map: Katoomba
25	Katoomba railway station – Catalina Park – Bonnie Doon Track – Bottleneck Pass – Six Foot Track –
April	Devils Hole – Katoomba railway station. Interesting, beautiful, slow route into the valley. Bottleneck
·	Pass requires a short scramble down a cleft to enter it and, later, the use of a hand line to descend two 6m steep, but easy, slopes. Boulder hopping.
	Grade: M222 12km Leader: Ian Rannard (h) 9958 1514
Wednesday	Ku-ring-gai ANZAC Day Maps: Ku-ring-gai NP
25	Wahroonga - Gibberagong Waterholes - Cockle Creek - Marrua Lookout - Sphinx - Warrimo Track -
April	Bobbin Head - Apple Tree Bay - Waratah Bay - Cowan. Small section off track. 20km Party Limit.
Q	Grade: M222 Leader: Tony Holgate 9943 3388 (h); 0434 968 793 (m); tholgate@optusnet.com.au
	28 – 29 April
28 - 29	Morton NP Maps: Milton, Tianjara.
April	Mt Bushwalker car park – Gadara Pass – Pallin Pass – Mt Talaterang – Talaterang Creek and return same route. Camp overlooking Clyde River, Biangee Walls. Watch the sun set over the Castle while
Q	enjoying happy hour. Hopefully the weather will be kind to us so that we can enjoy the spectacular
V	views. 8 am start from Mt Bushwalker car park.
	Grade: M212 18km Leader: Tony Manes 9520 0266 (h); afm_sbw@exemail.com.au
Saturday	Blue Mountains National Park Map: Penrith
28	The Oaks, Glen Doreen Creek, Kanuka Brook and return on Red Hands Ridge. Explore this part of the
April	Blue Labyrinth, mostly off-track, interesting area.
	Grade: M223 Leader: David Trinder 9943 3388 (h); 0417 113 006 (m); dt28@tpg.com.au
Sunday	Kingdom Come, Heathcote National Park Map: Ask Leader
29	Easy walk Heathcote - Kingdom Come and return to Heathcote or Waterfall, suitable for all. Bring
April	water for the whole day. Swimming if hot and sunny.
	Grade: Easy 11 km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au
5 /	5-6 May
5 - 6	Morton NP Map: Kangaroo Valley Jack's Corner Bood Criffing Fine Trail Vivernage Creek McCornicle Map its ET. Let & Corner Bood Criffing Fine Trail Vivernage Creek McCornicle McDorite Fine Trail Vivernage Creek McDor
May	Jack's Corner Road-Griffins Fire Trail-Yurrunga Creek –Mt Carrialoo-McPhails FT – Jack's Corner Road. Specially for new members with no, or limited experience in carrying an overnight pack in the
	bush. Some off track walking and creek crossings. Early camp day one to allow you to socialise with
	your fellow walkers. 300m ascent on day 2. Attractive creek and views.
	Grade: S222 (two 8km days)
	Leader: Ron Watters 9419 2507 (h); 0419 617 491 (m); wattersr@bigpond.net.au
5 - 6	Budawang National Park Map: Corang

Grading System - Distance S < 10 km, M 10-19 km, L 20-30, X > 30 Fitness 1-3, Ascent 1-3, Terrain 1-3, Exposure

Sue's 19th Ang 26 th Ang Linda Maurice-Redledge Pass



•	
May	Kalianna Ridge - Monolith Valley - side trip to the Castle - Sunrise Cave - explore Mt Owen and Mt Cole - return. Good views, see the large red rocks that make the Budawangs famous. Grade: M332 Leaders: David Trinder 9943 3388 (h); 0417 113 006 (m); dt28@tpg.com.au and Bronwyn Dunn 4472 6608
Saturday	Blue Mountains National Park Man: RNP Tourist
5	Blue Mountains National Park Glenbrook – Glenbrook Creek - Kanuka Brook – Red Hands Ridge Fire Trail - Glenbrook. Only one
May	hour from Sydney, Kanuka Brook is amazingly untouched. Post walk dinner option at the Lapstone Pub Grade: M212 Leader: Greta James (h) 9953 8384
Sunday	Brisbane Water National Park Maps: Broken Bay, Cowan
6 May	Brooklyn – water taxi to Alison Point – Rocky Ponds – Patonga Ridge – Little Wobby. Panoramic clifftop views of Hawkesbury River. Water taxi \$10 each. Steep sections. 10 km including 3 km off-track. Gloves/gaiters useful.
Sering sering and any in the	Grade: Medium \$223 10km () () () Leader: Nigel Weaver 9660 7672 (h)
Monday 7	Wallaga Lakes Mid-Week
May - Fri	A midweek stay near Batemans Bay. A number of good walks in coastal parks and forest and a few
11 May	private properties, plus Mt Dromedary. We will stay in Regatta Point Holiday Park (ph. 64934253),
	which has a selection of cabins, caravans and camp sites. Transport will be shared so early booking advisable.
	Bill Holland 9484 6636(h & w); 0418 210 290(m); billholland@bigpond.com
	12 – 13 May
12 - 13	Wollangambe Crater Maps: Mt Wilson (3 rd Ed), Wollangambe (2 nd Ed)
May	Bell - Wollangambe Crater - Bell. Camp at a lovely camp site next to the Wollangambe River. Mostly
Q	off-track walking, with a creek crossing or two and some rock scrambling thrown in. Gaiters
Q	recommended. Party Limit of 8, several places reserved for prospective members with recent relevant experience.
	Grade: M223 (Medium) 20km Leader: Ian Thorpe (h) 9922 4742; (m) 0402 913 302
12 - 13	Splendour Rock Map: Jenolan
May	Day 1 Carlons Farm, Breakfast creek, Black Horse ridge, Mobbs Swamp to Mount Dingo Camp,
	Day 2 Mt Dingo, Knights Deck, Breakfast Creek to Carlons Farm.
Q	Classic walk in the blue mountains, mostly on track, suit prospective walkers with previous overnight
	experience. Enjoy sunrise and sunset on top of Splendour rock. Grade: M222 24km +/-600m Leader: Terry Moss 9773 3526 (b)
	Grade: M222 24km +/-600m Leader: Terry Moss 9773 3526 (h)
Sunday	Popran National Park Map: Gunderman
13	Morgans Road Mt White - upper Marlow Gully - Big Jim's Point - Marlow - Morgans Road.
May	Spectacular clifftop views of the Hawkesbury River. Steep sections. Part exploratory. 12 km including
	3 km off-track. Gloves/gaiters useful. Grade: Medium M223 12km Leader: Nigel Weaver 9660 7672 (h)
Sunday	Dutch Language Walk: Location to be determined. Map: geen
13	Once we start only Dutch will be spoken. For some a Nedelands dagje in Sydney, for others Double
Morr	Dutch lain the fun bring a distingent till with a second to 1
May	Dutch. Join the fun, bring a dictionary, talk with your hands, easy about tien km, openbaar vervoer heen and weer (public transport both ways)
May	Dutch. Join the fun, bring a dictionary, talk with your hands, easy about tien km, openbaar vervoer heen and weer (public transport both ways). Grade: Easy 10km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au
May	heen and weer (public transport both ways). Grade: Easy 10km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au
May Saturday	heen and weer (public transport both ways). Grade: Easy 10km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au Extended Trip 19 May - 3 June
	heen and weer (public transport both ways). Grade: Easy 10km Leader: Patrick James 9567 9998 (h&w); pjames28@bigpond.net.au Extended Trip 19 May - 3 June

3 June	Solea Falls, stopping and exploring a number of side creeks and rock art sites, then along Johnson creek
	system and Berkley river. Magnificent campsites. Must be able to swim. Limited party. (Fully
	booked, waiting list only.)
	Grade: Medium Leader: Rosemary McDonald (h) 9905 0601; rosemary.mcdonald@bigpond.com
## (V)	
Tuesday	Mid-Week Location Blue Mountains NP Maps: Katoomba
Tuesday 15	Location Blue Mountains NP Maps: Katoomba Katoomba Train Station – Bonnie Doon Falls – Nellies Glen – Esgates Ladder – Blacks Ladder –
	Radiata Plateau – Marked Tree – Katoomba Train Station.
May	Spectacular scenery on this historic walk. Late finish
	Grade: Medium 13km Leader: Wilf Hilder 9587 8912
	Grade: Worldin 15km
	19 – 20 May
19, 20	Coolana Training Weekend
May	Ideal for new members. Practical training in navigation, first aid and bushcraft at Coolana in the
•	beautiful Kangaroo Valley. The weekend provides an ideal introduction to camping. However tents and
	other camping gear are optional as there is a shelter and BBQ facilities on site. Spare tents may also be
	available. SBW members are also encouraged to attend and assist with training and social activities
	around the camp fire on Saturday evening. This is an opportunity to foster social contacts within the
	club. Activities start on Saturday morning and transport assistance is available.
	Phone : Bill Holland 9484 6636 (h & w); 0418 210 290 (m); billholland@bigpond.com
	Patrick James 9567 9998 (h & w); 040 904 1515 (m); pjames28@bigpond.com
· · · · · · · · · · · · · · · · · · ·	
19 - 20	Blue Labyrinth Map: Penrith
May	Red Hand Ridge – Kanuka Brook – Goonaroi Ridge – Elaroo Rill – Tobys Rill - Kanuka Brook –
0	Glenbrook. Mostly off-track and creek walking. Walk the beautiful creeks in the lower Blue Mountains.
Q	Limited campsites. Party Limit.
	Grade: M222 25km Loador: Tony Holgata (h) 9943 2388 : (m) 9434 968 793; the locate@outure at some well
	Leader: Tony Holgate (h) 9943 3388; (m) 0434 968 793; tholgate@optusnet.com.au
Saturday	Blue Mountains NP Map: Jenolan
19	Carlons Farm - Breakfast Creek - Coxs River - lower Jenolan Gorge - Grand Bluffs - Goolara Peak -
May	Tinpot & Ironpot Mountains - Carlons Farm. Magnificent scenery all day. Creek and river crossings
-	(wet knees) & lots of rock-hopping. Includes a visit to the old mineshaft near Breakfast Creek and a
Q	side-trip into lower Jenolan Gorge. Also includes the steep hard 600m ascent of Grand Bluffs/Goolara
	etc. with exposure and significant rock scrambling.
	Grade: Medium 16km Leader: Chris Dowling 6331 5441
Saturday	Royal NP Map: RNP Tourist
19	Otford to Bundeena. The great favourite classic coastal walk with beaches, rainforest and rock
May	platforms. Wonderful coastal scenery. Water required for the whole day.
	Grade: L311 25km Leader: Frank Hartigan 9553 6299 and Terry Moss
Sunday	Blue Mountains NP Man: Hampton
20	Blue Mountains NP Carlons Farm-Breakfast Creek-Blackhorse Ridge-Blackhorse Mt-Mt Mouin-Bellbird ridge-Carlons
May	Farm. Some off track walking and steep descent off Mt Mouin, otherwise on track. Great ridgetop
iriay	views.
Q	Grade: M222 18km Leader: Bill Hope 99601646
×	Deader: Bill Hope 99001040
	Mid-Week
Thursday	Dharug National Park Map: Mangrove
24	Mangrove Creek - Ten Mile Hollow via Simpsons Track. Follow an old bridle track and see well
May	preserved stone embankments from the early days.
	Grade: Easy 14 km
	Leader: Bill Holland 9484 6636 (h & w); 0418 210 290 (m); billholland@bigpond.com

Transferra	26 – 27 May
26 - 27	Coolana – Maintenance And Bush Regeneration
May	It's a wonderful property but needs some gentle care and maintenance. Join us for a pleasant weekend
	of light work and socialising around the evening campfire. Wine and cheese. Family and friends
	welcome. Leader: Don Finch 0418 417 593
26 - 27	Morton NP- South Talaterang Creek Maps: Milton, Tjanjara
May	Big moon over the Budawangs weekend. Ngatyang Falls - Pallin Pass - Mt Talatarang. A smidge of
	rough. Party limit.
	Grade: M212 20km
	Leader: John Pozniak 9240 5277(w); 9913 2701(h); 0403 068 511(m); poz@tullib.com.au
Saturday	Ku-ring-gai Chase NP Map:Ku-ring-gai Chase N
26 May	North Turramurra station, Warrimoo track to Halvorsen's Marina at Bobbin Head (good coffee stop),
	Apple Tree Bay, Berowra Track to Waratah Bay and finishing at Berowra Station for train trip back. Great water views
	Grade: M211 – 15K Leader: Jan Roberts 0404 003 966(m); janc.roberts@bigpond.com
Saturday	Location West Chatswood/Lane Cove Valley Maps: Street director
26	Casa McNaught -Ferndale Reserve -Lane Cove River -Great North Walk-Blue gum Creek -Casa
May	McNaught. All on track through attractive forested valleys. Did you know there is such tranquil
	bushland close to home? Relaxed pace. Four hours walking ending with barbecue at Patrick's. A great opportunity to socialise, enjoy a red by "Morong Falls".
	Grade: S111 Easy Leader: Patrick McNaught 9412 228
Sunday	French Language Walk: Maroubra à La Perouse via le coast Map: rien.
27 May	Once we start only French will be spoken. For some a Gallic walk in the Sydney bush, for others a
	silent walk. Join the fun, bring a dictionary, easy about dix km, avec le bus on the way home.
	Grade: Easy 10km Leader: Patrick James 9567 9998(h&w); pjames28@bigpond.net.au

If you decide not to go on a walk, please contact the leader in time - this could give someone on a waiting list the opportunity to go and does not delay the start of the walk while the party waits unnecessarily for you.

Thank you to all those who contribute to this program *

AUTUMN 2007 SOCIAL PROGRAM

All meetings are on a Wednesday night at the Kirribilli Neighbourhood Centre unless otherwise indicated

7th March 7 pm Committee Meeting

Observers welcome

14th March 8 pm Annual General Meeting

Election of new office bearers, discussion on the annual report and reports from club management. Members, prospective members, non-active members and visitors are welcome to attend.

14th March 7 pm New Members Night.

Introduction to SBW for intending prospective members

Weekend The 2007 Annual Reunion and Get-together



17th,18th Come and enjoy yourself at a weekend of socialising and celebrating at the Club's riverfront property "Coolana". Highlights include "Unveiling the New Composting Toilet"; inauguration of the 2007 President and the traditional campfire. New format. Lots of entertainment. Activities on the weekend include the GPS "geocache" treasure hunt, a day walk to Mt Carrieloo, damper making, wombat spotting and much more. Family groups welcome. We may be able to assist with transport. 4WD access to camp site possible.

Contact Bill Holland 9484 6636 or Patrick James 9567 9998

21st March 8 pm Wilderness Society Presentation - "Land Clearing Devastation in NSW"

Campaigner Reece Turner will present a graphic picture of the devastating effects of land clearing in Central and Northwest NSW and the ongoing campaign against logging in the South East Old Growth Forests.

28th March 7 pm New Members Training Night at the Clubrooms "Bushcraft" Walking and camping tips.



4th April 7 pm Committee Meeting Observers welcome.

11th April 8 pm New Members Night.

Introduction to SBW for intending prospective members

18th April 8 pm "Construction in the Kangaroo Valley" with a Gourmet Cheeses and Wine Supper

A special night featuring an audio-visual presentation by Patrick

James and David Trinder. We will say thank you to all those people involved in funding and building the new toilet at Coolana and with them enjoy a cheese and wine supper.

25th April 8 pm Clubroom Closed.

ond M. G. W. M. C.

2nd May 7 pm Committee Meeting Observers welcome.

9th May 7 pm New Members Night.

Introduction to SBW for intending prospective members

16th May 8 pm Everything You Wanted to Know About Kayaks

Many club members are very interested in kayaking and canoeing. This evening, presented by The River Canoe Club, will provide answers to your questions.

23rd May 7 pm New Members Training Night at the Clubrooms

An opportunity for prospective members to learn the basics of the art and science of cross country navigation using a map and compass.

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