



Meetings, 2 Wednesdays per month at 8 pm (refer Social Program attached)
At Kirribilli Neighbourhood Centre, 16-18 Fitzroy Street, KIRRIBILLI 1565

P.O. Box 431 Milsons Point NSW

Deadline for the 2006 Winter program is
Friday, 14 April 2006

If you wish to participate in a programmed activity phone the leader as soon as possible. They will provide more details about the activity, transport arrangements and answer your questions.

- Be courteous, advise the leader as soon as possible if you have to withdraw from the activity as this allows someone on a waiting list to go.
- Activities shown with a Friday date (i.e. 3 days) depart on Friday evening.
- All walks listed without transport details are private transport. The leader will give further time and meeting point details.
- Vehicles are not expected to wait more than 15 minutes for any passengers. Be prepared to contribute to costs
- Unless otherwise stated most maps referred to in the program are 1:25000 topographical maps, obtainable from mapping or bushwalking shops.

NEW members should note that "qualifying" walks are indicated on the program with a 'Q'.

Walks may have party limits, so book in early.

NB: The suitability of any person taking part in a club activity is entirely at the discretion of the leader. Leaders may refuse to take any person on activities irrespective of whether that person is a member or not.

Intending participants should fully inform the leader of their level of experience and ability or any factor that may impair their walking.

PLEASE NOTE:

All participants, including visitors, are reminded that they join in activities as volunteers. Your fitness is your responsibility. Bushwalking and other activities on our program have associated risks including but not limited to the risk of accidental injury.

All persons joining in any activities of the Sydney Bush Walkers Inc do so as volunteers in all respects and as such accept sole responsibility for any injury howsoever incurred and the Sydney Bush Walkers Inc, its office bearers and appointed leaders are absolved from any liability in respect of any injury or damage suffered whilst engaging in any such activity.

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Walker Guidelines

Preparation for an activity:

1. Contact leaders at reasonable times, at least 2 days before a day activity, 4 days before a weekend activity. Leaders may cancel an activity if there are insufficient participants (less than 4) or if circumstances are likely to make conditions unsafe.
2. Arrive on time. Leaders (at their discretion) will only wait 15 minutes.
3. Ensure you're adequately equipped for the activity and all possible conditions with suitable clothing, hat, rain gear, sunscreen, food, First Aid kit, torch and appropriate footwear.
4. Carry sufficient water for the conditions (typically 2L minimum).
5. Map and compass are strongly advised for navigation.
6. You will need to sign the activity sheet, after noting any hazards/risks that the leader will have indicated may be encountered.
7. Your Medicare card is useful in case of accident.
8. Have sense of adventure and humour handy!
9. Please do not invite friends or children on Club activities without leader's permission.
10. Dogs are not allowed on activities.
11. Leave a record of your intentions with a responsible person

– see Search & Rescue notes in this program.

During an Activity:

1. Be prepared to follow the leader's directions. They are volunteers but will have experience.
2. Walk together – this enhances safety. Always keep sight of the person ahead – if you're having trouble keeping up, TELL the leader.
4. Allow sufficient space to ensure that you are not injured by branches flicking back or pressuring the pace of the person ahead.
3. Let the leader know if you need a water / blister repair / toilet stop.
4. Do not leave the party or fall behind the "Tail" without informing them.
5. On activities of more than one day you will have to provide your own camping gear. The leader may be able to assist. Gear is available for hire from the club and bushwalking shops.
6. Observe fire restrictions – open fires are not permitted in some National Parks or on fire ban days. Extinguish all fires with water. Do not light fires if you cannot put them out. Plastic and aluminium foil have no place in the campfire. Leave your campsites as if you had not been there.
7. Carry out all rubbish. Take only photographs, leave only footprints.

Walks Grading

A **day walk** means walking all day – the walks usually start at 8:00am and finish before dark. Often a dinner is arranged at a venue on the way home.

A **weekend walk** is either a Friday night start and camp at the start or Saturday morning start usually 8:00am. On the first day, the party get to camp between 3:00pm and before dark, (hopefully). Happy hour occurs before dinner and is a time when party members share 'nibbles'. The next day's walking could start between first light and 9:00am, usually 8:00 to 8:30am. We usually get back to the cars between early afternoon and dark. After-dark finishes do happen, however they are usually not planned for. Often a dinner is arranged at a venue on the way home.

The new grading system has four graded categories: D F A T and Yes / No on E

Distance **F**itness **A**scents (and descents) **T**errain **E**xposure (to heights)

Distance		Fitness		Ascent		Terrain	
S	Short	1	Beginners	1	Undulating	1	Formed tracks
M	Medium	2	Intermediate	2	200 – 300m	2	Off track
L	Long	3	Strenuous	3	Steep / Many	3	Scrub / Exposure
X	Extra long						

D – Distance: S – Short under 10 km per day
 M – Medium 10 – 20 km per day
 L – Long 20 – 30 km per day
 X – Extra Long more than 30km per day

Note: If a two day walk had one 25km day and then a 8 km day the grade would be L with perhaps a note in the description about a short second day.

F – Fitness 1 beginners – frequent long rest breaks
 2 intermediate fitness – stand up regroup (wait for walkers) with morning tea, lunch and afternoon tea breaks and stops to take in any views
 3 strenuous, fit walkers only – stand up regroup, short breaks for morning and afternoon tea and lunch

A – Ascent 1 flat to undulating
 2 undulating with one or more 200m to 300m climbs
 3 climbs of 300m plus, or one or more large steep climbs

T – Terrain 1 formed tracks and / or open terrain, no scrub
 2 sections of rough track and / or off track and/or creek crossing and / or rock scrambling
 3 similar to 2 for long periods and / or thick scrub

E – Exposure mild to high exposure to heights

Q – Prospective members should note that qualifying walks are indicated on the program with a "Q". Other walks may count as qualifying walks but are not recommended for prospective members unless they have experience at a similar level.

Leaders – prior to your walk, you MUST contact the following for information on Park closures, fire bans and bushfire hazards:		
National Parks & Wildlife Service	1300 361 967	www.npws.nsw.gov.au/news/firenews
Rural Fire Service (Fire Bans Recorded Info)	9898 1356	www.bushfire.nsw.gov.au

The recommended amount for travel costs is 20 cents per kilometre shared by all the occupants in the vehicle. Individual drivers may suggest any amount they choose but the club encourages car sharing, as it is environmentally friendly and a good way to get to know other club members.

On trips that involve abseiling, fees may be charged for use of the ropes. This fee might be higher for a trip with ten abseils than for a trip with two abseils. Two dollars is common. Check with the trip leader.

Maps: Maps are generally NSW Land and Property Information (LPI) 1:25000 unless noted otherwise.

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SEARCH AND RESCUE

Please ensure that relatives and friends are aware you may return home later than planned due to unforeseen circumstances such as bad weather, injury, illness, and vehicle problems. Emphasise that they should wait about 15 hours after your expected return before lodging a call with a Club Search & Rescue contact. For this programme, contacts are:

Rob Barrie:

(h) 9418 6704 (m) 0408 233 538

David Trinder:

(h) 9660 9945 (w) 9299 1001 (m) 0417 113 006

If the above are unavailable contact the Bushwalkers Wilderness Rescue number: Call 13 22 22, ask the operator to page 627 7321 and leave a short message along the lines: "URGENT CALL (your Club & name ...) PHONE BOX (...)". Ensure that the operator records the correct number and STD code. If no return call is received within 15 minutes, repeat the above steps.

ADVANCE NOTICES

In the Autumn Program (see relevant pages of this program for more details)	
20 - 24 March	A "Get Away to at Jindabyne Woorabinda Ski Lodge" Leaders: Fran or Bill Holland 9484 6636; billholland@bigpond.com
23 - 29 Mar OR 3 - 9 Apr TBC	Great Dividing Trail (Victorian Gold Fields) Grade: M222 Maps: GDT maps Leader: Caro Ryan justshootme@ozemail.com.au
18 - 23 April	Far South Coast Kayaking and Canoeing Map: Ask Leader Leader: Jeanne Klov Dahl 9774 1360; (m) 0427 017 780
Mon 24 - Fri 28 April	Midweek Bicycle ride around Canberra Leader: Bill Holland 9484 6636; billholland@bigpond.com
25 - 27 April	Jagungal Grade: M222 (Medium) 42km 600m↓&↑ Maps: Toolong Range, Jagungal Leader: Leigh McClintock 8920 2386; mcclintock@unwired.com.au
In the Winter Program	
23 June - 5 July	Kakadu Walk Kakadu - All the beautiful creeks of the Southern Escarpment. Food party. Grade: M222? (Medium) Leader: David Rostron 9451 7943
18 - 27 August	Overland Track in Deep Winter Spend 9 days on the Overland Track in the depths of winter with all it has to offer. This will be a snowshoe walk, with two leaders so that the more adventurous can do the side trips while the others can walk from hut to hut. Grade: M323E Leaders: Stephen Dolphin (h) 9587 9686; (m) 0414 878 050 Terry Moss 9773 3526; terrymoss1@bigpond.com
In the Spring Program	
Saturday September 2	Blue Mountains NP Maps: Kanangra, Jenolan, Jamison Kanangra to Katoomba in a Day. Annual SBW classic. Camp at Uni-over Friday night early. Dinner and accommodation at Grandview Hotel Saturday night. Expressions of interest early please for fit walkers and helpers. Please ring early so I can book accommodation. Grade: X332 (Hard) 43km Huge ups and downs Leader: Tony Crichton (h) 9872 7195
NPWS Party Limits WILDERNESS AREAS: 8 persons OTHER NATIONAL PARK AREAS: 20 persons	
DEADLINES FOR FUTURE PROGRAMS: Winter 2006 (Jun/Jul/Aug) - 14 April 2006	

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AUTUMN PROGRAM

4 - 5 March	
4 - 5 March Q	Morton National Park - Corang Peak Map: Corang Wog Wog - Corang Peak - Burrumbeet Brook (Cave camp) - Corang River - Goodsell Creek - Wog Wog. Great views of the Budawangs, creek walking and rock scrambling, Walk is on and off track. Grade: M222 25km 500 m↑&↓ Leader: Terry Moss 9773 3526; terrymoss1@bigpond.com
4 - 5 March	Shoalhaven River Map: Caoura Down Badgerys Spur, follow the river upstream (crossing it at least twice), and back up to Long Point. Compulsory swimming. Car shuffle. Comfortable camping on the river flats. Grade: M222 (Medium) 18km 500m↑&↓ Leader: Leigh McClintock 8920 2386; mcclintock@unwired.com.au
Saturday 4 March Q	The Blue Labyrinth Map: Penrith Jack Evans Track - Erskine Creek - Big Crater Creek - Big Crater Ridge - Nebo Ridge - Nebo Point - Erskine Creek - Blands Pool - Dadder Cave - Machins Crater. There will be some scrambling, off-track and creek walking. Party limit. Grade: L222 (Medium) 25km Leader: Tony Holgate (m) 0415 802 108; (w) 8972 4014
Sunday 5 March	Blue Mountains National Park Map: Penrith A lilo trip along Erskine Creek, south of Glenbrook. Access via Jack Evans track. Bring your lilo. Float down this lovely river which is flanked by high wooded hills and cliffs. No wetsuit is needed because the water is much warmer than the cold creeks of the upper mountains. 3 km on tracks + 3 km on water. Grade: S121 (Easy) Leader: Nigel Weaver (h) 9660 7672; (w) 9955 9779
Sunday 5 March	Blue Mountains NP Map: Penrith Glenbrook Railway station - Blue Pool - Glenbrook Gorge - Nepean River - Lapstone Railway Station - Lapstone streets - then to Williams Lookout to look down into the Gorge - Glenbrook Railway station. Then to a decadent afternoon coffee and cakes in Glenbrook. Mixture of track and easy rockhopping. Great views (and swimming for the very brave). Grade: S111 (Easy / Easy-Medium) 10km Leader: Maurice Smith (h) 9587 6325; (m) 0414 538 475; mauricethewalker@ihug.com.au
Mid-Week	
Tuesday 7 March	Bicentennial Coastal Walk Maps: Street Directory Central - L90 bus - Warriewood Beach - Basin Bay - Hillcrest Lookout - Bungan Castle - Crown of Newport Reserve - Taylors Point - Angophora Reserve - Palmgrove Park - Bilgola Beach - Newport - L90 bus - City. Interesting traverse of the peninsula - everything from Aboriginal relics to a Walter Burley Griffin designed house - Swimming options. Grade: M221 (Medium) 14km Leader: Wilf Hilder (h) 9587 8912
11 - 12 March	
11 - 12 March	It's Time to Celebrate - Come to Coolana - The Annual Get-Together (Reunion) For many years the Club has held an Annual Reunion. Members, new members, family and friends are invited to join us for this year's celebration. On the Club's property, Coolana, in the beautiful Kangaroo Valley. A chance to renew friendships and socialise with new and old members. Car camping possible. Campfire and party program on Saturday evening. Assistance with transport. Bill Holland (h & w) 9484 6636, (m) 0418 210 290, billholland@bigpond.com Patrick James (h & w) 9567 9998, (m) 040904 1515, pjames28@bigpond.com

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11 - 12 March Q	Kanangra Boyd NP Maps: Kanangra, Yerranderie Kanangra Walls - Bullhead Ridge - Cambage Spire - Christys Creek/Wheengee Whungee Creek junction (camp) - Mt Great Groaner - Mount Colboyd - Pindari Top. Creek walking, short pack swim. Prospective members with relevant experience welcome. Grade: M332 (medium) 800m↑&↓ Leader: Kellie Rees 0404 249 092; reesk09@yahoo.com.au
11 - 12 March	Conjola National Park Map: Sussex Inlet Bush and beach and escarpment walking, including rock scrambling and possible rope assistance. Swims in creek and public beaches. Grade: M223 Leader: Maureen Carter (h) 9773 4637
Saturday 11 March	Bouddi National Park Map: Bouddi Palm Beach Ferry (\$16 Return) to Wagstaff. Return walk to Maitland Bay via Box Head, Putty Beach (Kilcare), Marie Byles Lookout and Hardys Bay. Great views, swimming, coffee shop for afternoon tea. 15km Relaxed pace. Grade: M222 Leader: Carole Beales 9907 2829
Sunday 12 March Q	Blue Mountains NP – North-East of Bell Maps: Mt Wilson(2nd Ed), Wollangambe Bell truck weighing station – ridge N to 487904 – E along the wiggly ridge to 502906 – N down ridge – creek crossing – N up ridge to saddle at 504919 – track W to 494917 – creek crossing at 490915 – south-ish to 492908 – W along the wiggly ridge to saddle – 487904 – Bell truck weighing station. A mostly off-track visit to some of the geomorphologically gifted country between Bell and Wollangambe crater. Some rock scrambling, exposure and thick scrub. Grade: M223E (Medium) 11km Leader: Ian Thorpe (h) 9922 4742; (m) 0402 913 302
Sunday 12 March	Royal NP Maps: RNP Tourist Otford to Bundeena. The great favourite classic coastal walk with beaches, rainforest and rock platforms. Wonderful coastal scenery. Swimming opportunity. Water required for the whole day. Grade: L311 25km Leader: Kathy Gero (h) 9130 7263
Mid-Week	
Tuesday 15 March	Bicycle ride near Wollongong Route to be determined but limited to beach side and lake-side bicycle paths. Distance depends on the group fitness, the weather and number of coffee stops Leader: Bill Holland (h) 9484 6366; (m) 0418 210 290; billholland@bigpond.com
18 - 19 March	
18 - 19 March	Wollemi / Gardens Of Stone N.P. – Mt. Dawson Maps: Ben Bullen Overnight, full pack, weekend walk. Newnes camp ground to Mt. Dawson via Little Capertee Creek and adjoining escarpment. Good for your first overnight walk, 70% off track with a cave camp, so no tent required, unless you want to practice carrying one. Camera is a must, due to the spectacular scenery as well as being a very social event with sunset during happy hour. Bring a drink or two for happy hour and after dinner socialising around the camp fire. Numbers limited, so book in early. Grade: M223 (Easy/Medium) 12km 400m↑&↓ Leader: Tony Manes (h) 9520 0266
Saturday 18 March	Bouddi NP Maps: Gosford, Broken Bay L90 bus or car to Palm Beach wharf. Ferry (\$15 return) to Wagstaff - Box Head - Putty Beach - boardwalk to Maitland Bay - up to Marie Byles L/O, road walk to Hardy Bay cafe for milkshakes and ice cream - Wagstaff Ferry back to Palm Beach. All on tracks, swimming, beautiful scenery. Grade: M211 15km Leader: Richard Darke (h) 9960 6384; (m) 0402 413 299; richard_darke@yahoo.com.au

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Sunday 19 March Q	Bargo State Recreation Area Map: Bargo Rockford Bridge - Bargo River - Diesel Pass - Swagman and Jumbuck Leaps - Sugarloaf Gully - Spa Pool - Junction Pool at Nepean River - Bargo Gorge - Mermaid Pool - See Through Pool - Rockford Bridge. Great swimming holes, scenic gorge, some rock hopping. Track and off track walking, 6 hours walking plus breaks. Grade: M222 250m↑&↓ Leader: Ron Watters (h) 9419 2507; (m) 0419 617 491; wattersr@bigpond.net.au
Extended Trip 20 - 24 March	
Monday 20 Friday 24 March	A "Get Away to at Jindabyne Woorabinda Ski Lodge" The lodge is located on the Barry Way near the corner of the Jindabyne Way with views over the lake - a few minutes walk from Nuggets Cross shopping centre. It is quite comfortable and well appointed. The rooms are basic and you will need to bring your own sheets, towels etc. Tariff: \$20 per night for a 2-3 bed room - i.e. \$40 per person for four nights if two persons share a room. Leaders: Fran or Bill Holland 9484 6636; billholland@bigpond.com
Extended Trip 23 - 29 March or 3 - 9 April TBC	
23 - 29 March OR 3 - 9 April TBC	Great Dividing Trail (Victorian Gold Fields) Maps: GDT maps Walk along the historic Great Dividing Trail immersing yourself in Victoria's rich gold rush history. Exact route TBC but thinking Daylesford to Bendigo, approx 110kms. For further info visit www.gdt.org.au Grade: M222 Leader: Caro Ryan justshootme@ozemail.com.au
25 - 26 March	
March 25 - 26 Q <i>Andrew Macdonald Iris in Cote Ian Jan</i>	Morton NP Maps: Touga Tolwong Road - Wineglass Tor - Shoalhaven River with a great camp site and a superb swimming pool - Tims Gully - Little Oak Creek - Tolwong Road. Some great views on Saturday and classic scrambling on Sunday in Little Oak Creek. Several places reserved for prospective members with recent relevant experience. With a strict limit. Grade: M233 20km 600m↓&↑ Leader: Maurice Smith (h) 9587 6325; (m) 0414 538 475; mauricethewalker@ihug.com.au
Saturday 25 March Q	Blue Mountains NP Maps: Katoomba & Mt. Wilson Perrys Lookdown - Pulpit Rock - Govetts Leap - Evans Lookout - Beauchamp Falls - Junction Rock - Blue Gum Forest - Perrys Lookdown. All on tracks/trails. 800metres of ascent (and descent) including a steep hard 600metre climb at the end. Magnificent scenery all day. Grade: M231 (Medium) 20km 800m↑&↓ Leader: Chris Dowling (h) 6331 5441
Saturday 25 March	Wollemi NP - Colo Map: Colo Heights, Mountain Lagoon Bush & Swim walk. Bob Turners track - Colo river (warm and sandy swim) - Tootie Creek (fresh and pristine, swim) - Bob Turners track and easy walking cross-country. Grade: M112 (Easy-Medium) 16km Leader: Zol Bodlay 9639 4606
Sunday 26 March	Nattai National Park Map: Hilltop Starlights Track - McArthurs Flat - Nattai River - Russells Needle - McArthurs Flat - Troys Creek Trail - Nattai Road. This walk will be partly exploratory as I have not walked between McArthurs Flat and Russells Needle but there is a track to follow. Great views. Grade: L222 Approx. 26km and 500m↑&↓ Leader: Glenn Draper (h) 9605 8071; (m) 0413 831 286 (Wk: 9691-3802)
Mid-Week	
Tuesday 28 March	Royal National Park Map: RNP Tourist (1:30,000) Waterfall Train Station - Kangaroo Creek - Karloo Pool - Olympic Pool - Heathcote Train Station. Plenty of swimming opportunities on this creek walk. Grade: M222 (Medium) 12km Leader: Wilf Hilder (h) 9587 8912

Grading System - Distance S < 10 km, M 10-19 km, L 20-30, X >30 Fitness 1-3, Ascent 1-3, Terrain 1-3, Exposure

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1 - 2 April	
1 - 2 April Q	Morton NP Maps: Milton, Tianjara Mt. Bushwalker car park – Gadara Pass – Pallin Pass – Mt. Talaterang – Talaterang Creek and return same route. Camp overlooking Clyde River, Byangee Walls. Watch the sun set over the Castle while enjoying happy hour. 8 am start from Mt. Bushwalker car park. Grade: M212 Leader: Tony Manes (h) 9520 0266; afm_sbw@exemail.com.au
1 - 2 April Q	Kanangra Boyd NP Maps: Kanangra, Yerranderie Uniroyer – Mt Goondel – Mt Misery – Ghosts Mtn – Ghosts Ridge – Kowmung (Camp) – Megalith Ridge – Morong Hill – Boyd River Fire Trail. Partly off track with excellent views. Prospective walkers must have completed at least one SBW overnight walk Grade: M232 (Medium) 24km 800m↑&↓ Leader: Ken Collins (m) 0413 683 123; Ken.Collins@osr.nsw.gov.au
1 - 2 April	Coolana – Maintenance And Bush Regeneration It's a wonderful property but needs some gentle care and maintenance. Join us for a pleasant weekend of light work and socialising around the evening campfire. Wine and cheese. Family and friends welcome. Leader: Don Finch 0418 417 593
Saturday 1 April	Beacon Hill / Narrabeen / Belrose Maps: Mona Vale, Hornsby Beacon Hill - Narrabeen Fitness Camp - Farrington trail - Belrose - Fitness Camp - Beacon Hill. Meet Lady Penrhyn Drive Beacon Hill at 8.30am. 95% bush tracks, see the sights of the extreme mountain biking capital of Sydney. Grade: M222 24km 250m↑&↓ Leader: Peter Cunningham (h) 9939 7427; (m) 0439 357 427
Sunday 2 April	Ku-ring-gai Chase NP Map: Ask Leader Palm Beach - Currawong - America Bay. Easy walk starting and finishing with a ferryboat ride. Beautiful views. 9am start at Palm Beach. Grade: M111 (Easy) 12 km Leader: Bill Holland 9484 6366; (m) 0418 210 290; billholland@bigpond.com
Mid-Week	
Tuesday 4 April	Western Sydney Regional Park Maps: Street Directory Fairfield Train Station – bus – Fairfield City Farm – Calmsley Tunnel – Moonrise Lookout – Prospect Reservoir – George Maunder Lookout – Greystanes Creek – Toongabbie Train Station. A long but scenic walk in Sydney's outskirts. Grade: M211 (Medium) 18km Leader: Wilf Hilder (h) 9587 8912
8 - 9 April	
8 - 9 April	Morton NP Ettrema Wilderness Map: Nerriga Sassafras - Headwaters of Ettrema Ck - exit Bullfrog Ck or Myall Ck or somewhere in between. A different look at the wonderful Ettrema wilderness area, with plenty of swimming opportunities. Grade: M233E Leader: Stephen Dolphin (h) 9587 9686; (m) 0414 878 050
Saturday 8 April Q	Royal NP Maps: RNP Tourist Cronulla - ferry to Bundeena – Wattamolla – Burning Palms – Otford. Swimming. 7:36am Cronulla Train. Grade: M211 (Medium) 23km Leader: Jim Callaway (h) 9520 7081
Sunday 9 April	Western Sydney Cycle Trip Maps: RTA Sydney Cycleways East Hills Stn – Lake Gillawarna – Canley Vale – Fairfield City Farm – Prospect Reservoir – Guildford – Canley Vale – East Hills. All on cycle paths except for few kms of quiet streets. Possible to leave at stations on the Western Line or return to East Hills Line for coffee shop. Total distance about 70km. Grade: L221 Leader: David Carter (h) 9773 4637
Sunday 9 April Q	Blue Mountains NP – North-East of Bell Maps: Mt Wilson (2nd Ed), Wollangambe Watertrough Hill – NE along ridge to 520897 – cross Bell Ck – N up side ck to saddle – E along ridge to junction of Bell Ck and Wollangambe River (if possible) – return W and continue to 490905 – S across ck – S up ridge to 494888 – S across Bell Ck (somehow) – Watertrough Hill. Off-track, partly exploratory. Rock scrambling, exposure and thick scrub likely. Handlines may be useful. Grade: M233E (Medium) 15km Leader: Ian Thorpe (h) 9922 4742; (m) 0402 913 302

Grading System – Distance S < 10 km, M 10-19 km, L 20-30, X >30 Fitness 1-3, Ascent 1-3, Terrain 1-3, Exposure

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Mid-Week	
Tuesday 11 April	Circular Quay to The Spit Map: Sydney UBD Circular Quay – ferry to Cremorne - Taronga Zoo - Bradleys Head - New SHFT track Middle Head - Balmoral (lunch) - The Spit Grade: M111 (Easy) Leader: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com
<i>Friday 14 April - Winter Walks Program Deadline! Now is the winter of our discount tent</i>	
Easter 14 – 17 April	
14 – 17 April	Morton NP - Ettrema Wilderness Maps: Yalwa, Touga Traverse of Morton NP. Details still under review. One end is Yalwal, the other end is Bungonia. We cross Danjera Creek, Bundundah Creek, Ettrema Creek and Shoalhaven River and there are big hills between each of the waterways! Long car shuffle. Several places reserved for prospective members with recent relevant experience. With a strict limit. Grade: L333 40 km 1500m↓&↑ over the weekend Leader: Maurice Smith (h) 9587 6325; (m) 0414 538 475; mauricethewalker@ihug.com.au
14 – 17 April	Snowy Mountains Maps: Thredbo, Mount Kosciusko Walk in high base camp with day walks around the Main Range and the lakes. Party limit. Grade: M231 (Medium) Leader: Tony Holgate (m) 0415 802 108; (w) 8972 4014
Friday 14 April	Ku-ring-gai Chase National Park Map: Hornsby Berowra RS - Cowan Creek - Gibberagong Track - Wahroonga RS. Easy track walking with pleasant scenery. Grade: M111 Leader: Ian Rannard 9958 1514
Saturday 15 April	Blue Mountains National Park Maps: Katoomba, Jamison Golden Stairs to Mt Solitary and return. We will go as far as Melville's Lookout. Optional side-loop to Ruined Castle. Spectacular views of the southern Blue Mountains. Grade: M222 (Medium) 20km Leader: Nigel Weaver (h) 9660 7672; (w) 9955 9779
Sunday 16 April	Blue Mountains NP Map: Penrith Glenbrook RS - Campfire Creek - Red Hands Cave - Kanuka Brook - Glenbrook Creek - Glenbrook RS. Walking in wild and scenic valleys close to Sydney. Some rough off-track sections. Grade: M212 Leader: Ian Rannard 9958 1514
Sunday 16 April	Berowra Circuit Walk Maps: Cowan, Hornsby Berowra Station – Sams Creek – Lyrebird Gully – Mt Kuring-gai Station – Cowan Creek – Berowra Station. Grade: M221 20km Leader: Kathy Gero (h) 9130 7263
Monday 17 April	Middle Harbour Bushland Map: Parramatta River Castlecrag – Mowbray Place – Munro Park – Long Bay Bushland – Clive Park – Sailors Bay – Castlecrag. Mostly bushland tracks, plus some streets and parks. Scenic waterviews. Visit Chateau Pont Du Nord vineyard! Grade: S121 (Easy) 10km Leader: Nigel Weaver (h) 9660 7672; (w) 9955 9779
Extended Trip 18 – 23 April	
18 – 23 April	Far South Coast Kayaking and Canoeing Map: Ask Leader Kayaking/canoeing, and some walking, on the Far South Coast. Tuross River, Bermagui area, Brogo Dam. All flat water. Some experience necessary. PDFs compulsory. Meet at Regatta Point Holiday Park, Wallaga Lake, 18/4; depart 23 or 24/4. Leader: Jeanne Klov Dahl 9774 1360; (m) 0427 017 780

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Anzac Long Weekend 22 - 25 April	
22 - 25 April Q	Barrington Tops Map: TBA Barrington Tops rainforest walk - route to be decided. Party limit Grade: M222 (Medium) Leader: Tony Holgate (m) 0415 802 108; (w) 8972 4014
22 - 25 April	Wollangambe - Bungleboori Area Maps: Wollangambe, Mt Wilson Bell - Wollangambe River - Holts Heaven (High Camp) - Bungleboori Creek - Little Arthurs - Camp - ridge - Dumbano Ck (Camp) - Twin creeks - Yarramun Tunnel - Wollangambe River - Mt Wilson. Pagodas, deep gullies, bumpy ridgelines. Mostly exploratory, mostly off-track, possible exposure, possible rough camps 2 nd and 3 rd nights. Route options available. Experienced walkers only. Party limit. Please book by 3 April. Grade: M223E (Medium) 35km Leader: Ian Thorpe (h) 9922 4742; (m) 0402 913 302
Saturday 22 April	Blue Mountains National Park Map: Katoomba Come along & become a convert to this rarely visited area. Binnowee Drive - (the) Blue Mt - Lawson Ridge (off track) - Euralla Lookdown - NE along ridge to 644735 - Jims Creek - Lawson Ridge (track) - Fire Trail. This walk has good variety with some off track, great views across to Mt Hay & Wentworth Creek, possible wet feet and on last visit, a colony of Red Triangle Slugs who breathe out their backs! (Thanks to Jim Percy for sharing his expertise on this one.) Grade: M212 Leader: Caro Ryan (m) 0412 304 071 (6-9pm); justshootme@ozemail.com.au
Sunday 23 April Q	Morton NP Maps: Wingello and Caoura Wingello State Forest Landing Ground (WSFLG) - Spotted Gum Road - Tallowa Gully - Mini Canyon - TG Rim - the Shute - Tallowa Gully - Burrawong Road - WSFLG. Interesting creeks, views form Tallowa Gully rim. Meet kangaroos at day's end. A short boulder scramble into cliff - rimmed Tallowa Gully and later on exiting the Shute. A short rock scramble through the mini canyon and up to plateau rim. Rock hopping. Off track walking. 7 hours walking plus breaks. Grade: M223 Leader: Ron Watters 9419 2507; (m) 0419 617 491; wattersr@bigpond.net.au
Sunday 23 April	Berowra Valley Bushland Park Map: Hornsby Pennant Hills station to Hornsby following the Great North Walk with interesting diversions. Lunch time at leader's house. After lunch walk along Blue Gum Track finishing at Hornsby station. Level of activity depends on the heat of the day and enthusiasm of the walkers. Grade: M121 (Easy) 12km Leader: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com
Tuesday 25 April (Anzac Day)	Blue Mountains NP Map: Springwood Faulconbridge - Sassafras Creek - Numantia Creek and Falls - unmapped pad - Sassafras Creek - Magdala Creek - Springwood. Mostly easy tracks in shady ferny gullies, but some rough pad sections over a spur in the middle. Grade: M222 Leader: Ian Rannard 9958 1514
Extended Trip 24 - 28 April	
Mon 24 - Fri 28 April	Midweek Bicycle ride around Canberra Stay in comfortable cabins or camp. See the Autumn colours of Canberra. Ride with the Midweek Walkers group. Easy distances and relaxed pace. Options to do your own thing yet still enjoy the happy hours each evening. Possible to extend the stay to include the weekend Early booking for cabin places essential. Leader: Bill Holland 9484 6636; billholland@bigpond.com

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Extended Trip 25 - 27 April	
25 - 27 April	Jagungal Maps: Toolong Range, Jagungal Three days from Round Mtn, around the headwaters of the Tumut River. Those who went there over summer said the big fires of 2001 had transformed the landscape, and not for the better. But even without the trees, it's still spectacular country. Mostly on tracks. Grade: M222 (Medium) 42km 600m↓&↑ Leader: Leigh McClintock 8920 2386; mcclintock@unwired.com.au
29 - 30 April	
29 - 30 April Q	Kanangra Boyd NP Maps: Kanangra, Yerranderie Kanangra Walls - Bullhead Mtn - Great Stoney Mtn - Bullhead Creek - Orange Bluff - Brumby Mtn - Gingra Range - Kanangra Walls. Fantastic camp site & relatively easy climb on Day 2. Grade: M232 (Medium) 800m↑&↓ Leader: Ken Collins (m) 0413 683 123; Ken.Collins@osr.nsw.gov.au
Saturday 29 April	North Shore - Gordon to Narrabeen Maps: Parramatta, Hornsby, Mona Vale Meet Gordon Station 8.30 am - Bungaroo Track - Middle Harbour Creek - Cascades - Bare Creek Track - Heath Track - Belrose - Deep Creek - Elanora Heights - Narrabeen Lagoon & beach for buses. Finish 5.00 pm. Get to know your city - be surprised at the extent of attractive bush, with scenic lookouts, all within urban surroundings. The perfect preparatory walk for a Q walk! Grade: M211 (Easy-Medium) 19km. Leader: Richard Darke (h) 9960 6384; (m) 0402 413 299
Sunday 30 April Q	Dharug National Park Map: Gunderman Mill Creek - Matthew Ridge - Haycock Trig - Spencer. Spectacular clifftop views of the Hawkesbury River and surrounding hills. Part exploratory. 21km including 10km off-track. For fit and adventurous walkers only. Grade: L322 (Medium) 21km Leader: Nigel Weaver (h) 9660 7672; (w) 9955 9779
Sunday 30 April	Royal NP Maps: RNP Tourist / Port Hacking 9129-4-N Cronulla Station - ferry to Bundeena - Jibbon - Bundeena (coffee shop) - Bonnie Vale (lunch) - Cabbage Tree Basin - Maianbar Road - Bundeena, 11km. Swim at Jibbon Beach available. Train: 8.36 from Central. Leader meets train at Cronulla Station. Grade: S111 Leader: Errol Sheedy 9525 0316
Mid-Week	
Tuesday 2 May	Illawarra Coast Map: Kiama (Gerroa) Gerringong Train Station - Gerringong Harbour - Werri Beach - Marsden Head - Friars Cave - Kendalls Point - Kiama Train Station. Very scenic coastal walk - early start - late finish. Grade: M211 (Medium) 13km Leader: Wilf Hilder (h) 9587 8912
6 - 7 May	
6 - 7 May Q	Morton NP - Ettrema Wilderness Maps: Touga Transportation Spur - Ettrema Creek - camp at Jones creek - Myall Creek. Great views, crystal clear water, swimming, rock hopping, boutique camp site. Grade: M223E (Medium) 20km 450m↓&↑ Leader: Stephen Dolphin (h) 9587 9686; (m) 0414 878 050
6 - 7 May Q	Kanangra Boyd NP Maps: Kanangra, Yerranderie Uni Rover Trail - Wallarra Heights - Barralliers Crown - Wallarra Ridge, Bradbury Knoll - Camp at Christies Creek Junction - Amble Easy Ridge - Mt. Savage - Uni Rover Trail. Explore the magnificent Barralliers Crown. Great camp site at bottom of Amble Easy Ridge. Grade: M233 (Medium) 500m↓&↑ Leader: Tony Crichton (h) 9872 7195

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Saturday 6 May Q	Govetts Leap to Victoria Falls Lookout Maps: Katoomba & Mt Wilson Govetts Leap - Junction Rock - Blue Gum Forest - Little Blue Gum - Grose River - Victoria Creek - Victoria Falls & Lookout. Great scenery. Total ascent > 600m; similar descent; plus lots of undulations. All on tracks but more difficult than it looks on the map. Creek crossings. Car shuffle. Grade: M231 (Medium) 18km 600m↓&↑ Leader: Chris Dowling (h) 6331 5441
Sunday 7 May	Blue Mountains NP Map: Mt. Lagoon Mt Lagoon - Tootie Creek/Colo River junction and return. A relatively easy walk along firetrail and ridgetops in a very scenic area to a lunch spot overlooking the junction of the Colo River and Tootie Creek. Grade: M111 (Easy-Medium) 15km Leader: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com
Sunday 7 May	Watagans SF Maps: Quorrobolong & Morisset Heaton Lookout - Wallis Creek - Mahogany Ridge - Boarding Houses Dam - White Rocks - Jungle Creek - Gap Creek - Monkey Face Look Out. Giant trees, babbling brooks, some jungle & thick bush. Party limit Grade: M223 (Medium) 16km Leader: Rosemary MacDougal (h) 9428 5668
Mid-Week	
Tuesday 9 May	Davidson Park SRA Maps: Ask Leader St Ives - Middle Harbour Creek - Roseville Bridge - Lindfield Station. An interesting walk with historical aspects. Grade: M111 (Easy) 12km Leader: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com
13 - 14 May	
13 - 14 May	Coolana Training Weekend All new members are encouraged to attend this training weekend on the Club's property at Coolana in the beautiful Kangaroo Valley. It offers practical training in navigation, first aid and bushcraft and provides an ideal introduction to camping. There is a shelter and BBQ facilities on site, so tents and other camping gear are optional. Members are also encouraged to attend and assist with training and social activities around the camp fire. Foster social contacts within the club! Transport help available. Leaders: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com or Patrick James (h & w) 9567 9998; (m) 040904 1515; pjames28@bigpond.com
13 - 14 May	Coolana - Maintenance And Bush Regeneration It's a wonderful property but needs some gentle care and maintenance. Join us for a pleasant weekend of light work and socialising around the evening campfire. Wine and cheese. Family and friends welcome. Leader: Bill Holland (h & w) 9484 6636; (m) 0418 210 290; billholland@bigpond.com
13 - 14 May Q	Morton NP Maps: Tjanjara, Milton Full moon over the Budawangs. Ngatyang Falls - Pallin Pass - Mt Talaterang - Talaterang Creek South. Camp spot with spectacular vista over Pigeon House, Byangee Walls and the Castle. Group limit. Early start Saturday. Opportunity to explore southern part of Talaterang Massif overlooking Pigeon House Creek. Grade: M222 20km 300m↑&↓ Leader: John Pozniak (w) 9240 5277; (h) 9913 2701; poz@tullib.com.au

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13 – 14 May	Wollemi NP Maps: Colo Heights , Bob Bucks Grassy Hill fire trail – Pass 12 – Pinchgut Ck. – Mt Savage – Pass 17 – Grassy Hill fire trail. The idea is to explore some of Bob Buck's Passes in the Colo gorge. A rough campsite and a long day on the last day. This is the reverse of a walk I did last year. Grade: M233E Leader: Peter Love 9948 6238; (m) 0414 920 292
Saturday 13 May	Bike Ride Royal NP Map: Royal NP Tourist Sutherland station – Audley – Lady Carrington Drive – Sir Bertram Stevens Drive – Bundeena – Ferry to Cronulla. Some roads, roadside bike lanes and firetrail. Grade: Medium 45km Leader: Tony Holgate (m) 0415 802 108; (w) 8972 4014
Saturday 13 May	Blue Mountains NP Maps: Jenolan Carlons Farm – Blackhorse Ridge – Mobbs Soak – Splendour Rock – Medlow Gap – Carlons Farm. Great walk with spectacular views Grade: L221 Medium 22km 650m↑&↓ Leader: Gail Crichton (h) 9872 7195
Sunday 14 May	Ku-ring-gai Chase National Park Map: Cowan Cowan – Great North Walk – Porto Ridge – Dead Horse Bay – Brooklyn. Great views of Jerusalem Bay and the lower Hawkesbury River. Part exploratory. 15km including 5 km off-track. Grade: M222 (Medium) 15km Leader: Nigel Weaver (h) 9660 7672; (w) 9955 9779
20 – 21 May (Not sure what "E" or "exposure" means? Look at the Walks Grading notes on Page 2)	
20 – 21 May	Wollemi NP Maps: Six Brothers, Bob Bucks Hollow Rock fire trail – Pass 1, Crawfords L/O – Wollemi River – Colo River – out via Pass 5 or 6 or 7. More exploring the Colo with Bob Buck's sketch map. Spend the night at a great camp site on the Colo river. Grade: M233E Leader: Peter Love 9948 6238; (m) 0414 920 292
20 – 21 May Q	Kanangra Boyd NP Maps: Kanangra, Yerranderie Kanangra Walls – Coal Seam Cave – Bullhead Ridge – Cambridge Spire – Kowmung River – Christies Creek – Stonebag Hill – Colboyd Ridge – Pindari Top – Kanangra Road – Kanangra Walls Carpark. The classic Kanangra walk – Kowmung campsite, knife-edge ridges and great views. A solid walk with some exposure. Grade: M332E (Medium) 22km Leader: Tony Crichton (h) 9872 7195
Saturday 20 May Q	Blue Mountains NP Maps: Katoomba Red Ledge Pass day walk, mostly track walking, with 2 solid hills. Lots of great views to be had. Some exposure on Red Ledge Pass. Group dinner in Katoomba at end of walk. Grade: M232E Leader: Maurice Smith (h) 9587 6325; (m) 0414 538 475; mauricethewalker@ihug.com.au
Sunday 21 May Q	Wollondilly River Map: Barrallier Goodmans Ford - Lanagans Creek - Lanagans Falls - Mt Tallygang - Mt Hickson - the Knoll - Goodmans Ford. Ascend rocky, mostly dry limestone creek. Scenic rock spires adjoining Lanagans Falls. Steep climb up Lanagans Falls. 270 degree sweeping views off Mt Tallygang. Steep descent to Wollondilly River to finish. 6 hour walking plus breaks. Grade: M232 700m↑&↓ Leader: Ron Watters 9419 2507; (m) 0419 617 491; wattersr@bigpond.net.au