



Deadline for the 2004 Winter Programme is  
Friday, 16 April 2004

The enclosed programme gives details of activities planned. If you wish to participate you should phone the leader who will provide more details and answer your questions. Unless otherwise stated:

- Most maps referred to in the programme are 1:25000 topographical maps, obtainable from mapping or bushwalking shops.
- Train times shown in the programme are from Central:  
S = Suburban trains (Platforms 16-25)  
I = Interurban trains (Platforms 1-15)
- Activities shown with a Friday date (i.e. 3 days) depart on Friday evening.
- All walks listed without transport details are private transport. Please contact the leader for details.
- Vehicles are not expected to wait more than 15 minutes for passengers.
- Advise the leader if you do not intend to go on his or her activity - and maybe give someone on a waiting list a chance to go!

Please read and abide by instructions contained in this programme and follow the leader's directions at all times.

UNFORTUNATELY, due to public liability insurance restrictions, ABSEILING / CANYONING walks are not currently undertaken by this Club. We are optimistic that insurers will ultimately accept that these activities, when participated in by trained and experienced party members, are less of an insurance risk than actually travelling to the activity!!  
SBW walks are GRADED easy, medium and hard. This grading applies to fit, experienced walkers only. Consequently, prospective members may find their first walks difficult. Easy walks are recommended as a start. Intending participants should fully inform the leader of their level of experience and any factor that may impair their walking ability.  
PROSPECTIVE members should note that "qualifying" walks are indicated on the programme with a "Q". Other walks graded medium/hard or hard may count as qualifying walks but are not recommended for prospectives unless they have experience at a similar level. Distances shown on this programme are approximate only. Extended walks may have party limits, so please book early.

### General Notes

It is essential to give reasonable notice to a leader if you wish to go on an activity. Verify all details. Please contact leaders at reasonable times. Participants should ring the leader early, 2 days before a day activity, 4 days before a weekend activity. Leaders may cancel an activity if there are insufficient participants (less than 4) or if other circumstances are likely to make conditions unsafe. If you decide not to go on a walk, please advise the leader.

Recommended equipment lists are available and all participants should adequately equip themselves for the type of activity being undertaken (do not rely on the goodness of other party members to bail you out in inclement times!). Particular attention should be directed to ensuring that footwear is suitable for the nature of the walk. Please check with the leader on availability of drinking water. Details of intended route, where cars are to be parked and a list of people on the activity should be left with a responsible person who will be aware if the party is overdue - see Search & Rescue notes on page 2.

On activities of more than one day you should provide your own camping gear. The leader may be able to assist and camping gear is available for hire from bushwalking shops. Essential on all walks - comprehensive first aid kit, torch, map, compass, matches, rainwear, warm clothing and safe footwear. Please take them. It is a good idea to have your Medicare card available in case of accident.

Do not invite friends or children on Club activities without leader's permission. Dogs are not allowed on our activities.

This Programme is for the information of Members and Prospective Members only.

Walk together - this enhances safety. Always keep sight of the person ahead - if you're having trouble keeping up, TELL the leader.

Observe fire restrictions - open fires are not permitted in some National Parks or on fire ban days. Extinguish all fires with water. Do not light fires if you cannot put them out. Plastic and aluminium foil have no place in the campfire. Please carry them out. Leave your campsite clean and tidy. Take only photographs, leave only footprints.

#### PLEASE NOTE:

All participants, including visitors, are reminded that they join in activities as volunteers. Your fitness is your responsibility. Bushwalking and other activities on our programme have associated risks including but not limited to the risk of accidental injury.

All persons joining in any activities of the Sydney Bush Walkers Inc do so as volunteers in all respects and as such accept sole responsibility for any injury howsoever incurred and the Sydney Bush Walkers Inc, its office bearers and appointed leaders are absolved from any liability in respect of any injury or damage suffered whilst engaging in any such activity.

NB: The suitability of any person taking part in a club activity is entirely at the discretion of the leader. Leaders may refuse to take any person on activities irrespective of whether that person is a member or not.

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## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

### SEARCH AND RESCUE

Please ensure that relatives and friends are aware you may return home later than planned due to unforeseen circumstances such as bad weather, injury, illness, and vehicle problems. Emphasise that they should wait about 15 hours after your expected return before lodging a call with a Club Search & Rescue contact. For this programme, contacts are:

Rob Barrie: (h) 9418 6704 (m) 0408 233 538

Pam Morrison: (h) 9389 3680 (m) 0418 463 923

David Trinder: (h) 9868 7932 (w) 9868 4955 (m) 0417 113 006

If the above are unavailable contact the Bushwalkers Wilderness Rescue number:

Call 13 22 22, ask the operator to page 627 7321 and leave a short message along the lines:

"URGENT CALL (your Club & name ...) PHONE BOX (...) ....."

Ensure that the operator records the correct number and STD code.

If no return call is received within 15 minutes, repeat the above steps.

### ADVANCE NOTICES

Queen's B'day June 12 to June 14	<b>Warrumbungle NP</b> Last year's Warrumbungle trip on Anzac weekend was a great success, so we're doing it again. One night in tents, one in the "comfort" of Balor Hut. On the way we'll climb or circumnavigate Fan's Horizon, The Breadknife and Bluff Mountain. <b>Grade:</b> Medium 18 km Total 700m up/down <b>Leader:</b> Leigh McClintock 8920 2386 (H), 8227 9191 (O), mcclintock@pacific.net.	<b>Maps:</b> CMA Warrumbungle NP Tourist
June 18 to June 30	<b>Kakadu NP</b> Barramundi - Gromophyllin - Cascade - Koolpin and Twin Falls creeks to Jim Jim Creek and Falls. Experience the wonderful water systems and delights of Kakadu. - food party - numbers limited <b>Grade:</b> Medium - 130km approx	<b>Maps:</b> Goodparla. Koolpin, Jim Jim <b>Leader:</b> David Rostron 9451-7943
25 July to 8 August	<b>Kakadu NP - 14 days</b> Darwin - Gunloom - Buffalo Pool - Piccaninny Pool - Cascade Creek - Koolpin Creek - Twin Falls Creek - Amphitheatre Falls - Four Pools Falls - Jim Jim Creek - Jim Jim Falls - Aboriginal Way Safari - Yellow Waters Tour - Darwin. Permit No 7826 <b>Grade:</b> Medium.	<b>Maps:</b> Goodparla. Koolpin, Jim Jim <b>Leader:</b> Peter Love 9948 6238 or 0414 920 292
Saturday August 21	<b>Six Foot Track In A Day:</b> Katoomba to Jenolan Caves - accommodation to be confirmed. An SBW tradition for a fit and social group of friends. Helpers are very welcome and in fact essential to the success of the day. The leaders will assess walkers in a series of leadup walks. Good preparation for the K to K on September 4. Full details in the winter programme. <b>Grade:</b> Hard 45 km <b>Leader:</b> Mark Patteson (h)97985693 (w)95781527 and Andrew Vilder	
Saturday September 4	<b>Kanangra To Katoomba In A Day</b> Camp at Unirover Friday night early. Dinner and accommodation at Grandview Hotel Saturday night. Expressions of interest early please for fit walkers and helpers. Expect all walkers to participate in some lead-in winter walks. Will select group after Six Foot Track walk. Please ring early so I can book accommodation. <b>Grade:</b> Hard 45 km	<b>TONY CRICHTON (h) 9872 7195</b>

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Leaders - prior to your walk, you MUST contact the following for information on Park closures, fire bans and bushfire hazards:

National Parks & Wildlife Service

1300 361 967

[www.npws.nsw.gov.au/news/firenews](http://www.npws.nsw.gov.au/news/firenews)

Rural Fire Service (Fire Bans Recorded Info)

9898 1356

[www.bushfire.nsw.gov.au](http://www.bushfire.nsw.gov.au)

### YOU MUST NOT ENTER AN AREA THAT IS CLOSED.

<b>CONFEDERATION / BWRS DATES FOR 2003</b> 29 - 30 May 2004 - First Aid Training		The recommended amount for travel costs is 10 cents per kilometre shared by all the occupants in the vehicle. Individual drivers may suggest any amount they choose but the club encourages car sharing, as it is environmentally friendly and a good way to meet other club members.
<b>NPWS PARTY LIMITS</b> WILDERNESS AREAS: 8 persons OTHER NATIONAL PARK AREAS: 20 persons		<b>DEADLINES FOR FUTURE PROGRAMMES:</b> Winter 2004 - 16 April 2004 (Jun / July / Aug.)
<b>Tuesday</b> <b>March 2</b>	<b>Sydney Harbour NP - Coastal Walk</b> Balmoral to Manly. Ideal for a mid-week walk as there are fewer people, on this very popular walk. Great views on a relaxing day. <b>Grade:</b> Easy 15 km <b>Leader</b> Bill Holland 9484 636 email: <a href="mailto:billholl@hotmail.net.au">billholl@hotmail.net.au</a>	
<b>Wed March 4</b> <b>Sat March 6</b> To <b>Sun March 7</b> <b>Mon March 8</b> Two depart and return dates	<b>Berowra Waters - Paddling</b> <span style="float: right;"><b>Map:</b> Touga</span> Berowra Waters, paddling for about 2 hours to a campsite on a sandy beach in Marra Marra NP, opposite Berowra Point Lots of side trips available (Bar Island, Marra Marra Creek, wreck of the <i>Parramatta</i> , Hawkesbury River). You need to have kayak or something to paddle and a PFD. <b>Grade:</b> Paddling <b>Leader</b> Pamela Irving 9971 4466	
<b>March</b> <b>6 - 7</b> <b>Q</b>	<b>Morton NP-Ettrema Wilderness</b> <span style="float: right;"><b>Map:</b> Touga</span> Transportation Spur - Ettrema Creek - camp at Jones Creek - Myall Creek. Great views, crystal clear water, swimming, rock hopping, boutique camp site. Mild exposure on Myall Creek. <b>Grade:</b> Medium 18 km <b>Leader</b> Stephen Dolphin (m) 0414878050 (h)95879686 <a href="mailto:sdolphincrew@dodo.com.au">sdolphincrew@dodo.com.au</a>	
<b>March</b> <b>6 - 7</b>	<b>Morton NP - Gourmet Weekend Walk</b> <span style="float: right;"><b>Map:</b> Yalwal</span> An easy 5km walk - is mostly on track with no big hills. Lovely campsite with a superb swimming pool at our doorstep. Bring gourmet food, etc for a very relaxed weekend. Prospective members wanting to get some overnight camping experience are welcome. With a limit, so book early <b>Grade:</b> Easy / Medium 10 km <b>Leader:</b> Maurice Smith (h) 9587 6325 (m) 0414 538 475 <a href="mailto:mauricethewalker@ihug.com.au">mauricethewalker@ihug.com.au</a>	
<b>Saturday</b> <b>March 6</b>	<b>Kuringai NP - West Head - Bush n Beach</b> <span style="float: right;"><b>Map:</b> Cowan</span> Pittwater side West Head - Lovett Bay - Towlers Bay - Portugese Beach - The Basin. Two freshwater pools (first & last swims), two seawater pools (one beach, one lagoon), tracks, fire trails, rockhop & some ups & downs. Aboriginal engravings. <b>Grade:</b> Easy/medium 18 km <b>Leader:</b> Zol Bodlay 9639 4606	
<b>Saturday</b> <b>March 6</b>	<b>Blue Mountains NP</b> <span style="float: right;"><b>Map:</b> Jenolan</span> Carlons Farm, Breakfast Creek, Coxs River & return. An easy day down at the Coxs with plenty of time for some swimming, mainly creek walking. <b>Grade:</b> Easy/medium 12 km <b>Leader:</b> Chris Miller (02) 9955 1547	

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Sunday March 7	<p><b>Blue Mountains NP</b> <span style="float: right;">Map: Jamison, Katoomba</span>  Golden Stairs - Mt Solitary (to Melville's Lookout). Return via the outward route, with an optional side trip to the Ruined Castle. We will have several stops to savour glorious views to Lake Burragorang and the Southern Blue Mountains. Some exposure.  Grade: Medium 17 km <span style="float: right;">Leader: Nigel Weaver 9660 7672 (evenings)</span></p>
Sunday March 7 Q	<p><b>Berowra Valley Regional Park - Great North Walk</b> <span style="float: right;">Map: Hornsby</span>  Thornleigh - Ginger Meggs Park - Crosslands - Berowra  Longish, but on an easy track. Tap water available at Ginger Meggs Park and Crosslands Reserve. Accessible by train. Ring before Friday.  Grade: Medium / Hard 30km <span style="float: right;">Leader: Ken Smith 9808 4021</span></p>
March 13 - 14	<p><b>Coolana - Club Annual Celebration And Reunion</b>  All members and prospective members are invited to join us for a celebration weekend on the Club's property, Coolana, in the beautiful Kangaroo Valley. A chance to renew friendships and socialise with new and old members. Campfire and party programme on Saturday evening. Damper competition on Sunday morning. Special activities for children. Assistance with transport.  Bill Holland (h &amp; w) 9484 6636 (m) 0418 210 290 or Patrick James (h &amp; w) 9567 9998</p>
March 13 - 14	<p><b>Coolana</b>  In conjunction with the Coolana - Club Annual Celebration and Reunion we are having our major tree planting of 100 trees (providing the weather is right) as part of our obligation to fulfil our contract with the Sydney Catchment Authority to plant and maintain our Riparian Land. We have contracted to plant 300 trees by August, 2004 and weather permitting the other 200 will be planted some time in April - May.  We would love our members and prospective members to come to the reunion and if they wish, help us plant. We have the heavy equipment required, tree surrounds, and star pickets already on site and the plants are ordered. Bring your gardening gloves and a trowel if you would like to help, it should be fun and also very rewarding.  <span style="float: right;">Shirley Dean 9810 4268 or Gretel Woodward 9587 8912</span></p>
March 13 - 14	<p><b>Blue Mountains NP</b> <span style="float: right;">Map: Jamison, Katoomba</span>  Golden Stairs - Ruined Castle - Cedar Creek - Rucksack Pt - Korrowall Ridge - Mt Solitary - Golden Stairs. Discover the beautiful Cedar Creek, admire the magnificent views from Mt Solitary, this walk has it all. Wet feet, on and off track walking, mild exposure over some of the most scenic terrain in the Blue Mountains.  Grade: Medium 30 km 900m ↓ &amp; ↑ <span style="float: right;">Leader: John Bradnam 9953 2281 webmaster@sbw.org.au</span></p>
Saturday March 13	<p><b>Blue Mountains NP - Lilo</b> <span style="float: right;">Maps: Mt Wilson &amp; Wollangambe/</span>  Lilo spectacular - Du Fours Creek. Wet suit and lilo MANDATORY. Short walk in and out and some up and down. Will be rescheduled in the event of heavy rain in the days immediately prior to the trip. Party limit.  Grade: Easy/Medium/Wet <span style="float: right;">Leader: Peter Love 9948 6238, 0414 920 292</span></p>
Sunday March 14	<p><b>Great North Walk</b> <span style="float: right;">Maps: Cowan</span>  Great North Walk: Berowra station - Berowra Waters - Cowan station - Jerusalem Bay- then EITHER - Cowan station OR proceed to Brooklyn (this will be decided on the day). All on track but hilly  Grade: Medium, 17 km, 500m ↓ &amp; ↑ or 25km 750m ↓ &amp; ↑ (Q) <span style="float: right;">Leader: Kathy Gero 9130 7263</span></p>
Sunday March 14	<p><b>Blue Mountains</b> <span style="float: right;">Maps: Wollangambe, Mt Wilson</span>  Mt Wilson to Bell via Yaramun Tunnel and possibly Wollangambe Crater. Early start, car swap, some rock scrambling, mainly off track  Grade: Medium / Hard <span style="float: right;">Leader: Craig Austin 9484 1519</span></p>

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Thursday March 18	<b>Great River Walk (Stage U)</b> <span style="float: right;">Map: Broken Bay</span> Woy Woy train station - bus to Patonga - Warrah Trig Stn. & Lookout - Crommelin Native Arboretum - Green Point - Pearl Beach - Umina Beach - Ettalong Beach - Booker Bay - bus to Woy Woy. Great water views on this waterfront walk - optional swims. 07.51 am Wyong Train <b>Grade:</b> Medium: 14 km 190m↓ & ↑ <span style="float: right;"><b>Leader:</b> Wilf Hilder (h &amp; w) 9587 8912</span>
March 20 - 21	<b>Morton NP- Danjera</b> <span style="float: right;">Map: Sassafras</span> Yarramunmun Fire Trail - Blaydens Pass - Danjera Creek - Danjera Plateau - Discovery Cave - Side trip to Passage of Time - Danjera Plateau - Boolijah Creek - Blaydens Pass - Yarramunmun Fire Trail. Some rock scrambling and scrub. Great camping cave, views and interesting route finding. <b>Grade:</b> Medium (rough) 18 km. <span style="float: right;"><b>Leader</b> Tony Marshall 9713 6985 (h) <a href="mailto:tbuilder@bigpond.net.au">tbuilder@bigpond.net.au</a></span>
Saturday Mar 20	<b>Bowen Mountain</b> <span style="float: right;">Maps; Kurrajong</span> Easy, exploratory walk to Bowen Mountain, about 8 km west of Richmond, includes about 200 metres of bush bashing between tracks. Bring water for the whole day. Possibly a bit scratchy <b>Grade:</b> easy, exploratory 12km <span style="float: right;"><b>Leader:</b> Patrick James, (02) 9567 9998 (home &amp; work)</span>
Saturday Mar 20	<b>Central Coast - Munmorah SRA</b> <span style="float: right;">Maps; Catherine Hill Bay</span> A great scenic coastal walk with swimming, and the added attraction of a huge sea cave to explore at low tide - expect to get wet, so bring suitable shoes and a good torch! Route to include Red Ochre Beach, Frazer Beach, Timber Beach Sea Cave, and Happy Hour at the Catherine Hill historic pub. Car shuffle required. <b>Grade:</b> Medium 15km 50m up/down <span style="float: right;"><b>Leader:</b> Richard Darke 9960-6384 or 0402 413 299</span>
Saturday Mar 20	<b>Blue Mountains NP</b> <span style="float: right;">Maps: Jenolan &amp; Jamison</span> Carlons Farm - Ironmonger - Cocks River - Knights Deck - Mt Mouin - Narrow Neck - Carlon Head - Carlons Farm. Hard climb up Knights Deck, exposure (descent via chains) at Carlon Head. Will get up onto Narrow Neck either via Tarros Ladder or through Dunphys Pass. Carry water for all day. This is repeat of the walk from the Spring 2003 prog. that was cancelled due to backburning. <b>Grade:</b> Medium / Hard / Exploratory 30km 1400m↑&↓ <span style="float: right;"><b>Leader:</b> Ian Thorpe 9922 4742(h)</span>
Saturday March 20	<b>Sydney Harbour Foreshore</b> <span style="float: right;">Map: Parramatta River, Sydney Heads</span> Circular Quay-Harbour Bridge-Cremorne-Clifton Gardens-Balmoral-The Spit Bridge-Sydney Harbour National Park-Manly. A walk with lots of variety. Scenic coastline dotted with coves and beaches. Magnificent views of the city, historic sites and leafy streets. Several swimming opportunities. Long day with an 8am start. We will have a meal in Manly before we get the ferry back to the city. <b>Grade:</b> Medium 26 km <span style="float: right;"><b>Leader:</b> Mark Patteson 9798 5693(h) 9578 1527 (w) <a href="mailto:mark_patteson@iprimus.com.au">mark_patteson@iprimus.com.au</a></span>
Sunday March 21	<b>Avalon Walkabout</b> <span style="float: right;">Map: Broken Bay, Mona Vale</span> Avalon Beach - Hole in the Wall - Bangalley Head - Careel Bay - Stapleton Park - Angophora Reserve - Clareville Beach. The unusual route represents a sort of world tour of Avalon, a beautiful suburb wedged between the sea and Pittwater. It includes coastal rock hopping, some off track walking and 300m of climbing. Most of the walk is away from suburbia. Walk ends at Clareville beach in time for leisurely afternoon BBQ and swims. <b>Grade:</b> Easy / Medium 10 km <span style="float: right;"><b>Leader:</b> Roger Treagus (w) 99955784; (mob) 0401017289</span>
March 27 - 28	<b>Coolana - Maintenance And Bush Regeneration</b> It's a wonderful property but needs some gentle care and maintenance. Join us for a pleasant weekend of light work and socialising around the evening campfire. Wine and cheese. Family and friends welcome. <span style="float: right;"><b>Barry Wallace</b> 9450 0550</span>

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March 27 - 28 Q	<p><b>Morton NP - Mt. Talaterang</b> <span style="float: right;">Maps: Milton, Tianjara</span></p> <p>Mt. Bushwalker - Ngaitung Falls - Gadara Point - Pallin Pass - Mt. Talaterang - Talaterang Creek &amp; return. Come and enjoy the best of the Budawangs, in Autumn. Misty Valleys, spectacular sunsets, plenty of water, camp in an overhang, enjoy happy hour overlooking the Clyde River and Byangee Walls with views over Pigeonhouse Mountain, The Castle, Shrouded Gods, Mt. Tarn and beyond. Some rock scrambling with ONLY 100m of HAKEA for those in need of some pain. Mostly on track and rock platforms, although a little rough at times. Don't forget to bring your camera, thermals and gortex. Party Limit.</p> <p>Grade: Medium 18km 400m ↓ &amp; ↑ <span style="float: right;">Leader: Tony Manes (h) 9520 0266 (w) 9968 9506 tony.manes@ap.dynonobel.com</span></p>
March Saturday 27	<p><b>Blue Mountains NP - Jamison Valley Circuit - Second Annual</b> <span style="float: right;">Maps: Katoomba, Jamison</span></p> <p>"The Lindeman Pass is the key to a 40km trip around the Jamison Valley that has the potential to become one of the great classic walks of the world." Jim Smith.</p> <p>You can do all the stages and overnight stay or any part of the weekend. This is an opportunity to have your family and friends meet your bushwalking family</p>
Stage 1 Q	<p><u>Stage 1:</u> Wentworth Falls - Lillian's Bridge - Roberts Pass - Lindeman Pass - Federal Pass - Golden Stairs, all on tracks, but some rough parts. Car shuffle.</p> <p>Grade: Medium 20 km 400m ↓ &amp; ↑. There are opportunities to leave the walk after 10km and 15km.</p> <p>Overnight Accommodation at the Katoomba YHA (\$20-\$30) with Happy Hour (BYO) &amp; BBQ available. Or come for the Happy Hour and BBQ</p>
Stage 2 Sunday 28 Q	<p><u>Stage 2:</u> Kings Tableland (Wentworth Falls) - Kedumba Pass - Mt Solitary - Golden Stairs: Two steep descents &amp; two steep ascents, river crossing, up &amp; over a mountain and some rockscrambling and mild exposure off Mt Solitary. Car shuffle.</p> <p>Grade: Medium/Hard 23 km <span style="float: right;">Leader: Peter Love (h) 9948 6238 (m) 0414 920 292</span></p>
Saturday March 27	<p><b>Blue Mountains NP</b> <span style="float: right;">Maps: Mount Wilson</span></p> <p>This is my first walk in celebration of George Caley reaching Mt Banks in 1804.</p> <p>Mt Banks and Explorers Brook (guaranteed wet feet) Wonderful views of the Grose Valley from a number of lookouts.</p> <p>Meet Mt Banks car park at 8:30am - Train travelers ring early and I will try to arrange transport.</p> <p>Grade: Medium 11km <span style="float: right;">Leader: Jim Percy 4758-6009</span></p>
Sunday March 28 Q	<p><b>Upper Wollondilly</b> <span style="float: right;">Map: Barallier</span></p> <p>Goodmans Ford - Lords Mountain - Flower Garden Hill - Myrtle Creek - Murruin Creek - Wollondilly River - Goodmans Ford</p> <p>Scenic river start, steep 600 metre climb up Lords Mountain for views. Drop 150m to then undulating forest and short climb up Flower Garden Hill. Steep 380m descent to Myrtle Creek. Afternoon swims in Wollondilly. Fit new members with experience welcome. Estimated trip time 9 hours including breaks</p> <p>Grade: Medium 15 km 800↑ <span style="float: right;">Leader: Ron Watters 9419 2507 0419 617 491 <a href="mailto:watters@bigpond.net.au">watters@bigpond.net.au</a></span></p>
Sunday March 28	<p><b>Kuringai Chase NP</b> <span style="float: right;">Map</span></p> <p>Bobbin Head - Sphinx - Lovers Jump Creek (off track) - Gibberagong Track - Bobbin Head Swims and boating picnic available following walk, mid. afternoon, 2-4.30.</p> <p>Grade: Easy 14 km 200m ↓ &amp; ↑ <span style="float: right;">Leader: Michael Bickley H-9651 2412, W-9651 2496</span></p>
Thursday April 1	<p><b>Great River Walk (Nepean Loop) Grand Final Stage</b> <span style="float: right;">Map</span></p> <p>Woy Woy train station - bus to Booker Bay - Fishermans Bay - Alan Strom Lookout - Hardys Bay - Bouddi N.P. &amp; Ridge - Box Head - Wagstaff - ferry to Palm Beach. Don't be fooled - great water views and a happy hour to celebrate the event. 07.51am Wyong train.</p> <p>Grade: Medium 14 km 380m ↓ &amp; ↑ <span style="float: right;">Leader: Wilf Hilder (h &amp; w) 9587 8912</span></p>

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April 3 - 4	There are no leaders available to lead weekend walks.	
Saturday April 3	<b>Northern Beaches</b> Newport to Manly via Northern beaches. Opportunities for swimming, coffee shops, fish and chippies. On bus route so come for all or part of the day. Grade: easy / Medium 16 km	Map: Leader: Carole Beales (H) 9907 2829 (M) 0408 235936
Saturday April 3 Q	<b>Royal NP</b> Otford to Bundeena. Classic coastal walk with clifftops, beach and rainforest views. Bring water. Grade: Medium 26 km	Map: RNP Tourist Leader: Tony Crichton (h) 9872 7195
Sunday April 4	<b>Great River Walk Stage 18 - Mount White - Brooklyn</b> Wendorey Park - Greenman's Valley - Marlow - Bar Point - Milson's Passage. This is the 2nd last stage of the Great River Walk and includes a ferry trip from Bar Point to Brooklyn. Mostly off track visiting remote communities of Marlow and Bar Point and rarely visited section of Popran NP. This is a continuation of a long series of walks from the source to the mouth of the Hawkesbury system. Grade: Medium 10k	Map Gunderman, Cowan Leader: Roger Treagus (w) 99955784; (m) 0401017289
Sunday April 4	<b>Blue Mountains NP - Blue Labyrinth</b> Woodford - Massif Ridge - Aquila Point - Erskine Ck - Nebo Ridge - Nebo Point - Erskine Ck - Pisgah Rock - Glenbrook. Mostly off-track. Accessible by train. Ring before Friday Grade: Hard 34k	Map Penrith Leader: Ken Smith 9808 4021
<b>Easter</b>		
April 9 - 18 Extended Easter	<b>Northern NSW - Bushwalking tour</b> Mountains, rainforest, beaches, rocks, mud and sand. A walking tour of some of the great parks of northern NSW. Cathedral Rocks NP - Guy Fawkes NP - Dorrigo NP - maybe Washpool NP and Yurigur NP. There may be time to visit other parks in the area. Lots of variety; massive granite tors, wild river valleys, beautiful rainforest and spectacular waterfalls. Strict small party limit Grade: Medium	MapsTBA Leader: Tony Holgate 9411 5517(h) 0402 060 409
April 9 - 12 Q	<b>Silent Series #2 - A Silent Easter - Kanangra Boyd NP</b> If you read the article in the magazine and were inspired by the thought of a Silent Walk - here's your opportunity. Come along and spend 4 days and 3 nights, listening to the sounds of nature, reading, thinking or meditating down on the beautiful Kowmung River (Bushwalker's Resort). The days are spent mostly silent, whilst the evenings are hushed conversations around the campfire with good food and company. There will be an option to spend Saturday night alone and away from the group in isolation if that appeals to you and maybe some silent side trips around the area for those interested. Party Limit. Grade: Medium	Map-Yerranderie, Bindook Leader: Caro Ryan (m) 0412 304 071 email: justshootme@ozemail.com.au
April 9 - 12 Friday to Monday	<b>Wollemi NP</b> Mt Irvine - Wollangambe River - Lost Flat Mountain - Bungleboori Creek - Rain Creek - Nayook Creek - Wollangambe River - Big Hill - Mt Tootie. Party Limit. Untested passes, rock scrambling, wet feet and some rock hopping through magnificent gorges. Some swimming may be necessary. Grade: Medium / Hard 40km,	Maps: Wollangambe, Rock Hill, Colo Heights, Mountain Lagoon Leader: Kenn Clacher 9954 9708 (h & w), <a href="mailto:kenn@pacific.net.au">kenn@pacific.net.au</a>
April 9 - 12 Friday to Monday	<b>Blue Mountains Crossing - Hilltop to Kanangra</b> Hilltop - Nattai River - Beloon Pass - Wollondilly River - Sheep Walk Road - Yerranderie - Scotts Main Range - Kowmung River (Orange Bluff) - Roots Ridge - Kanangra. Side trip to edge of Laceys Tableland for great views to Axehead and Bonnum Pic. Mostly on tracks and fire trails. A good introduction to extended trips. Taxis required at both ends. Please contact leader well before trip so transport can be arranged. Grade: Medium 65km.	Maps: Hilltop, Nattai, Bindook, Yerranderie, Kanangra Leaders: Bill Capon 9954 9708 (h), Tony Marshall 9713 6985 (h) <a href="mailto:tbuilder@bigpond.net.au">tbuilder@bigpond.net.au</a>

## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

<p>April 9 - 12 Friday to Monday</p>	<p><b>Morton NP</b> <span style="float: right;"><b>Maps:</b> Yalwal, Touga</span>  Yalwal - Belmore Flat - Fletcher Spur (gain 300m) - Morley Saddle - Atkinson Spur, Bundundah Creek -  12 Apostles Spur - Packhorse Pass - Pauls Pass - Cinch Creek - Ettrema Creek - Barrons Crown - Howards  Pass (gain 400m) - Tullyangela Creek - Tullyangela Clearing. A classic cross country walk with some real  challenges. Suited only to fit walkers who can handle rough country. Some Exposure.  <b>Grade:</b> Medium 20 km 700 up &amp; down  <b>Leaders:</b> Maurice Smith (h) 9587 6325 (m) 0414 538 475 mauricethewalker@ihug.com.au</p>
<p>Day walks April 9 - 12</p>	<p>There are no leaders available to lead day walks.</p>
<p>April 17 - 18 Q</p>	<p><b>Morton NP</b> <span style="float: right;"><b>Map:</b> Yalwal</span>  Yalwal - Belmore Flat - Fletcher Spur- Morley Saddle - Atkinson Spur- Bundundah Creek- Strike Creek  - Danjera Creek  500m up and down on day one and 300m up and down on day 2 Two spots reserved for fit prospectives.  <b>Grade:</b> Medium 22 kms 800m ↓ &amp; ↑ <b>Leader:</b> Rosemary MacDougal (h) 9428 5668 (w) 9265 3053</p>
<p>April 17 - 18 Q</p>	<p><b>Wollemi N.P</b> <span style="float: right;"><b>Map:</b> Rock Hill</span>  Newnes Plateau - Deep Pass - Govett Pass - Mt. Norris - Railmotor Ridge - Sandy Cave Creek - Major  Clews Sandy Cave? - Rock Hill - Rock Hill Ridge - Railmotor Ridge - return to Deep Pass. Mostly off  track, gaiters and gloves needed. Still searching for clues in Clews Country, land of pagodas and  Aboriginal art - party limit.  <b>Grade:</b> Medium 20 kms about 400m ↓ &amp; ↑ <b>Leader:</b> Wilf Hilder (h &amp; w) 9587 8912</p>
<p>April 17 - 18</p>	<p><b>Kanangra Boyd NP</b> <span style="float: right;"><b>Map:</b> Kanangra, Yerranderie</span>  Are you considering entering the trail walker this year, planning to do the three-peaks or are you just a  masochist? Then this is the walk for you. Travel ultralight deep into the wilds of Kanangra Boyd NP. This  is two 10 to 11 hour day walks. Only food and bed linen required for overnight stay at Yerranderie Post  Office. Experienced walkers with high fitness only. Fast pace (no smelling of roses).  Day 1: Uni Rover Trail, Hayters Spur, Mt Milo, Armours Ridge, Squatting Rock Gap, Tonalli Gap,  Yerranderie  Day 2: Yerranderie, Bynes Gap, Scotts Main Range, Bulga Ridge, Kowmung River, Bullhead Ridge,  Kanangra Walls  (Car shuffle required between Kanangra Walls and Uni Rover Trail otherwise add another 6Kml).  <b>Grade:</b> Hard + 50 km, <b>Leader:</b> John Bradnam 9953 2281 webmaster@sbw.org.au</p>
<p>Saturday April 17 Q</p>	<p><b>Kuringai Chase NP</b> <span style="float: right;"><b>Map:</b></span>  Bobbin Head-boat to Jerusalem Bay-Grt.Nth walk-Brooklyn-Sandy Bay-Peak Hill-Porto Ridge-Jerusalem  Bay-boat back to Bobbin Head.  Several Kms off-track, swims, bbq afloat after walk, late return.  <b>Grade:</b> Medium 25 km 500m ↓ &amp; ↑ <b>Leader:</b> Michael Bickley H-9651 2412, W-9651 2496</p>
<p>Sunday April 18 Q</p>	<p><b>Barren Grounds, Illawarra Escarpment</b> <span style="float: right;"><b>Map:</b> Kangaroo Valley</span>  Jamberoo Mtn Road at Misty Lane - Barren Grounds Visitor Centre - Flying Fox Pass and Cooks Pass  lookouts - Stone Bridge - down Paddy's Pass to Misty Lane finish. Lovely open heathland walking with  spectacular views from escarpment. Some off track. A lesser known but exhilarating walk, and worth the  journey.  <b>Grade:</b> Medium 16 km 200m ↓ &amp; ↑ <b>Leader:</b> Richard Darke 9960-6384 &amp; 0402 413 299.</p>

## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

ANZAC Weekend	
<b>April</b> <b>24 - 26</b> <b>Saturday</b> <b>to</b> <b>Monday</b>	<b>Blue Mountains NP</b> <span style="float: right;"><b>Map: Wollangambe</b></span> Wollangambe fire trail - Western Arthurs (not the Tassie ones) - Steam Hill - passes across Dumbano Creek - Christmas Turkey Hill (ok I made that one up) - Yarramun Tunnel - Yarramun Creek - Wollangambe Crater - Wollangambe fire trail. An exploratory walk, nearly all off track. Rock scrambling. Interesting geomorphology, including pagodas, a creek that goes through a tunnel and a creek that runs along the top of a cliff for 800m. Thanks to Craig Austin for advice on features & passes. <b>Grade: Medium / Hard / Exploratory 40+km, up&amp;down unknown</b> <span style="float: right;"><b>Leader: Ian Thorpe 9922 4742(h)</b></span>
<b>April</b> <b>24-26</b> <b>3 days</b>	<b>Wild Dog Mountains</b> <span style="float: right;"><b>Map: Jenolan</b></span> Carlons Farm - Carlons Ck - Blackhorse Ridge - Blackhorse Gap - Mouin Ck - Ghost Dogs Gully - Little Dingo Gully - Splendour Rock - Merrigal Ck - Blue Pup Spur - Knights Deck - Knights Pups - Breakfast Ck - Pots and Pans Ridge - Iron Pot Mtn - Carlons Farm. Explore untouched areas of the Wild Dog Mountains, camp near the beautiful Mouin Falls, marvel at the views from Splendour Rock and travel along the lesser known ridges and creeks in this area. <b>Grade: Medium Ascents 400m, 350m, 550m, Leader John Bradnam 99532281 webmaster@sbw.org.au</b>
<b>April</b> <b>23 - 26</b>	<b>Kanangra Boyd NPs - Blue Breaks</b> <span style="float: right;"><b>Map Kanangra, Yerranderie</b></span> Kanangra - Cambage Spire - Kowmung R - Axehead Range - Mt. Relentless Green Wattle Ck - Butchers Ck - Kowmung R - Roots Ridge - Kanangra <b>Grade: Medium 70km</b> <span style="float: right;"><b>Leader David Rostron 94517943</b></span>
<b>April</b> <b>23 - 26</b>	<b>Barrington Tops NPs</b> <span style="float: right;"><b>Map TBA</b></span> The Mountaineer - Karuah River and out to the road. Beautiful rainforest. Gaiters advisable. Part exploratory. Party limit. <b>Grade: Medium / Hard</b> <span style="float: right;"><b>Leader Tony Holgate 9411 5517 (h) 0402 060 409</b></span>
<b>Day Walks</b> <b>April 24 - 25</b>	There are no leaders available to lead day walks.
<b>Monday</b> <b>April 26</b> <b>Holiday</b>	<b>Great North Walk</b> <span style="float: right;"><b>Maps: Cowan</b></span> Cowan - Berowra Waters - Berowra. Great views of Berowra Waters, all on track <b>Grade: Easy / Medium, 13 km,</b> <span style="float: right;"><b>Leader: Nigel Weaver 9660 7672 (evenings)</b></span>
<b>May</b> <b>1-2</b>	<b>Blue Mountains NP</b> <span style="float: right;"><b>Maps: Kanangra, Shooters Hill</b></span> Kanangra Walls Road - Mt Emperor - Box Creek Falls & return. 90% off track, camp at spectacular waterfall (no sleepwalking, please). Suitable for prospective members. Bring nice food. Party limit 10. <b>Grade: Easy/medium 14 km</b> <span style="float: right;"><b>Leader: Carol Lubbers 4758 8791 (h) <a href="mailto:lubberscarol@bigpond.com">lubberscarol@bigpond.com</a></b></span>
<b>May</b> <b>1-2</b>	<b>The Silver Wilderness Walk - Kanangra Boyd NP</b> <span style="float: right;"><b>Maps: Kanangra, Yerranderie</b></span> The Silver Wilderness Walk - Come visit the old Silver Mining Town of Yerranderie nestled in the middle of the Blue Mountains NP. Friday night start at Kanangra Walls, walk out across the Kowmung River to Yerranderie If you would rather have a relaxing weekend, join the support team and drive to Yerranderie for a guided tour of the town. See the old relics of the miners and their families and their cottages. Join the walkers for an evening barbeque Day 1: Uni Rover Trail, Hayters Spur, Mt Milo, Armours Ridge, Squatting Rock Gap, Tonalli Gap, Yerranderie Day 2: Walks around Yerranderie - Climb Mt Yerranderie and explore silver mines before heading home Sat <b>Grade: Hard 25 km, 800m ↑</b> <span style="float: right;"><b>Party Limit</b></span> Sun <b>Grade: Easy</b> <span style="float: right;"><b>No Party Limit</b></span> <span style="float: right;"><b>Leader: John Bradnam on 9953-2281 or webmaster@sbw.org.au</b></span>

## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

Saturday May 1	<p><b>Blue Mountains NP</b> <span style="float: right;">Map Katoomba. Mt Wilson</span></p> <p>Govetts Leap - Evans Lookout - Beauchamp Falls - Junction Rock - Blue Gum Forest - Perrys Lookdown - Pulpit Rock - Govetts Leap. All on tracks/trails. 800 metres of ascent (and descent) including a steep hard 600 metre climb, magnificent scenery all day.</p> <p>Grade: Medium 20 km <span style="float: right;">Leader: Chris Dowling 6331 5441</span></p>
Sunday May 2 Q	<p><b>Royal NP</b> <span style="float: right;">Maps: RNP Tourist</span></p> <p>Otford to Bundeena. The great favourite classic coastal walk with beaches, rainforest and rock platforms. Swimming opportunity. Water required for the whole day. Party Limit.</p> <p>Grade: Medium 25km <span style="float: right;">Leader: Kathy Gero (h) 9130 7263</span></p>
Sunday May 2	<p><b>Great River Walk - FINAL STAGE</b> Brooklyn - Hawkesbury Mouth <span style="float: right;">Maps: Cowan</span></p> <p>Govett's Ridge - Taffy's Rock - Elanora Beach - Elanora Bluff at the mouth of the Hawkesbury River. After 3 1/2 years of this walk we cross the finish line at the geographic mouth of the river. The last 2km from Taffy's rock is off track and slow. A celebration is planned for our arrival at Elanora Beach. The party will be lifted off the beach by boats. Book early for this gala event as there may need to be a party limit. Boat owners wanting to join in at the beach particularly welcome.</p> <p>Grade: Medium 10km <span style="float: right;">Leader: Roger Treagus (w) 99955784; (mob) 0401017289</span></p>
May 8 - 9 Q	<p><b>Morton NP</b> <span style="float: right;">Map: Yalwal</span></p> <p>Yalwal - Fletcher Spur (gain 300m) - Morley Saddle - Rhyolite Saddle - Fletchers Crown - Hill 489 - Danjera Creek - Hill 105 - Diggers Flat - Yalwal. Some ups and downs on this one. With a strict limit, two places reserved for fit, well-equipped prospective members.</p> <p>Grade: Medium 20 km, 700 down and up</p> <p style="text-align: right;">Leader: Maurice Smith (h) 9587 6325 (m) 0414 538 475 mauricethewalker@ihug.com.au</p>
May 8 - 9 Q	<p><b>Great North Walk (in reverse) Stages 4 &amp; 5</b> <span style="float: right;">Map: Quarrobolong</span></p> <p>Freemans Waterhole - Heaton Gap - Heaton Trig Stn. &amp; Lookout - Wallis Creek - Mt. Myall - McLean Lookout - Hunter Lookout - Myall Range - Barraba Hut - Congevoi Valley Trackhead. Very scenic walk mostly on Forestry minor roads through three State Forests - long car shuffle (See GNW Brochure No.5)</p> <p>Grade: Medium 36 km <span style="float: right;">Leader: Wilf Hilder (h &amp; w) 9587 8912</span></p>
May 7 - 9	<p><b>Kanangra Boyd NP</b> <span style="float: right;">Map: Kanangra</span></p> <p>Boyd Plateau - Boyd Crossing - Kanangra Range - Bourne Soak - Queen Pin Gully - Baldy Bill - Baldy Harry - Ford - Queen Pin - King Pin - Boyd Crossing</p> <p>Map reading and navigational instructional with an overnight camp, suitable for first timers</p> <p>Grade: Medium 16 km <span style="float: right;">Leader: Don Finch (h) 9452 5194 (M) 0418 417 593</span></p>
Saturday May 8	<p><b>Royal NP</b> <span style="float: right;">Maps: RNP Tourist</span></p> <p>Waterfall - Couranga Track - Forest Island - Calala - Uloola Falls - Karloo Pool - Heathcote.</p> <p>Train 0821 Waterfall</p> <p>Grade: Medium 13km 250m ↓&amp;↑ <span style="float: right;">Leader: Jim Callaway (h) 9520 7081</span></p>
Sunday May 9	<p><b>Bundanoon</b> <span style="float: right;">Map: Bundanoon</span></p> <p>Old mining area, waterfalls, vistas. Optional car camp Saturday night, in which case we should be able to see the glow worms. An opportunity for those who missed a similar and very successful trip with Heike last November.</p> <p>Grade: Easy 12km, fairly level</p> <p style="text-align: right;">Leader: Leigh McClintock 8920 2386(H) ,8227 9191(O), mcclintock@pacific.net.au</p>
Thursday May 13	<p><b>Blue Mountain NP</b> <span style="float: right;">Map: Springwood</span></p> <p>Faulconbridge train station - "Numantia" - Numantia Creek and Falls - Sassafras Gully - Clarinda Falls - Victory Track - "Faulconbridge" - Prime Ministers Avenue - Faulconbridge train station. About half on track, some scrub, gaiters and gloves needed. A historic stroll to look at the network of tracks in the grounds of the stately mansions of "Numantia" and "Faulconbridge". 08.07am Springwood train.</p> <p>Grade: Easy 10 km <span style="float: right;">Leader: Wilf Hilder (h &amp; w) 9587 8912</span></p>

The deadline for the Winter Programme is Friday, 16 April 2004

## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

May 15 - 16	<b>Coolana Training Weekend</b> Ideal for new members. Practical training in navigation, first aid and bushcraft at Coolana in the beautiful Kangaroo Valley. The weekend provides an ideal introduction to camping. However tents and other camping gear are optional, as there is a shelter and BBQ facilities on site. SBW members are also encouraged to attend and assist with training and social activities around the camp fire on Saturday evening. This is an opportunity to foster social contacts within the club. Activities start on Saturday morning and transport assistance is available. Phone: Bill Holland 9484 636 email: billholl@hotmail.net.au Patrick James 9567 9998
May 15 - 16 Q	<b>Morton NP - Sassafras</b> <span style="float: right;">Map: Endrick, Tianjara</span> Sassafras - Mountain bike ride to Newhaven Gap - Hidden Valley - Mt Sturgis - Mt Elliott - Styles Creek - Quilty's Mountain- Bora Ground - Quilty's Pass - The Vines - Newhaven Gap - Sassafras We are using mountain bikes to get down the access road, 7km in both directions. Transport of bikes from Sydney is provided. <b>Grade:</b> Medium 28km walk, 14km bike, 150m↑&↓ x 3 <b>Leader:</b> Maurice Smith 9587 6325 & Stephen Dolphin (m)0414878050 (h)95879686 <a href="mailto:Mauricethewalker@ihug.com.au">Mauricethewalker@ihug.com.au</a> <a href="mailto:sdolphincrew@dodo.com.au">sdolphincrew@dodo.com.au</a>
May 15 - 16	<b>Blue Mountains NP</b> <span style="float: right;">Map: Katoomba, Mount Wilson</span> Mount Hay - Venus Tor (Marie Byles's Venus Lookout Tor) - Boorong Crags - Shaws Gully - Byles Pass, to camp on the Grose (hopefully at a side creek) continue up the Grose, picking out remaining sections of the Engineers Track. This section of the Grose Valley will be slow, scratchy and blackened from the 2002-3 fires. Return to Mt Hay Road via Du Fours Buttress and Head, and the Pinnacles Track. Great views of the Grose, including Andy Macqueen's "one of the best views of the Grose Valley" and the descent of the historic Byles Pass and more. Ring early to arrange transport. Meet at the High School, Mt Hay Road, Leura at 8am. <b>Grade:</b> Medium 20 km 500m ↓ & ↑ <span style="float: right;"><b>Leader:</b> Jim Percy 4758-6009</span>
Saturday May 15	<b>Blue Mountains NP</b> <span style="float: right;">Map: Jenolan</span> Carlons Farm - Blackhorse Ridge - Mobbs Soak - Splendour Rock - Medlow Gap - Carlons Farm. Marvellous walk with spectacular views. <b>Grade:</b> Medium 22 km 650m ↓ & ↑ <span style="float: right;"><b>Leader:</b> Gail Crichton (h) 9872 7195</span>
Saturday May 15 Q	<b>Ku-ring-gai Chase NP</b> <span style="float: right;">Map:</span> Mt.Kuringai - Appletree Creek - Myall Track - Golflinks Track - Grosvenor/Gibberagong Track - Bobbin Head - Appletree Bay - Mt.Kuringai. Some scratchy sections on & off track. <b>Grade:</b> Medium 20 km 500m ↓ & ↑ <span style="float: right;"><b>Leader:</b> Michael Bickley H-9651 2412, W-9651 2496</span>
Sunday May 16 Q	<b>Nattai NP</b> <span style="float: right;">Map: Hill Top</span> Starlights Track - HT609009 - Nattai River - Rocky Waterholes Creek to 628986 Cliff base - ascend SW to 626985 - Plateau - Starlights Track A different way into and out of the Nattai, escarpment views, rock hopping, possible wet feet. <b>Grade:</b> Medium 14 km 250m ↓ & ↑ <span style="float: right;"><b>Leader:</b> Ron Watters 9419 2507 0419 617 491 <a href="mailto:watters@bigpond.net.au">watters@bigpond.net.au</a></span>
Sunday May 16	<b>Blue Mountains - Six Foot Track</b> <span style="float: right;">Map: Hampton, Katoomba</span> Explorer's Tree - Coxs River - return via Devils Hole (Katoomba). The first 1/3 of the 6' track. All on track - Ring before Friday. <b>Grade:</b> Medium/Hard 35k <span style="float: right;"><b>Leader:</b> Ken Smith 9808 4021</span>
Tuesday May 18	<b>Blue Mountains NP</b> <span style="float: right;">Map: Mt. Lagoon</span> Mt Lagoon - Tootie Creek/Colo River junction and return. A relatively easy walk along firetrail and ridgetops in a very scenic area to a lunch spot overlooking the junction of the Colo River and Tootie Creek <b>Grade:</b> Easy/Medium 15 km <span style="float: right;"><b>Leader:</b> Bill Holland 9484 636 email: <a href="mailto:billholl@hotmail.net.au">billholl@hotmail.net.au</a></span>

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## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

May 21	Book for First-Aid Course May 29 - 30 see next page for details.
May 22 - 23	<b>Coolana - Maintenance And Bush Regeneration</b> It's a wonderful property but needs some gentle care and maintenance. Join us for a pleasant weekend of light work and socialising around the evening campfire. Wine and cheese. Family and friends welcome. Don Finch 0418 417 593
May 22 - 23	<b>Wollemi NP</b> <span style="float: right;">Map: Six Brothers, Bob Buck's Colo</span> Putty Road - Culool Range - Hollow Rock Trig Stn. - Crawford's Lookout & Pass - Wollemi Creek - Colo River (base camp) - Townsend Railway Survey Track relics - return Crawford's Pass to Culool Range. Mostly off track, gaiters and gloves needed plus waterproof pack, spectacular Colo scenery, swimming and party limit. Optional 3 <sup>rd</sup> day. Grade: Medium 22+ km about 600m ↓ & ↑ <span style="float: right;">Leader: Wilf Hilder (h &amp; w) 9587 8912</span>
Saturday May 22	<b>Blue Mountains NP</b> <span style="float: right;">Map: Katoomba, Mt Wilson</span> Govetts Leap - Pulpit Rock - Perrys Lookdown - Acacia Flat - Junction Rock - Beauchamp Falls - Grand Canyon - Neates Glen - Evans Lookout - Govetts Leap. A longish walk with lots of scenic interludes. A steep descent down Perrys and a steep ascent to Beauchamp Falls. Cool and wet through the Grand Canyon. Some rockhopping along Greaves Creek. An early start required. Grade: Medium 24 km <span style="float: right;">Leader: Mark Patteson 9798 5693 (h) 9578 1527 (w) <a href="mailto:mark_patteson@iprimus.com.au">mark_patteson@iprimus.com.au</a></span>
Sunday May 23 Q	<b>Taffys Rock</b> <span style="float: right;">Map: Ku-ring-gai</span> Cowan - Great North Walk - Govett Ridge - Taffys Lookout and return. It may be possible to find an alternative route back via the shore into Porto Bay and then up Ten Bob Ridge. Party limit. Grade: Medium 14 km <span style="float: right;">Leader: Tony Holgate 9411 5517 (h) 0402 060 409</span>
May 28 - 30 Sat = Q	<b>Gardens Of Stone NP</b> <span style="float: right;">Maps: Ben Bullen, Glen Alice</span> Base camp on private property = 2 day walks. Bring warm clothes and water for whole weekend (apprx 10 litres). Bring your goodies for Saturday night around the campfire - even your chair! Party limit. Saturday: Pantoney's Crown - 7 am start, LONG day. Pagoda rocks, spinifex, spectacular 360° views of the Wolgan escarpment and Capertee Valley. MUST be competent at rock-scrambling. Gaiters/long pants recommended, good torch. For fit & experienced walkers. Medium 18km Sunday: Exploratory in area of campsite. 75% off-track. Easy/medium 10 km apprx. <span style="float: right;">Leader Carol Lubbers (h) 4758 8791 leave message <a href="mailto:lubberscarol@bigpond.com">lubberscarol@bigpond.com</a></span>
May 29 - 30	<b>Kanangra Boyd NP</b> <span style="float: right;">Maps: Kanangra</span> Kanangra Rd - Whalanian fire trail, Whalanian Ck - Camp at Whalanian Ck/Jenolan Ck junction - Nooroo Buttress - Mt Guouogang - Krungle Bungle Range - Whalanian Heights - Whalanian fire trail - Kanangra Rd. Negotiate the beautiful falls of Whalanian Ck (no abseiling), camp at one of the best campsites in the Kanangra Region. Extend yourself climbing Mt Guouogang and bush-bash across the upper part of the Krungle Bungle Range. Wet feet, possible exposure down Whalanian Ck, Mt Guouogang (1000m climb), mostly off track walking. Experienced walkers only. Grade: Hard / Exploratory 25 km, 1000m ↑ Party Limit <span style="float: right;">Leader John Bradnam on 9953-2281 or <a href="mailto:webmaster@sbw.org.au">webmaster@sbw.org.au</a></span>


## THE SYDNEY BUSH WALKERS INC - Autumn 2004 Programme

<p>May 29-30 9am to 5pm both days</p> <p>Deadline for bookings 21 May</p>	<p><b>First Aid Training for Bushwalkers</b> <span style="float: right;"><b>Location: Bankstown Sports Club</b></span>  This First Aid course is available strictly for bushwalkers who are members of bushwalking clubs of the Confederation of Bushwalking Clubs NSW Inc. <a href="http://www.bushwalking.org.au">www.bushwalking.org.au</a>  Course content can be viewed with St John Ambulance. <a href="http://www.stjohnambulance.com.au">www.stjohnambulance.com.au</a></p> <p>COURSE FEE is the discount rate of \$100 payable, in advance to St John Ambulance. SBW will subsidise to the extent of \$50.  BOOKING is only possible by sending a cheque for the FULL COURSE FEE of \$100 payable to St John Ambulance to</p> <p style="text-align: center;">BWRS Secretary  PO Box 22  CANTERBURY 2193</p> <p>Your email address (Clearly Printed) OR a stamped self addressed envelope must be included in case we need to contact you about any changes in this course</p>
<p>Saturday May 29</p>	<p><b>Blue Mountains NP</b> <span style="float: right;"><b>Maps: Jamison, Katoomba</b></span>  Golden Stairs and Ruined Castle - Mt. Solitary - East Col and return. Classic walk with great views.  <b>Grade: Medium 18 Km</b> <span style="float: right;"><b>Leader: Gail Crichton (h)9872 7195</b></span></p>
<p>Sunday May 30</p>	<p><b>Popran NP</b> <span style="float: right;"><b>Map: Gunderman, Mangrove</b></span>  Ironbark Road - Mt Olive - Emerald Pool - The 248 Track - Ironbark Road. Great views of the hills and valleys to the north of the Hawkesbury River.  <b>Grade: Easy 12 km</b> <span style="float: right;"><b>Leader: Nigel Weaver 9660 7672 (evenings)</b></span></p>
<b>Winter Programme</b>	
<p>Sunday June 6</p>	<p><b>Blue Mountains NP</b> <span style="float: right;"><b>Map: Katoomba, Jamison</b></span>  Kings Tableland (Wentworth Falls) - Kedumba Pass - Mt Solitary - Golden Stairs: Two steep descents &amp; two steep ascents, river crossing (possible wet feet), up &amp; over a mountain and some rockscrambling/mild exposure off Mt Solitary. Car shuffle.  <b>Grade: Medium/Hard 23 km</b> <span style="float: right;"><b>Leader: Kathy Gero 9130 7263</b></span></p>

Should members or prospective members have reason to make a claim on the Confederation personal accident insurance policy, they should contact the insurer on 1300 136 132 for a claim form WITHOUT DELAY.












Leaders – prior to your walk, you MUST contact the following for information on Park closures, fire bans and bushfire hazards:  
National Parks & Wildlife Service 1300 361 967 [www.npws.nsw.gov.au/news/firenews](http://www.npws.nsw.gov.au/news/firenews)  
Rural Fire Service ( Fire Bans Recorded Info ) 9898 1356 [www.bushfire.nsw.gov.au](http://www.bushfire.nsw.gov.au)  
**YOU MUST NOT ENTER AN AREA THAT IS CLOSED.**

If you decide not to go on a walk, please contact the leader in time - this could give someone on a cancellation list the opportunity to go and does not delay the start of the walk while the party waits unnecessarily for you.

P.S. Thank you to all those who contribute to this programme 

The deadline for the Winter Programme is Friday, 16 April 2004

## Autumn Social Program

MARCH	Wed 3	7pm	<b>Committee Meeting</b> Committee members & observers welcome.	
	Wed 3	8pm	 <b>Introduction to Sydney Bush Walkers</b> So who are the Sydney Bush Walkers and how do I join? Why not come along and find out by meeting our fantastic New Members team! You'll learn all the important information needed to join the club through their informative and interesting presentation.	
	Wed 10	8pm	<b>Annual General Meeting</b> Come one, come all to the Clubrooms for your opportunity to hear about what's been happening in your club and the chance to be involved in it's future! Elections for all Committee positions are held, so come along and have your say.	
	13 & 14		<b>Coolana Reunion</b> Coolana holds many happy memories for many people. Join us around the campfire with old and new friends. Special events for young and old.	
	Wed 17	7.30 pm	<b>Restaurant Night – YUM!</b> New Dalat Vietnamese & Thai Restaurant, 77 Military Rd, Neutral Bay (opp. The Oaks) \$25 per head = Mixed entrée, 4 dishes (2xveg, 1xchick, 1xseafood), rice & no corkage for BYO. RSVP's are essential (by Wed 10 March) to Caro 0412 304 071 or social@sbw.com.au. Come & meet some new people in a relaxed & yummy environment. Please bring the correct money in cash.	
	Wed 17	8pm	<b>Introduction to Sydney Bush Walkers</b> Can't make it to the main intro night on the 1 <sup>st</sup> Wed of each month? Well, tonight is another opportunity to meet the team, hear about the Sydney Bush Walkers and join our growing club.	
APRIL	Wed 7	7pm	 <b>Committee Meeting</b> Committee members & observers welcome.	
	Wed 7	8pm	<b>Introduction to Sydney Bush Walkers</b> So who are the Sydney Bush Walkers and how do I join? Why not come along and find out by meeting our fantastic New Members team! You'll learn all the important information needed to join the club through their informative and interesting presentation.	
	Wed 21	8pm	<b>The GEAR Night</b> Everything you wanted to know about gear, wrapped up into 3 great presentations! 1. How to Pack (Tony Manes) 2. New Gear Presentation (Alpsport & One Planet) 3. Gear Auction (Patrick James). Come along with questions and ears for the first two, and any old or unused equipment that you'd like to sell off at the Auction – NO JUNK! Don't forget to BYO some cash & sense of humour for the auction .... You might just nab yourself a bargain! (Proceeds to the Coolana Fund)	
	Wed 21	8pm	<b>Introduction to Sydney Bush Walkers</b> So who are the Sydney Bush Walkers and how do I join? Why not come along and find out by meeting our fantastic New Members team! You'll learn all the important information needed to join the club through their informative and interesting presentation.	
MAY	Wed 5	7pm	 <b>Committee Meeting</b> Committee members & observers welcome.	
	Wed 5	8pm	<b>Introduction to Sydney Bush Walkers</b> So who are the Sydney Bush Walkers and how do I join? Why not come along and find out by meeting our fantastic New Members team! You'll learn all the important information needed to join the club through their informative and interesting presentation.	
	Wed 5	8pm	 <b>***Navigation Training Evening***</b> This is the 2 <sup>nd</sup> in the series of training nights, presented by Mark Dabbs and especially formulated for our people. Prospectives and Members are all welcome. Brush up on what you've forgotten... or learn from scratch. You'll never be able to say, 'I'm a terrible navigator', EVER again! BYO Cowan 1:25,000 map.	
	Wed 19	7.30 pm for 8pm	<b>Trivia Night!</b> Come along & be part of an SBW team to compete against others! (Teams will be arranged on the night, so it's a great chance to meet others). Prove that bushwalkers are an intelligent bunch!  Venue: C-Lounge Bistro, 287 Military Rd Cremorne. FREE to participate in trivia. Dinner & drinks are available during trivia. RSVP essential to Caro by Monday 17 May 0412 304 071 or social@sbw.org.au	
	Wed 19	8pm	 <b>Introduction to Sydney Bush Walkers</b> Can't make it to the main intro night on the 1 <sup>st</sup> Wed of each month? Well, tonight is another opportunity to meet the team, hear about the Sydney Bush Walkers and join our growing club.	