

WINTER

2002

## SYDNEY BUSH WALKERS INC

P.O. Box 431 Milsons Point NSW 1565

Meetings most Wednesdays at 8 pm (refer Social Programme enclosed)  
Kirribilli Neighbourhood Centre, 16-18 Fitzroy Street, KIRRIBILLI



BUSH WALKERS

Deadline for the 2002 Spring Programme is  
Friday, 26 July 2002

The enclosed programme gives details of activities planned. If you wish to participate you should phone the leader who will provide more details and answer your questions. Unless otherwise stated:

- Most maps referred to in the programme are 1:25000 topographical maps, obtainable from mapping or bushwalking shops.
- Train times shown in the programme are from Central:  
S = Suburban trains (Platforms 16-25)  
I = Interurban trains (Platforms 1-15)
- Activities shown with a Friday date (i.e. 3 days) depart on Friday evening.
- All walks listed without transport details are private transport. Please contact the leader for details.
- Vehicles are not expected to wait more than 15 minutes for passengers.
- Advise the leader if you do not intend to go on their activity - and maybe give someone on a waiting list a chance to go!

Please read and abide by instructions contained in this programme and follow the leader's directions at all times.

ABSEILING/CANYONING walks are shown on this programme.

Experience in using these techniques is a prerequisite for these trips. Owners of ropes may levy members for use of ropes and equipment.

SBW walks are GRADED easy, medium and hard. This grading applies to fit, experienced walkers only. Consequently, prospective members may find their first walks difficult. Easy walks are recommended as a start. Intending participants should fully inform the leader of their level of experience and any factor that may impair their walking ability.

PROSPECTIVE members should note that qualifying walks are indicated on the programme. Other walks graded medium/hard or hard may count as qualifying walks but are not recommended for prospectives unless they have experience at a similar level. Distances shown on this programme are approximate only. Extended walks may have party limits, so please book early.

### General Notes

It is essential to give reasonable notice to a leader if you wish to go on an activity. Verify all details. Please contact leaders at reasonable times. Participants should ring the leader early, 2 days before a day activity, 4 days before a weekend activity. Leaders may cancel an activity if there are insufficient participants (less than 4) or if other circumstances are likely to make conditions unsafe. If you decide not to go on a walk, please advise the leader.

Recommended equipment lists are available and all participants should adequately equip themselves for the type of activity being undertaken (do not rely on the goodness of other party members to bail you out in inclement times!). Particular attention should be directed to ensuring that footwear is suitable for the nature of the walk. Please check with the leader on availability of drinking water. Details of intended route, where cars are to be parked and a list of people on the activity should be left with a responsible person who will be aware if the party is overdue - see Search & Rescue notes on page 2.

On activities of more than one day you should provide your own camping gear. The leader may be able to assist and camping gear is available for hire from bushwalking shops. Essential on all walks - comprehensive first aid kit, torch, map, compass, matches, rainwear, warm clothing and safe footwear. Please take them. It is a good idea to have your Medicare card available in case of accident.

Do not invite friends or children on Club activities without leader's permission. Dogs are not allowed on our activities.

This Programme is for the information of Members and Prospective Members only.

Walk together - this enhances safety. Always keep sight of the person ahead - if you're having trouble keeping up, TELL the leader.

Observe fire restrictions - open fires are not permitted in some National Parks or on fire ban days. Extinguish all fires with water. Do not light fires if you cannot put them out. Plastic and aluminium foil have no place in the campfire. Please carry them out. Leave your campsite clean and tidy. Take only photographs, leave only footprints.

#### PLEASE NOTE:

All participants, including visitors, are reminded that they join in activities as volunteers. Your fitness is your responsibility. Bushwalking and other activities on our programme have associated risks including but not limited to the risk of accidental injury.

All persons joining in any activities of the Sydney Bush Walkers Inc do so as volunteers in all respects and as such accept sole responsibility for any injury howsoever incurred and the Sydney Bush Walkers Inc, its office bearers and appointed leaders are absolved from any liability in respect of any injury or damage suffered whilst engaging in any such activity.

NB: The suitability of any person to take part in an activity is entirely at the discretion of the leader. Leaders may refuse to take any person on activities irrespective of whether that person is a member or not.

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## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

### SEARCH AND RESCUE

Please ensure that relatives and friends are aware you may return home later than planned due to unforeseen circumstances such as bad weather, injury, illness, vehicle problems. Emphasise that they should wait about 15 hours after your expected return before lodging a call with a Club Search & Rescue contact. For this programme, contacts are:

Rob Barrie: (h) 9418 6704 (m) 0408 233 538

Carol Lubbers: (h) 4758 8791

Pam Morrison: (h) 9389 3680 (m) 0418 463 923

David Trinder: (h) 9868 7932 (w) 9868 4955 (m) 0417 113 006

If the above are unavailable contact the Bushwalkers Wilderness Rescue number:

Call 13 22 22, ask the operator to page 627 7321 and leave a short message along the lines:

"URGENT CALL (your Club & name ...) PHONE BOX (...) ....."

Ensure that the operator records the correct number and STD code.

If no return call is received within 15 minutes, repeat the above steps.

### CANYONING AND ABSEILING TRIPS ARE POTENTIALLY DANGEROUS ACTIVITIES

**You must be able to swim AND HELMETS ARE REQUIRED (NO HELMET = NO GO!)**

There may be some trips on this programme requiring abseiling and canyoning skills. Abseiling and canyoning trips are governed by weather conditions and water levels. Wetsuits may be required (contact leader). A rope-use charge will be levied to cover wear and tear of equipment. Persons who do not have training and experience will not be accepted for canyoning and abseiling trips.

### ADVANCE NOTICES

Wednesday  
June 26  
Final details  
in the Social  
Programme &  
Magazine

#### SPRING PROGRAMME PLANNING NIGHT AT THE CLUBROOMS

Leaders, potential leaders, members and prospective members are invited to attend to talk about new walks, old walks, exploratories, new ideas, old ideas, SUPPORT each other and ENCOURAGE new leaders, not to mention a bit of socialising and ruminating - bring your ideas and maps along.

*Refreshments provided*

Saturday  
Sept 7

#### KANANGRA TO KATOOMBA IN A DAY

Maps: Kanangra, Jenolan, Jamison & Katoomba

Please try to do Six Foot Track in a day on 24 August as preparation. Volunteers to support needed (in fact, essential). 1570m down & 1520m up

[pnewman@bridgeclimb.com](mailto:pnewman@bridgeclimb.com)

Hard 50km

PHIL NEWMAN (h) 9980 7340 (w) 9240 1177 (m) 0417 254 287

October  
4 - 7  
Expressions  
of interest

#### MT CANOBOLAS SRA (Long Weekend)

Maps: Orange, Cudal

The Mountain Tea House - Fern Gully Trail - Spring Glade Trail - Mt Canobolas - Federal Falls - Nature Tk - Young Man Canobolas - Dog Rock - Mt Towac - Mountain Tea House. Part of the volcanic rock formations of mid western NSW. Mainly on track with lots of ups & downs. Some parts may be slippery if snow falls have occurred. A great variety of snow gums & mountain gums dominate the upper slopes. Beaut camping area at 1300m. Spectacular views from the mountain. One day spent visiting local wineries (and not before the walk either). [mark58@iprimus.com.au](mailto:mark58@iprimus.com.au)

Medium 18 km 500m↑ & 500m↓

MARK PATTESON (h) 9798 5693 (w) 9578 1727

October  
12-21 approx

#### GRAMPIANS NP Victoria

Map: Grampians

North to south trek from Mt Zero to Major Mitchell Plateau including Mt Difficult, Wonderland and Sierra Ranges. Some road & tourist track walking, rock scrambling with possible exposure & some scrub off track. Trip dependent on a wet winter & water being readily available. There will be an alternative trip. Party limit.

Medium 150-180 km 3-4000m↓ & 3-4000m↑

DAVID ROSTRON (h) 9451 7943

23 Aug  
to  
23 Sept

#### JOHN MUIR TRAIL - California USA

Walk 350km through the magnificent High Sierras on the John Muir Trail including an ascent of Mt Whitney, the highest mountain in the continental United States. Quite simply the walk of a lifetime. Contact leader early. Party limit 8. [wazark@ozemail.com.au](mailto:wazark@ozemail.com.au)

STEPHEN ADAMS 0414 642 154

#### CONFEDERATION DATES FOR 2002

May 11 & 12 - Advanced Search & Rescue Training

June 1 & 2 - St John First Aid Training

July 6 & 7 - NavShield 2002

2 July - 70<sup>th</sup> Anniversary

August 20 - Annual General Meeting

Sept 20 - Bush Dance

Oct 19 & 20 - Advanced Search & Rescue Training

Oct 26 & 27 - St John First Aid Training

IF YOU DECIDE NOT TO GO ON A WALK, PLEASE CONTACT THE LEADER IN TIME - THIS COULD GIVE SOMEONE ON A CANCELLATION LIST THE OPPORTUNITY TO GO AND DOES NOT DELAY THE START OF THE WALK WHILE THE PARTY WAITS UNNECESSARILY FOR YOU.

#### DEADLINES FOR FUTURE PROGRAMMES:

SPRING 2002 - 26 July (for Sept/Oct/Nov)

SUMMER 2002/3 - 18 October (for Dec/Jan/Feb)

The deadline for the Spring Programme is 26 July 2002

"Q" = TEST (Qualifying) walk

## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

May  
25 & 26

SENIOR ST JOHN FIRST AID COURSE  
NOW BEING HELD JUNE 1 & 2  
See below for details.

May  
24, 25 & 26

**KANANGRA-BOYD NP** Map: Jenolan  
Carlons-Ironmonger Hill-Coxs River-Heartbreaker Buttress-Mt Jenolan-Mt Queahgong-Mumbedah Ck-  
Jenolan River-Coxs River-Galong Ck-Carlons. Steep descents & ascents. Two pretty solid days with early  
starts. May opt for return via Ironmonger or Breakfast Ck if feeling fragile. [tbuilder@bigpond.net.au](mailto:tbuilder@bigpond.net.au)  
Hard 45 km 1400m↓&900m↑ TONY MARSHALL (h & w) 9713 6985 (m) 0407 924 805

Saturday  
May 25

**Q**

**BLUE MOUNTAINS NP** Maps: Katoomba, Mt Wilson  
Govett's Leap - Evans L/O - Beauchamp Falls - Junction Rock - Acacia Flat - Perry's Lookdown - Pulpit  
Rock - Govett's Leap. All on track, some rockhopping & rockscrambling. Beautiful rainforest, one steep  
ascent. Suitable for experienced prospective members. 650m↓&↑  
Medium 20km MARK PATTESON (h) 9798 5693 (w) 9578 1727 (m) 0414 650 104

May  
26 to 30

**GREAT RIVER WALK Stage 8** Maps: Yerranderie, Bimlow, Jamison, Katoomba  
Yerranderie - Scotts Main Range - Cookem - Cox's River - Medlow Gap - Narrow Neck - Katoomba. This  
is the longest stage of the 570km Great River Walk from source to mouth of the Wollondilly-  
Hawkesbury system. Sunday morning start & Thursday finish with possible option to finish Wednesday.  
The Wollondilly River is left behind as Lake Burragorang is passed to the west. Mainly on firetrails with  
river crossing(s). Time to inspect Yerranderie & climb Yerranderie Peak, may also be some interesting  
detours. Medium Hard 60 km 800m↓&1500m↑ ROGER TREAGUS (h) 9905 1139 (w) 9995 5784

Sunday  
May 26

**SYDNEY URBAN WALK** Map: Sydney Street Directory  
Walk the Cooks River cycleway. Lots of pleasant parkways, a few back streets. From Tempe Railway  
Station to Bicentennial Park. No big hills. Several options to shorten the walk. Return via Olympic Park  
Railway Station. Bring money for coffees, icecreams, trains. With a limit, prospective members  
welcome. [Mauricethewalker@ihug.com.au](mailto:Mauricethewalker@ihug.com.au)  
Easy Medium 20 km MAURICE SMITH (h) 9587 6325 (m) 0414 538 475

Sunday  
May 26

**SUNDAY CYCLING**  
Meadowbank ferry/rail station - Olympic Park - Silverwater etc - Meadowbank. Easy/medium with more  
difficult longer options if required. Nearly all off road on bicycle track. Picnic in the park if weather  
permits. BILL HOLLAND (h & w) 9484 6636 (m) 0418 210 290

June 1 & 2

**SENIOR ST JOHN FIRST AID COURSE:** 9am-5pm both days (exam Sunday pm). Bookings essential,  
send \$20 non-refundable deposit & stamped SAE to BWRS Secretary, PO Box 22, CANTERBURY NSW  
2193. Cheques payable to "Bushwalkers Wilderness Rescue Squad". Balance of \$80 to be paid on 25<sup>th</sup>.  
Course available to all members of Confederation Bushwalking Clubs. Final details posted to you just  
prior to weekend. DON'T wait until the last moment to send your cheque. Next course 26-27 October.

Saturday  
June 1

**BLUE MOUNTAINS NP** Map: Katoomba  
Meet Medlow Bath Station 9.35 am - Belgravia St - Valley Farm - Tucker's L/O - Colosseum - Valley Tk -  
unnamed pass, track & cave - Wonderland Tk - Mark's Tomb - unnamed track - Station St - Belgravia St -  
Medlow Bath Station. Great views of Megalong Valley & beyond (on a clear day), interesting old track  
construction, bring water for the day. Website sketch map = "Bushwalking in the Upper Blue Mountains".  
Easy/medium approx 6 km + 7.32 am train (I) Central ALAN WELLS (h) 4787 7385 to 9.30 pm

Saturday  
June 1

**Q**

**BLUE MOUNTAINS NP** Map: Springwood + a tad Katoomba  
Meet near Faulconbridge Station (50m into St Georges Crescent) - Adeline Park - Linden Ck (rainforest)  
- Linden Ridge - SW to east spur - Linden Ck at old sawmill site - emu carvings - Bellevue Rd -  
Faulconbridge Station. 50% off track & one scratchy section. Total 600m ups & downs.  
Medium 18 km RICHARD PHILLIPPS (h) 4739 2568 (m) 0428 392 568

## QUEEN'S BIRTHDAY WEEKEND !!!!

- June 7-10 KANANGRA BOYD NP Maps: Kanangra, Bindook, Verranderie  
Kanangra - Unirover Trail - Kowmung (1<sup>st</sup> camp) - Mt Billy - Mt Colong - Mt Armour (2<sup>nd</sup> camp Church Ck)  
- Kowmung - Cambage Spire - Kanangra. A perennial favourite - spectacular scenery, carry water, easy  
1<sup>st</sup> day, 2<sup>nd</sup> & 3<sup>rd</sup> days steep climbing.  
Medium SPIRO HAJINAKITAS (h) 9332 4847 (w) 9681 4874 (m) 0409 995 181
- June 7 - 10 KANANGRA BOYD NP Map: Kanangra  
Kanangra Walls - Mt Berry - Mount Cloudmaker - 100 Man Cave (camp) - Mt Cloudmaker - Mount  
Marooba Karoo - Thunder Bend - Mt Paralyser - Thurat Ridge - King Pin. Numerous steep ascents &  
descents, Saturday night at spectacular 100 Man Cave (the name says it all)! Friday night start. Party  
limit 8. Medium/hard 30 km [wazark@pocketmail.com.au](mailto:wazark@pocketmail.com.au) STEPHEN ADAMS 0414 642 154
- June 7 - 10 WOLLEMI NP Maps: Rock Hill, Wollangambe, Mt Wilson  
Deep Pass - Derailment Hill - Bungleboori Ck - Western Arthurs - Dumbano Ck - Wollangambe - Mt  
Wilson. Car shuffle Friday night. Scrambling and handlines. IT enthusiasts & tenors not encouraged.  
Medium/hard BILL CAPON (h & w) 9398 7820 (m) 0412 221 459
- June 7 - 10 KANANGRA BOYD NP Maps: Kanangra, Jenolan, Katoomba  
Kanangra to Katoomba over 3 days. Via, Mt Cloudmaker, Dex Creek, Mt Strongleg, Konangaroo Clearing,  
Coxs River, Yellow Pup Ridge, Mt Debert, Narrowneck. Walking on tracks all weekend. Bus shuffle  
required Friday night. With a limit, 2 places reserved for fit, experienced new members.  
Medium 44 km 2000m up & down [mauricethewalker@ihug.com.au](mailto:mauricethewalker@ihug.com.au)  
MAURICE SMITH (h) 9587 6325 (m) 0414 538 475
- Saturday June 8 BRISBANE WATERS NATIONAL PARK Map: Gosford  
Wondabyne to Woy Woy via part of Great North Walk towards Gurrakool, skirt Kariong, Lyre L/O,  
Koolewong Ridge. A couple of short bits off track & a small scramble down rocks.  
Medium approx 16 km 300m up & down SHEILA ZAMAN (h) 9477 5523 (m) 0414 396 466
- Sunday June 9 SCHEYVILLE NP (5km east of Windsor) Map: Wilberforce  
Park Admin carpark - heritage buildings - old farmlands - Whitmore Road - Longneck Lagoon - old stock  
route - Llewellyn Ck - old silos - carpark. Mostly on old farm tracks through areas of former pasture,  
Cumberland Plain woodland & wetlands. Derelict historic buildings. An unspectacular, damaged, but  
interesting landscape on Sydney's NW fringe.  
Easy 15 km IAN RANNARD (h & w) 9958 1514
- Sunday June 9 ROYAL NATIONAL PARK Map: RNP Tourist  
Cronulla - ferry to Bundeena - Port Hacking Pt - Bundeena (coffee/drinks at Bundeena Café) - Bonnie  
Vale (lunch) - Cabbage Tree Basin - Bundeena.  
Easy 12 km Train: 8.36 am (S) Central ERROL SHEEDY (h) 9525 0316
- Sunday June 9 BLUE MOUNTAINS NP Maps: Springwood, Penrith  
Springwood Station - Magdala Ck - Glenbrook Ck - Duckhole - Glenbrook Station. A bit trackless at  
times along Glenbrook Ck but not difficult. Postponed previously due to bushfires.  
Easy/Medium 15 km CHRIS DOWLING (h) 9487 6748

Should members or prospective members have reason to make a claim on the Confederation personal accident insurance policy, they should contact the insurer on 1300 136 132 for a claim form WITHOUT DELAY.

You will note that some walks are marked with a **Q**. These are TEST walks.

A motion at the AGM on 13 March 2002 amended the Constitution  
to rename TEST walks as QUALIFYING walks.

## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

June 14, 15 & 16	<p>KANANGRA BOYD NP - PROSPECTIVE MAPPING INSTRUCTIONAL                      Boyd Crossing - Kanangra Range - Bourne Soak - Queen Pin Gully - Queen Pin - King Pin - Boyd Crossing.                      Bring warm clothes. NPWS camping fee approx \$6 per day per car.                      Easy 16 km</p>	<p>Map: Kanangra 1:25000                      DON FINCH (M) 0418 417 593</p>
June 15 & 16	<p>COOLANA MAINTENANCE WEEKEND                      If a fine weekend we will have light work on bush regeneration and weed control between relaxing breaks and socialising - if a wet and miserable weekend (most unlikely) we will still have light work but spend more time relaxing and socialising in the shelter shed. Either way, come and join us. You will be most welcome.</p>	<p>BILL HOLLAND (h) 9484 6636 (m) 0418 210 290</p>
June 15 & 16	<p>GREAT RIVER WALK (Nepean Loop) Stages Q &amp; R                      Great North Road - Canoelands - Blake Trig Station - Marramarra NP &amp; Creek - Marramarra Ridge - Arcadia - Berrilee Ridge - Berowra Waters ferry. Good views, some off track &amp; wading, car shuffle.                      Medium 38 km 570m ascents</p>	<p>Maps: Cowan, Gunderman                      WILF HILDER (h &amp; w) 9587 8912</p>
Sunday June 16	<p>BLUE MOUNTAINS NATIONAL PARK                      Mt Hay Road - Fortress Ridge - Fortress Creek &amp; return. Some off track, spectacular scenery from the clifftops. Medium 12 km</p>	<p>Map: Katoomba                      ANNE MAGUIRE (h) 9907 9677</p>
Sunday June 16	<p>KURINGAI CHASE NATIONAL PARK                      The Great North Walk from Cowan to Brooklyn, plus a side trip along Govett Ridge to a great lookout. Pleasant views over Cowan Creek and the Hawkesbury River.                      Easy/medium 16 km</p>	<p>Map: Cowan                      NIGEL WEAVER (h) 9660 7672 (w) 8295 8537</p>
Thursday June 20	<p>GEORGES RIVER NATURE RESERVE                      Campbelltown train station - bus to Georges River Rd - Georges River - Squires Pool - Bushwalkers Basin - Etchells Gully - Natural Bridge - Freres Crossing - Peter Meadows Ck - Minto train station. Gorgeous river pools &amp; scenery. Medium 13 km</p>	<p>Map: Street Directory                      WILF HILDER (h &amp; w) 9587 8912</p>
20 - 21 June Thurs & Fri	<p>MID-WEEK CYCLING FROM ROBYN'S FARM at Georges Plains                      Come along Wednesday night or early Thursday. Destination etc depends on weather. Easy &amp; energetic options. Non-cyclists welcome to assist with support and join in the fun. Camping gear may be necessary. Great social event finishing with BBQ at the farm.</p>	<p>FRAN HOLLAND (h) 9484 6636 (m) 0418 210 290</p>
Saturday June 22	<p>BLUE MOUNTAINS NP                      Glossop St Linden - Linden Observatory - Linden Ridge firetrail - Woodford Ck - Lawson Ridge - Queens Road, Lawson. Steep descent to Woodford Ck, creek crossing &amp; other more general hazards associated with off track walking. Train 7.32 am (s) Central to Linden (ask the guard to set you down at Linden.) Medium 12 km</p>	<p>Map: Katoomba Ed 3                      JIM PERCY (h) 4758 6009</p>
Saturday June 22	<p>MARRAMARRA NP                      Aboriginal art site walk no. 8. Gentlemans Halt - Canoelands Rd - Paddys Bight - Hawkesbury River disused road - Gentlemans Halt - return via Pylons Firetrail. Mostly track &amp; firetrail &amp; some cross country, aboriginal drawing site, views &amp; settlement history. Medium 25 km</p>	<p>Map: Gunderman                      ZOL BODLAY (h) 9639 4606</p>
Sunday June 23	<p>BLUE MOUNTAINS NP                      Carlons Farm - Blackhorse Ridge - Mobbs Soak - Splendour Rock - Medlow Gap - Carlons Farm. Marvellous walk with spectacular views. Medium 22 km 620m up &amp; down</p>	<p>Map: Jenolan                      GAIL CRICHTON (h) 9872 7195</p>

## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

Tuesday  
25 June      **BOTANY BAY NP - CAPE BAILEY COAST WALK**  
Discovery Centre (Kurnell) - Tabbigai Gap - Cape Bailey lighthouse - Solander Trig - Muru Track. Along this coastal walk explore sand dunes and heathland and spectacular views of rugged coastline.  
Easy 10 km      **BILL HOLLAND (h & w) 9484 6636 (m) 0418 210 290**

*Wednesday  
June 26  
Final details  
in the Social  
Programme &  
Magazine*

### ***SPRING PROGRAMME PLANNING NIGHT AT THE CLUBROOMS***

*Leaders, potential leaders, members and prospective members are invited to attend to talk about new walks, old walks, exploratories, new ideas, old ideas, SUPPORT each other and ENCOURAGE new leaders, not to mention a bit of socialising and ruminating - bring your ideas and maps along.  
Refreshments provided.*

June 29  
and/or 30      **VOLUNTEERS** required to help carry new roofing for the voluntary Ranger's cabin from Garrawarra Farm in Royal National Park. Please contact Col Halpin 9876 1685. All help greatly appreciated.

Sunday  
June 30      **BLUE MOUNTAINS NP** Map: Jenolan  
Carlons Farm - Goolara Peak - Cox's River - Ironmonger - Carlons Farm. Great views over Wild Dog Mountains, some off track, river crossings.  
**Q** Medium 16 km      **FRANK GRENNAN (h) 9907 9671**

Sunday  
June 30      **KURING GAI NATIONAL PARK**  
St Ives - Warrimoo Tk - Bobbin Head - Grosvenor Tk - Wahroonga Stn. Bus from Pymble Stn. Pleasant & interesting walk along river & creek.  
Easy      **BILL HOLLAND (h & w) 9484 6636**

Sunday  
June 30      **GREAT RIVER WALK (Nepean Loop) Stage 5** Map: Cowan  
Berowra train station - Benowie Track - Great North Walk - Berowra Waters - Joe Crafts Ck - Cowan - Jerusalem Bay - Govett Ridge - Brooklyn train station. Long & scenic hilly day walk.  
**Q** Medium 22 km      **WILF HILDER (h & w) 9587 8912**

July  
6-7      **NAVSHIELD 2002 - Annual Rogain**  
One and two day events held. Map and compass only - leave your GPS at home! Full details in the Magazine. To register, phone Confederation contact **KEITH MAXWELL (h) 9622 0049**.

July  
6 - 7      **COOLANA MAINTENANCE**  
Come and join the maintenance crew for a pleasant weekend - work optional. Transport required.  
**GRETIL WOODWARD & WILF HILDER (h & w) 9587 8912**

July  
6 - 7      **BLUE MOUNTAINS NATIONAL PARK** Map: Kanangra  
Kanangra Walls - Kilpatrick Causeway - Gangerang Range - Mt Cloudmaker - 100 Man Cave and return. All on track, a few ups and downs but terrific views.  
**Q** Medium 26 km      **ROSEMARY MACDOUGAL (h) 9428 5668 (w) 9265 3053**

July  
5 - 7      **MORTON NATIONAL PARK - The Budawangs** Map: Corang  
Yadboro River, Kalianna Ridge, Niebelung Pass, Monolith Valley, Green Room, Mount Cole, Mount Owen, Kalianna Ridge. Camp under a large rock overhang. On tracks all weekend. Saturday starts with a 700m up. Spectacular sights both days. With a limit, 2 places reserved for fit, experienced new members wanting to do their weekend qualifying walk.  
**Q** Medium 20 km 700 up & down      **MAURICE SMITH (h) 9587 6325 (m) 0414 538 475**  
[mauricethewalker@ihug.com.au](mailto:mauricethewalker@ihug.com.au)

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## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

Saturday July 6 <b>Q</b>	BLUE MOUNTAINS NP Scenic Railway carpark - Furber Steps - Golden Stairs - Redledge Pass - Devil's Hole. Panoramic views, lots of variety on and off track, firetrail. 800m ascents/descents in 2 stages. Medium 18 km	Maps: Jamison, Katoomba ARTHUR ANDERSON (h) 9624 1296 after 7pm (m) 0409 555 057
Sunday July 7	BLUE MOUNTAINS NP Leura Stn - Federal Pass - Leura Forest - base of Three Sisters - lunch at the Landslide - Golden Stairs - Katoomba Stn. Rough traffic by Three Sisters, rough track at Landslide. Carry 2 litres of water, late lunch. Medium 18km	Map: Katoomba Email: <a href="mailto:C.Montross@mech.eng.usyd.edu.au">C.Montross@mech.eng.usyd.edu.au</a> CHARLIE MONTROSS (h) 9427 8861 (w) 9351 7150
Thursday July 11	SUBURBAN PARKS Wynyard - bus - Cammeray - Long Bay - Tunks Pk - Munro Pk - Hallstrom Res - Artarmon Res - Naremburn Pk - Gore Hill Pk - Berry Ck - Gore Cove - Greenwich Wharf - Ferry - (semi) Circular Quay. Sydney spiderweb crossing No. 1 - lower North Shore, early finish. Medium 12 km	Map: Street Directory WILF HILDER (h & w) 9587 8912
July 13 - 14	MORTON NATIONAL PARK Meryla Pass - old farm - Danjera Dam - Griffins - firetrail - Griffins Farm - Meryla Pass. An easy weekend walk, ideal for prospectives as first weekend walk or for members out for a great weekend. Only half walk is with weekend packs, the rest with day pack. Navigation training & tests can be given if required. Saturday morning start. Easy 25 km	Map: Bundanoon BILL HOLLAND (h & w) 9484 6636
Saturday July 13	GREAT NORTH WALK - Cowan to Berowra Waters Train or car shuffle Thornleigh to Cowan-Crosslands-Galston Gorge-Fishponds-Westleigh then enjoy refreshments at leader's home. All on track with some great scenery-great warm-up for the Six Foot Tk 24 August. Medium/hard 33 km	Maps: Cowan, Hornsby PHIL NEWMAN (h) 9980 7340 (w) 9240 1177 (m) 0417 254 287
Sunday July 14	GREAT RIVER WALK Stage 12 Glenbrook Ck to the Grose River: Lapstone Stn - Lennox Bridge - Yellow Rock - Yarramundi. The Great River Walk is a source to mouth walk of the Wollondilly - Hawkesbury system. This stage is a flat day walk along the Nepean to where it joins the Grose with an interesting variety of scenery and history. Stages 10 and 11 have been postponed due to bushfires closing the National Park. Medium 20 km <a href="mailto:treagusr@epa.nsw.gov.au">treagusr@epa.nsw.gov.au</a>	Maps: Penrith, Springwood, Kurrajong ROGER TREAGUS (w) 9995 5784 (m) 0401 017 289
Sunday July 14	SYDNEY HARBOUR FORESHORE Rose Bay - Nielsen Park - Parsley Bay - South Head Lighthouse - Watsons Bay - opportunity for swim and lunch at the Watsons Bay pub (Ralph still recommending the Atlantic Salmon) - South Head & return via the Gap (optional afternoon tea @ Vacluse House). Icecream stops on way. A good walk for newcomers. Easy/Medium 14km	Map: Street Directory RALPH PENGLIS (h) 9399 6143 (m) 0407 018 645
Tuesday July 16	BLUE MOUNTAINS NATIONAL PARK Pierces Pass - Grose River - Little Blue Gum - Pierces Pass. Very scenic approach to the Grose River, spectacular views, down & along the river, up at a relaxed pace. Easy/medium 10 km	BILL HOLLAND (h & w) 9484 6636 (m) 0418 210 290
July 19 - 21	KOSCIUSZKO NP - Cross Country Skiing Tour south & west of Mt Kosciusko - Cootapatamba - Wilkinson's Ck - Swampy Plain Ck - Leather Barrel Ck - Thredbo. Medium	Maps: Kosciusko 1:50,000/Thredbo Ski Touring 1:25,000 KENN CLACHER (h) 9954 9708
July 19-21 <b>Q</b>	KANANGRA BOYD NATIONAL PARK Kanangra-Coal Seam Cave-Gingra Range-Hughes/Roots Ridge-Kowmung River-Orange Bluff- Brumby Ridge-First Top-Kanangra. Enjoy a great grassy campsite. Good introduction to the magnificent Kowmung River. Recommended for prospectives who have completed one non-qualifying overnight walk. Medium 29/25 km depends on ridge taken on entry. 780m↓&↑	Maps: Kanangra, Yerranderie TONY CRICHTON (h) 9872 7195

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## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

July 20-21	<b>COOLANA TRAINING WEEKEND</b> All new members are encouraged to attend this training weekend on the Club's property at Coolana in the beautiful Kangaroo Valley. It offers practical training in navigation, first aid and bushcraft. The weekend provides an ideal introduction to camping. However, tents are optional as there is a shelter and BBQ facilities on site. SBW members are also encouraged to attend and assist with training and social activities around the camp fire on Saturday evening. This is an opportunity to foster social contacts within the club. Activities start on Saturday morning and transport assistance is available. BILL HOLLAND (h) 9484 6636 PATRICK JAMES (h & w) 9904 1515
Saturday July 20	<b>LEADERS' TRAINING WALK &amp; WORKSHOP</b> <span style="float: right;">Map: Cowan</span> Brooklyn train station - Porto Trig area - Great North Walk. Some off track - bring gaiters & gloves. Must bring map, compass, notebook & pencil. Easy 5 km <span style="float: right;">WILF HILDER (h &amp; w) 9587 8912</span>
Sunday July 21	<b>MACQUARIE PASS NATIONAL PARK</b> <span style="float: right;">Map: Robertson</span> Lees Rd L/O - Caloola Pass - Tongarra Ck & Falls - Green Pass - Lees Rd L/O. Half off track, some rock scrambling/hopping, some thick scrub. Sweeping views, rainforest, scenic valley, waterfalls. Medium 17 km 300m up & down <span style="float: right;">RON WATTERS (h) 9419 2507 (m) 0419 617 491</span>
July 27 & 28	<b>WOLLEMI NP</b> <span style="float: right;">Map: Ben Bullen</span> Overnight base camp Newnes Area. Day 1: Explore partway up Little Capertee Creek and climb the escarpment for pagodas and great views over the Glen Davis valley and back via a circuit route. Only a few kilometres but plenty off track with rock scrambling. Day 2: The Glow Worm Tunnel circuit following the old railway line cutting and returning via the Old Coach Road. 14 km but can extend to 24 km depending on keenness of group. Easy/Easy medium <span style="float: right;">KAY CHAN (evenings) 9520 0266</span>
Saturday July 27	<b>BLUE MOUNTAINS NP</b> <span style="float: right;">Map: Katoomba</span> Blackheath Station - Porters Pass - Centennial Pass - Blackheath Station. Varied terrain, streams, waterfalls, some slippery rocks, all on track, cliffs & views over the Kanimbla Valley. Late start and early coffee stop to finish. Train 8.04 am (I), confirm with leader. Easy 6 km Suitable for beginners. <span style="float: right;">RAE OGILVIE (h) 9568 3337</span>
Sunday July 28	<b>GREAT RIVER WALK (Nepean Loop) Grand Final Stage</b> <span style="float: right;">Maps: Broken Bay, Cowan</span> Brooklyn train station - ferry - Dangar Island - Bradleys Beach - ferry - Patonga - ferry - Palm Beach - Bicentennial Walk - circumnavigating Barrenjoey Head & Lighthouse - Palm Beach - bus to City. Some coastal rockhopping, great views, celebration at Lighthouse. Easy 7 km <span style="float: right;">WILF HILDER (h &amp; w) 9587 8912</span>
Sunday July 28	<b>EASTERN SUBURBS RAMBLE</b> <span style="float: right;">Map: Street Director</span> Edgecliff to Watsons Bay. An easy but enjoyable walk with lunch of fish 'n chips or BYO at Watson's Bay. Return trip for those who wish. Easy 10 km (20 km return) <span style="float: right;">JUDY JONES (h) 9774 5650</span>
August 1 - 5	<b>KOSCIUSZKO NP - 4 Day Cross Country Ski Tour</b> <span style="float: right;">Maps: Kosciusko, Khancoban 1:50,000</span> Mungyang - Valentines Hut - Grey Mare Hut - Jagungal - Mungyang. Medium <span style="float: right;">KENN CLACHER (h) 9954 9708</span>
August 2 - 4	<b>WOLLEMI NATIONAL PARK</b> <span style="float: right;">Map: Ben Bullen</span> Newnes - Little Capertee Ck - Mt Dawson & return. Interesting Pagoda country with a splendid cave camp at Mt Dawson. Rock scrambling & views galore. Party limit 8. Medium 16 km <span style="float: right;">wazark@pocketmail.com.au STEPHEN ADAMS 0414 642 154</span>
August 3 - 4	<b>COWAN TO HORNSBY VIA GREAT NORTH WALK</b> Train to Cowan, walk from Cowan to Crosslands via Berowra Waters, Berowra Heights to Crosslands for overnight camp. Galston Gorge to Hornsby Station. All on tracks, several ascents & descents, especially on first day. Medium approx 30 km <span style="float: right;">SHEILA ZAMAN (h) 9477 5523 (m) 0414 396 466</span>

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## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

Saturday August 3 **Q** BLUE MOUNTAINS NP Maps: Katoomba, Mt Wilson  
 Mt Hay firetrail - Lockley Pylon - Blue Gum Forest - option of lunch at Blue Gum or 590m climb to Perrys  
 - return to cars via Lockley Pylon. Great views. 620m down & up + optional 590m up & down @ lunchtime.  
 Medium/optional hard if take in Perrys side trip. 30 km TONY CRICHTON (h) 9872 7195

Saturday August 3 DHARUG NATIONAL PARK Map: Gunderman  
 Mill Creek campsite - Starkey Ridge return via Mill Creek track. Excellent views of the Hawkesbury River. Mainly off track & will be good for those who wish to practise navigation and/or leading.  
 Easy/medium 12 km Total 140m ascents ROSEMARY MACDOUGAL (h) 9428 5668 (w) 9265 3053

IF YOU DECIDE NOT TO GO ON A WALK, PLEASE CONTACT THE LEADER IN TIME - THIS COULD GIVE SOMEONE ON A CANCELLATION LIST THE OPPORTUNITY TO GO AND DOES NOT DELAY THE START OF THE WALK WHILE THE PARTY WAITS UNNECESSARILY FOR YOU.

August 10 - 11 **Q** MORTON NP - Ettrema Wilderness Map: Touga  
 Quiera Clearing, Transportation Spur, Ettrema Creek, Jingles Pass, Quiera Clearing. Gaiters & scrub gloves needed for some scratchy sections. No tracks on this walk. Spectacular creek, rockhopping, wet feet likely, great camp site. With a limit, 2 places reserved for fit, experienced new members wanting to do their weekend qualifying walk.  
 Medium 20 km 400m up & down mauricethewalker@ihug.com.au  
MAURICE SMITH (h) 9587 6325 (m) 0414 538 475

Saturday August 10 BLUE MOUNTAINS NP Map: Katoomba  
 Meet 9.30 am Wentworth Falls Stn - Wentworth Pass - Lodore Falls - Vera Falls - Hippocrene Falls - return to Wentworth Falls Stn. Very scenic, wet by the Falls. Track is rough in parts. Excellent food at the Bavarian Café near the station.  
 Medium 14km Email: C.Montross@mech.eng.usyd.edu.au  
CHARLIE MONTROSS (h) 9427 8861 (w) 9351 7150

Sunday August 11 SYDNEY HARBOUR NP - Manly to the Zoo Map: Street Directory  
 Manly - The Spit - Balmoral - Clifton Gardens - Bradleys Head - Taronga Park Zoo. Meet at Circular Quay. Phone Ralph for ferry details.  
 Medium 22 km RALPH PENGLIS (h) 9399 6143 (m) 0407 018 645

Sunday August 11 BLUE MOUNTAINS NP Map: Jenolan  
 Carlons Farm - Blackhorse Ridge - lunch at Knights Deck - Cox's River - Ironmonger Spur - Carlons Farm. Two big climbs. Classic walk & great preparation for Six Foot Track on 24 Aug & Kanangra to Katoomba on 7 Sept. Medium/hard 20 km 1080 down & up  
TONY CRICHTON (h) 9872 7195

Thursday August 15 ROYAL NATIONAL PARK Royal NP Tourist  
 Cronulla train station - ferry - Bundeena - Gunyah Beach - Jibbon Beach & Head - The Cobblers - The Water Run - Marley Head & Beach - Little Marley Beach & return - Bundeena - ferry - Cronulla train station. Classic Royal scenery, engravings, etc. Medium 15 km  
WILF HILDER (h & w) 9587 8912

August 17 & 18 COOLANA MAINTENANCE  
 Come and join the maintenance crew for a pleasant weekend - work optional. No need to phone.  
BARRY WALLACE (w) 9450 0550

August 17 & 18 WOLLEMI NATIONAL PARK Maps: Six Brothers, Bob Bucks Colo Map  
 Putty Rd - Culool Range - Boorai Ridge - Colo River - Woolshed Gully - New Barrakee Pass - Townsends Pass - Colo River - Boorai Ridge - Culool Range. Part exploratory, bring gaiters & gloves, waterproof pack for wading river. Mighty Colo scenery. Deferred due to summer bushfires.  
 Medium 20 km Ascents up 50m WILF HILDER (h & w) 9587 8912

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## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

Saturday August 17	BLUE MOUNTAINS NP Linden - King's Cave - Cayley's Repulse - Old Bathurst Road - Woodford (shop & Academy open) - Mabel Falls - Hazel Falls - Hazelbrook. Historical walk in Woodford area. We will pass convict built homes, an aboriginal ceremonial cave and Woodford Academy where gold was stored en route from Bathurst. Easy 12 km Ring leader for train time.	Map: Blue Labyrinth or Katoomba NANCYE ALDERSON (h) 9858 3317
Saturday August 17	BEROWRA VALLEY Mt Kuringai - Lyrebird Gully - Berowra Waters - Cowan. All on tracks with several short sharp climbs. Medium 15 km	Maps: Hornsby, Cowan CHRIS DOWLING (h) 9487 6748
Sunday August 18	ROYAL NATIONAL PARK Kirrawee Station - Temptation Creek - Gray's Point - Hacking River - Audley - Sutherland. Easy 14 km Train: 8.36 am (S) from Central	Map: Royal NP Tourist ERROL SHEEDY (h) 9525 0316
Sunday August 18  Q	BLUE MOUNTAINS NP Megalong Rd - Six Foot Tk - Megalong Ck - Billy Healey - Gibraltar Sugarloaf - Cox's River - Six Foot Tk - Megalong Rd. Panoramic views of Kanimbla Valley & Wild Dog Mountains. Steep gravelly descent off Sugarloaf. Some rockhopping, 50% off track but largely scrubless. Good warm up for Six Foot Track on 24 August. Medium 24 km 900m↑&↓	Map: Hampton RON WATTERS (h) 9419 2507 (m) 0419 617 491
Wednesday August 21	CITY OF SYDNEY Milsons Point - Harbour Bridge - Cahill Walkway - Hyde Park - Darling Harbour - Pyrmont Bridge - Ultimo - Anzac Bridge - Balmain - ferry to Circular Quay. Two excellent coffee stops en route. Easy for fit walkers, approx 11 km	Map: Street Directory JACQUI CALANDRA (h) 9476 6538
August Saturday 24 or Sunday 25	ABSEILING INSTRUCTIONAL - Blue Mountains NP Dependant upon weather. Dalpura Creek - Jinki Ridge return along track. Leader will supply rope & some gear - levy applies. Easy 4 km	Map: Mt Wilson PHONE WEEK BEFORE ONLY PETER CHRISTIAN (h) 9476 1312 - 7 to 9 pm
Saturday August 24	SIX FOOT TRACK IN A DAY Katoomba to Jenolan Caves - stay at Caves House on Saturday night - join your friends for the group dinner. Walk starts at 6.30 am from the Explorers Tree. Helpers are very welcome, we need your support to continue this SBW social and marathon tradition. Please ring Tony by 1 <sup>st</sup> July to book in for walk, accommodation, meal and for full details. Hard 46 km 1330m down & 1080m up	Maps: Katoomba, Hampton, Jenolan TONY CRICHTON (h) 9872 7195
Saturday August 24  Q	BLUE MOUNTAINS NP Lawson Station to Wentworth Falls via steep descent to Blue Mountain Creek crossing, possible walk along creek, ascend to Wentworth Falls firetrail. Some off track. Medium 12 km Train 7.32 am (I) from Central	Map: Katoomba Ed 3 JIM PERCY (h) 4758 6009
Sunday August 25	MUOGAMARRA NATURE RESERVE Park HQ - Point Loop - Peats Bight - Kimmerikong Ridge - Park HQ. This circular walk is almost half off track. Great hilltop views over the Hawkesbury River and Berowra Creek. Medium 13 km 300m up & down	Map: Cowan NIGEL WEAVER (h) 9660 7672 (w) 8295 8537
Sunday August 25	DHARUG NATIONAL PARK Old North Road historical and scenic walk. This walk includes the old convict built roads and tracks. Scenic views over the river with opportunities to appreciate the profuse wildflowers that a feature of this area at this time of the year. Easy 12 km	BILL HOLLAND (h & w) 9484 6636

## THE SYDNEY BUSH WALKERS INC - Winter 2002 Programme

- |                       |   |
|-----------------------|---|
| August 31 &<br>Sept 1 | <b>MORTON NATIONAL PARK - Yalwal</b><br>Danjera Dam - Diggers Flat - Reynolds Saddle - Danjera Dam. An easy walk to explore the old gold diggings & walk upstream to delightful camping ground. Very suitable for newer members & for others wanting an easy paced weekend. Navigation training & tests can be given if required. Saturday am start.<br>Easy 15 km<br>BILL HOLLAND (h & w) 9484 6636  |
| August 31 &<br>Sept 1 | <b>WOLLEMI NP</b> <span style="float: right;">Map: Ben Bullen, Mt Morgan, Rock Hill</span><br>Wolgan Valley - Zobels Gully - Constance Gorge - Deane's Creek and return. Steepish ascent to stunning rainforest gorge and creek. Base camp for a look-see around the area. Rough country but oh, so beautiful! Maybe wet feet. Bring warm clothes & your camera.<br>Medium approx 20 km Party limit.<br><span style="float: right;"><a href="mailto:lubberscarol@bigpond.com">lubberscarol@bigpond.com</a><br/>CAROL LUBBERS (h) 4758 8791</span> |
| Saturday<br>August 31 | <b>MUOGAMARRA NR</b> <span style="float: right;">Map: Broken Bay</span><br>Aboriginal art site walk no. 9: Reserve entrance - Peats Crater - Peats Bight - Mt Lloyd - Hawkesbury River Lookdown - entrance - Pieshop. Two great engraving sites "The Whale Feast" & the "Creation", views, mostly track/trail, some cross country.<br>Easy/medium 14 km<br><span style="float: right;">ZOL BODLAY (h) 9639 4606</span>  |
| Sunday<br>Sept 1      | <b>ROYAL NATIONAL PARK</b> <span style="float: right;">Royal NP Tourist</span><br>Helensburgh - Garawarra - Curra Moors - Curracurrong - Otford. Mostly track/road walking with beach/rock platforms along coast. 07.44 (I) train to Kiama<br>Medium 24 km 460m up & down<br><span style="float: right;">JIM CALLAWAY (h) 9520 7081</span>  |

**P.S. Thank you to all those who contribute to this programme** 

IF YOU DECIDE NOT TO GO ON A WALK, PLEASE CONTACT THE LEADER IN TIME - THIS COULD GIVE SOMEONE ON A CANCELLATION LIST THE OPPORTUNITY TO GO AND DOES NOT DELAY THE START OF THE WALK WHILE THE PARTY WAITS UNNECESSARILY FOR YOU.

Should members or prospective members have reason to make a claim on the Confederation personal accident insurance policy, they should contact the insurer on 1300 136 132 for a claim form WITHOUT DELAY.

You will note that some walks are marked with a **Q**. These are TEST walks.

A motion at the AGM on 13 March amended the Constitution to rename TEST walks as QUALIFYING walks.

On October 26 & 27 there will be another: **SENIOR ST JOHN FIRST AID COURSE:** 9am-5pm both days (exam Sunday pm). Bookings essential, send \$20 non-refundable deposit & stamped SAE to BWRS Secretary, PO Box 22, CANTERBURY NSW 2193. Cheques payable to "Bushwalkers Wilderness Rescue Squad". Balance of \$80 to be paid on 26<sup>th</sup>. Course available to all members of Confederation Bushwalking Clubs. Final details posted to you just prior to weekend. DON'T wait until the last moment to send your cheque.

## THE SYDNEY BUSH WALKERS INC – Winter 2002 Programme

### SOCIAL PROGRAMME

#### June:

- Wed. 5<sup>th</sup>      6.30 pm      **Committee Meeting** - Observers welcome  
                 8.00 pm      **Introduction to Sydney Bush Walkers**  
                         The New Members team will introduce new Prospective members informally to each other over tea, coffee and biscuits followed by a short slide and photo presentation.
- Wed. 12<sup>th</sup>      8.00 pm      **General Meeting**  
                         Your opportunity to participate in the management of your club.
- Wed. 19<sup>th</sup>      8.00 pm      **Winter Solstice**  
                         Bring a plate of goodies, Club will supply the beverages.
- Wed. 26<sup>th</sup>      8.00 pm      **Leadership/walks planning night**      Don Brooks

#### July:

- Wed. 3<sup>rd</sup>      6.30 pm      **Committee Meeting** - Observers welcome  
                 8.00 pm      **Introduction to Sydney Bush Walkers**  
                         -see above -
- Wed 10<sup>th</sup>      8.00 pm      **General Meeting**  
                         Your opportunity to participate in the management of your club.
- Wed. 17<sup>th</sup>      8.00 pm      **Leadership Workshop Night**      Wilf Hilder.
- Wed. 24<sup>th</sup>      8.00 pm      **South America – Video with Oliver Crawford**  
                         Oliver will show Part 2 of the video taken during the recent trip.
- Wed. 31<sup>st</sup>      7.30pm      **Indoor Rock Climbing at Summer Hill**  
                         \$9.50 per person and \$5.50 extra optional boot hire.  
                         (Club personal insurance does not apply)  
                         Please RSVP by 15 July as I need definite numbers.  
                         Call me (Vicki) between 6.30 - 8.30 pm on 9349 2905.

#### August:

- Wed. 7<sup>th</sup>      6.30 pm      **Committee Meeting** (prior to General meeting)  
                 8.00 pm      **Introduction to Sydney Bush Walkers**  
                         (see above)
- Wed. 14<sup>th</sup>      8.00 pm      **General Meeting**  
                         Your opportunity to participate in the management of your club
- Wed 21<sup>st</sup>      8.00 pm      **Nepal Photo Night with Pamela Irving**  
                         Three week trek in Nepal from Tumlingtar in the Arun Valley (937M) to Everest region Namche Bazaar and Gokyo Ri 5483M.
- Wed.28<sup>th</sup>      7.30 pm      **Kirribilli Pub - Dinner**  
                         RSVP by 21 August as I need to numbers to book.  
                         Call me (Vicki) between 6.30 - 8.30pm on 9349 2905.  
                         Don't call on a Wednesday evening..

*You can find this social program (and updates) on our web site [www.shw.org.au](http://www.shw.org.au)*

**SPRING PROGRAMME: September to November 2002**

Deadline: 26 July 2002

LEADERS: Please submit activities for the Spring programme to the Walks Secretary, Carol Lubbers,  
**BY POST OR EMAIL ONLY FOR THIS PROGRAMME = NO FAXES** (fax machine unavailable)  
i.e. [lubberscarol@bigpond.com](mailto:lubberscarol@bigpond.com) or 6 Arthur Street Woodford NSW 2778

**SUBMIT DETAILS IN LEGIBLE WRITING ON A4 SIZE PAPER**

**DATES:** (Options if possible) Weekend walks - Friday night start: YES / NO

One activity per form, please.

**AREA:** (National Park, State Recreation Area, etc)

**BRIEF DESCRIPTION OF ROUTE:**

**BRIEF DESCRIPTION:** (Any special features including hazards or conditions such as rockscrambling, rockhopping, compulsory swimming/wading, carry water, exposure, off track, etc, and the fun stuff, too.)

<b>MAPS:</b>	Total descents in metres:	<b>GRADE:</b>	<b>DISTANCE:</b>
	Total ascents in metres:	<b>QUALIFYING (TEST)</b> WALK: Yes / No	

<b>LEADER:</b>	<b>Email:</b>
<b>PHONE:</b> (H) (W) (M)	

**SEARCH AND RESCUE**

Please ensure that relatives and friends are aware that you may return home later than planned due to unforeseen circumstances such as bad weather, injury, illness, vehicle problems. Emphasise that they should wait about 15 hours after your expected return before lodging a call with a Club Search & Rescue contact (details page 2).

**EXPLORATORY WALKS**  
**LEADERS and ASPIRING LEADERS**

If you need numbers to make up parties for exploratory walks, please contact the Walks Secretary who may be aware of others interested in joining you.