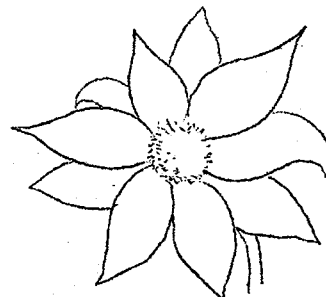


THE SYDNEY BUSHWALKER



A monthly bulletin of matters of interest to The Sydney Bush Walkers, Box 4476 G.P.O., Sydney, 2001. Club meetings are held every Wednesday evening from 7.30 pm at the Wireless Institute Building, 14 Atchison Street, St. Leonards. Enquiries concerning the Club should be referred to Marcia Shappert, Telephone 30-2028.

* * * * *

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SEPTEMBER, 1979.

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WHITHER THE BUSHIES?

by Jim Brown.

So you have noticed it, too? I mean the new look Walks Programme, the first of which was the June-August edition.

Did you say, "What's different?" Why I thought it was obvious - only one week-end walk on some week-ends, but two day walks on almost all Sundays.

And let's remember this is the product of a Walks Secretary who is essentially a "week-end walker". In fact, I doubt if he has ever been on a programmed day walk. But he's obviously quite a realistic citizen, and he knows that the attendance on overnight trips has gone downhill, while on day walks it is going up - sometimes a total of between 50 and 60 people between the two day walks.

Is this a good thing or a bad thing? I wouldn't know - but I have certain feelings. On the one hand, if you take the overall number of members and prospectives getting out on any particular week-end, it's probably about as high as ever it was. And yet - - - and yet - - -

You see, I believe that bushwalking - the real thing - involves being out for two or three days, seeing the magic of night closing around and the dawn lighting up the bush. I know that for some years past I have led only day walks, because I doubt my own physical strength to lead and manage a party of variable strengths over two or more days in the big league country. However, I still contrive to do a sprinkling of moderately enterprising camping/walking trips, so long as I can go at my own comfortably leisurely pace. Day walks are a good training ground, and not a bad substitute for the genuine article, but to me the overnight walk is the genuine article.

Now, if the recent trend continues, I feel we could become (degenerate?) into a Club composed principally of day walkers. It is even possible that eventually there will be a move to eliminate the obligatory overnight test walk from the membership qualifications. I would regret such changes, although it probably wouldn't affect me personally. What I would like to see is a resurgence of camping/walking activity.

Perhaps you don't accept what I've said, or agree with it. In that case, don't bother reading any more. If you do agree - then what can or should we do?

Well, to start with, why is the attendance on overnight trips falling? From comments heard on day walks, I believe a fair percentage of new walkers, looking at a programme on which most of the overnight trips now have a rather strenuous look, are doubtful and apprehensive about tackling them. They are doubtful of their own physical capacity to launch out into overnight trips; or doubtful about the ability of some leaders as navigators and organisers; and especially doubtful whether leaders and experienced members appreciate their problems as beginners - this applies particularly to the girl prospectives.

I believe we could encourage some of these newcomers to spread their wings on overnight trips (and find out what bushwalking is all about) if there were more suitably graded camping walks incorporated in the Walks Programme as a regular feature - say at intervals of two or three weeks - in addition to any more energetic trip set down for that date. Essential or important features should be:-

1. Set out Saturday morning or Saturday mid-day (NOT Friday night).
2. Moderate walking distance - say 10/12 km for each full day (NOT BASE CAMP - PACKS TO BE CARRIED).
3. Mainly track walking.
4. Agreeable overnight camp site.
5. The walk to proceed at a fairly leisured pace, and some time devoted to the arts of pitching camp and making yourself comfortable in the bush.
6. Preferably time and opportunity to chatter informally on maps and ways and means in the bush.
7. The trip to be notified in the Programme as suitable for newcomers.

There should be quite a few members capable and willing to run such trips, and once it became the practice to hold them fairly frequently, those who attended one may feel inspired to lead something similar on a later programme. Inexperienced newcomers, having found that a camping jaunt doesn't have to be arduous, may readily graduate up to the more strenuous overnight walks.

While on the thought of planning for the future, how about some contemplation of what we'll do if and when petrol rationing becomes a way of life, as it was from about 1942 to 1950? If we're going to invest in the future, maybe some of the easier "training" weekend trips could be train oriented, so getting around some of the problems associated with private transport sorties.

Of course, others may have different and better ideas on how to revive overnight walking. For my part, I will rest content if the whole subject is earnestly considered, so that the motif is "whither the Bushies" and NOT "wither the Bushies".

* * * * *

SOME NOTES ON MY BUSHWALKING PAST.

by Dorothy Lawry.

It is now half a century since I joined The Sydney Bush Walkers. That is a long time and, naturally, the memories of many of my contemporaries are getting blurred; for instance, in the July 1979 issue of "The Sydney Bushwalker", Marie Byles gave me undeserved credit for putting the Colo on the map for bushwalkers. Actually I have never walked on the Colo; I have driven along a rough road in the lower farming area of that river but that is all.

I do not remember who were the first party to do a trip down the Colo in the early thirties but I do know that it proved to be the toughest trip so far done by S.B.W. members; that they were one or two days behind schedule in reaching the first farm; and that by then they were completely out of food in spite of "Dunk" (Winifred Eva Duncombe) having made history by catching a duck with her hat. Of course she killed and cooked it. That trip was written up in the Club magazine at the time and the Club Archivist should be able to turn it up for reprinting.

My stamping ground in the early thirties was the Kowmung. Later I explored the Macdonald River but it is a "oncer" with the bed sanded up and lots of quicksand round every protruding rock. One has to dig in the sand for water and we noticed that the local animals all do this. They do not drink at any small pools or holes already excavated.

Then, towards the end of the thirties, Jess Martin and I did a first trip for bushwalkers down the Wingecaribee from just below the burning coal seam at Medway to that river's junction with the Wollondilly. We were picked up by a hired car at Goodman's Ford. It was the driver who had taken us out to Medway and warned us of the burning coal seam. He arrived at the Ford the following Saturday as arranged - accompanied by a companion and we were touched to learn they had come with food and gear, prepared to spend the week-end searching for us. We were there waiting for them.

.

During World War II Grace Noble and I went with Edna Garrad on a short exploration of the lower Wollangambe from Mt. Irvine over Tesselated Hill and part way along the ridge that ends where Bowen Creek and the Wollangambe join. Before starting out we consulted with the Scriveners who kept a boarding house and the Post Office at Mt. Irvine. They only knew two places where it was possible to get down to the water in the Wollangambe Creek. These were both within half a day's walk of Mt. Irvine and at each the walls of the canyon were just about meeting. The local opinion was that it was impossible to walk down that stream. We decided to try further down the creek.

Our two military maps - Wallerawang and St. Albans - showed only one break in the solid cliffs along our side of the Wollangambe, where a side creek joined it. There was no cliff shown at the end of the ridge - but

there was a gap of 800 ft in the contours! We decided to try the side creek, then, if successful, we would have a line of retreat if it proved impossible to climb up from the main creek to the end of the ridge and so back to Mt. Irvine.

Apparently that side creek seldom runs for the rocks of a considerable waterfall were quite dry and had no growth on them, so we climbed down the waterfall successfully. This would be quite impossible whenever they were wet. We also succeeded in climbing up the nose of the ridge but with much passing of packs. Actually Edna must have done the climb about three times, helping Grace and me.

For anyone who may think of tackling this country - in the early thirties the S.B.W. adopted a diamond as its blaze. It was both distinctive and hard to cut, so would discourage any unnecessary blazing. On our way back to Mt. Irvine we laid out on a flat rock a diamond of large stones to mark the place where one should turn off the ridge to climb down the waterfall.

.

In the May school holidays in 1929 Win Lewis (now Chardon), Marj Hill (now Rodd) and I spent a week in The Blue Gum Forest - my first visit there. On the Friday night Harold Chardon came down alone in the dark (with his torch and a leg of lamb) to join us. On the Saturday he made a mighty stew, from which we had a large double meal. We ate till we were quite filled then collapsed on our backs to digest the meal so that we could attack that stew again. We could not waste any of it after Harold had brought it down to us.

On the Sunday, on our way back to civilization, Harold cut a diamond blaze on a tree where we crossed the creek just above the Junction Rock; there was no clear track then, but a few years later the creek changed course, giving a better crossing over the Junction Rock.

ANNUAL SUBSCRIPTIONS

Members are reminded that annual subscriptions which became due in March, should be paid by the first Wednesday in October (3rd).

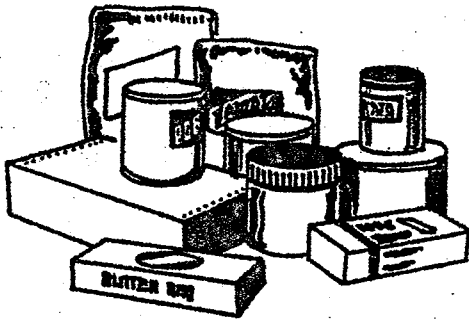
Would those members who have not yet paid forward their subscriptions to the Treasurer as soon as possible.

Subscription rates:-	Single	\$10.50
	Married couple	12.50
	Full-time student	6.50
	Non-active	2.00

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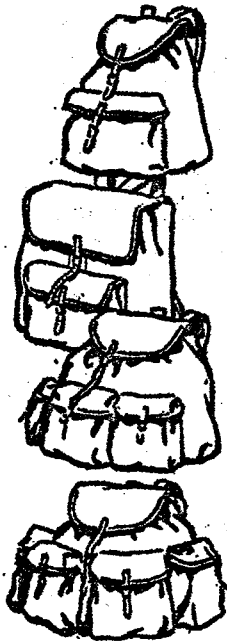
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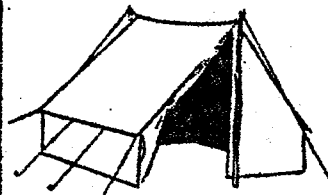
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'A' TENTS

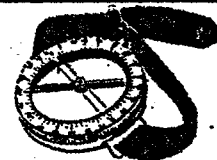
One, two or three men. From 2½ to 3½lbs. Choice of three cloths. Supplied with nylon cords and overlapped doors. No walls.



WALL TENTS

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Paddy Pallen

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BUSH SAFETY AWARENESS.

by Len Newland.

PART 3. SNAKES ALIVE.

It seems appropriate to discuss snakes in this column following the August 22nd social night lecture "Snakes of N.S.W.", presented by Tony Laycock of Taronga Zoo. This is particularly so, since a number of relevant facts emerged which may not be generally realised. Those who missed that night missed out on an informative and important session. I don't pretend to know all about snakes (Tony himself said afterwards that he expects to spend the next twenty years learning about them), but I reckon that Tony's presentation has given me a far greater appreciation of snakes than I had before.

There are fascinating stories about snakes. I can quote the case of the Hamadryad (King Cobra) that was delivered to London Zoo and was placed in a den with other snakes by an inexperienced keeper. Next morning only the Hamadryad remained. These snakes live almost entirely on other snakes, poisonous as well as non-poisonous, including ordinary cobras. Snakes are known to swallow other snakes when they are eating the same prey from the other end.

Snakes normally attack only what they can swallow, so we need have no fear of being eaten by a snake; what we have to beware of is the defensive bite. Such a large proportion of snakes in this country are venomous, that it is wise to treat them all as such; even the bite of a non-venomous snake is painful.

One thing which came across very clearly in Tony's lecture was the tremendous difficulty in identifying a snake in any way short of catching the thing and counting its scales, a procedure which no doubt has its moments. What looks like the relatively shy black snake may in fact be the highly aggressive tiger snake. What looks like a tiger snake may be a harmless carpet snake. What appears to be a non-poisonous python may be a deadly venomous death adder. And so on. It appears that (a) different snakes have similar shapes; (b) different snakes have similar colourations; (c) snakes of one species have different colourations; and (d) snakes can change colourations with age and habitat.

Of dangerous situations, three are most likely to occur on bushwalks.

(1) Tiger Snakes. As previously mentioned, these are highly aggressive and venomous. Tony said that the zoo men regard tiger snakes as the most dangerous, because they are extremely unpredictable. They can be quite docile, and then attack without warning. If you see any snake in which the head flows smoothly into the neck and body, and whose colour is somewhere from black to orange patches on a darker background, regard it as a tiger snake. Go nowhere near it, and preferably go somewhere else.

(2) Adders. These are short, with fat bodies, largish triangular heads, thin necks and thin tails. They are members of the viper group of snakes (which includes rattlesnakes). Vipers are highly venomous, and move very sluggishly. Most other snakes will depart the scene when larger animals are around. The adder is too slow to make a reliable getaway, so he will wait until you leave. His favourite pastime is to bury himself under a

pile of leaves with his tail showing and baiting his prey. Stepping within a foot (call it half a metre) of an adder will result in him attacking. He is not slow to strike. So if I have a choice of walking on rocks or on piles of leaves, I prefer to take the rocky route.

(3) The way home. Snakes generally have their little hideaways. When they hear (with their stomachs) human clodhoppers coming, they generally head for these refuges. If you happen to see a snake, there is every possibility that you are standing in his way home. Now, as far as I am aware, the only reptile noted for any scrap of intelligence is the crocodile; snakes are not so gifted. If he wants to go home, then he will want to go his regular way, whether you are there or not. So if a snake is coming towards you, chances are that he is going home. If so, you have only to move on, and he will pay you no further attention (but beware of tiger snakes).

In my five years of bushwalking (time flies), I have come across snakes only twice. The first was a red-bellied black which, on observing that we came no closer than five metres, turned and departed directly away from us. The second was also black in colour, but could have been another species, which lazily watched us go past at three metres while it was sunning itself on a fire trail; on our return, this snake had moved just off the trail and was apparently asleep, for it did not seem to notice our being within two metres of it. Stories can be heard of bushwalkers discovering new lengths of stride when noticing snakes they were about to step on; at the same time, the snake concerned demonstrates considerable exit speed. The point of this paragraph is that dangerous situations such as the three described above are far from being frequent enough to warrant our staying out of the bush. However, it is worth keeping the possibilities in mind.

A brief word on tourniquets. For treatment for snakebite, I refer the bushwalker to his knowledge of first aid, which it is not the aim of this series to cover. Tourniquets, however, can be unsafe if misused. Firstly, the word "tourniquet" is out; the term is "restrictive bandage". It must be wide; shoelaces or ropes will not do. Its purpose is to obstruct the flow of venom around the system, giving the body time to handle the venom. The bandage must be released after $1\frac{1}{2}$ hours and not reapplied. This is for two reasons: (i) more time on incurs serious risk of permanent tissue damage to the limb constricted; and (ii) after this time, the chances are that the venom has circulated anyway, perfect constriction being impossible.

To summarise, don't try to identify a snake - assume the worst. Be aware of the most likely dangerous situations, and if you see a snake, watch for its actions and avoid it accordingly. In addition to last month's exhortation to look up, keep an eye on the ground for snakes. If you have to use a restrictive bandage, use it properly.

Some snakes I particularly like. They are coloured red, orange, yellow and green, and come in packets labelled "Snakes Alive". Very tasty, and good value for the bushwalker!

* * * * *

LETTER TO THE SECRETARY, S.B.W.

Mrs. Heather Roy,
"Cooinda",
16/11 Hampden Road,
ARTARMON. N.S.W. 2064.

Dear Madam/Sir,

I am a member of the National Parks Association of N.S.W. (Sydney Branch) and have led two treks in the Himalayas as well as many walks for the N.P.A. in N.S.W. I have led private groups of mainly N.P.A. members on the Himalayan treks, but would be happy to include members of other walking groups.

At the moment I am putting out feelers for anyone interested in the following treks:-

NEPAL - 1981 mid April to mid May - AROUND ANNAPURNA - 26 day trek.

A photographer's delight - We will approach the Annapurna Range from the beautiful Marsyandi Valley, cross over a high pass 17,000 ft to finish the trek at Pokhara.

1981 September - A COLORADO ADVENTURE - 13 day trek.

Raft trip down the Colorado rapids - grand colourful scenery, exciting time for exploring. Then a base camp in the High Sierras with either day walks or overnight camp walks.

1982 April - May - NORTH-EAST NEPAL. RHODODENDRONS, MILKEDANDA RIDGE - 15 day trek.

A botanical trip with magnificent views of Everest, Makalu and Kanchenjunga - interesting villages. We will start the trip by visiting Kathmandu - perhaps a raft trip or visit to Tiger Tops in the Terai Jungle (Chitwan Nat. Park) and/or finish at Darjeeling with time to look around.

1982 August - September - KASHMIR-LADAKH - A trek of vast contrasts - 27 day trek.

From the arid country and fascinating culture (akin to Tibet) of Ladakh, where we see ancient monasteries and how the people eke out a harsh living from agriculture rendered possible only by careful construction of irrigation channels to the terraces which cling to the mountain slopes above river ravines, to the valleys, ice-clad mountains, rushing streams and majestic forests of Kashmir.

If interested, please contact Heather Roy at the above address. Or phone 4111472 or 845457, or "Ausventure" 960,1677.

There are still some vacancies for anyone interested in three other walks to the Himalayan Adventure.

"EVEREST GOKYO" - 16th December 1979 to 18th January 1980

"EVEREST GOKYO PASTURES AT PRING TIME" - 23rd March to 24th April, 1980

"KASHMIR WILDERNESS" - 2nd August to 30th August, 1980.

For further details see notice board in the Clubroom, or ring Mrs. Roy.

* * * * *

LETTER TO THE SECRETARY, S.B.W.

The Launceston Walking Club Inc.
P.O. Box 273 C,
Launceston, Tasmania. 7250.
3/8/79.

Dear Sir/Madam,

I am writing to inform you that our club will be publishing the next issue of "Skyline" (No.23) in about three weeks time.

"Skyline" is a magazine about bushwalking in Tasmania and is printed with a colour cover and on good quality glossed paper.

There will be about sixteen articles in this issue, with the main stories on areas of Tasmania's South West - including accounts of trips to the Irenabyss on the controversial Franklin River and a fortnight hike through some of Tasmania's roughest terrain to Vanishing Falls.

The price of "Skyline" No.23 is \$2.50 including postage.

Could you please advertise the contents of this letter and let me know how many copies your members would like to order.

If you require more information please let me know.

Bill Wilkinson,
Hon. Secretary.

* * * * *

CHANGES OF ADDRESS & TELEPHONE NUMBERS.

Any changes of member's address and phone number should be advised to THE SECRETARY.

To ensure continued receipt of the magazine and correct inclusion on the annual list of members, please notify the Secretary as soon as possible after any change takes place.

SHEILA BINNS,
Hon. Secretary.

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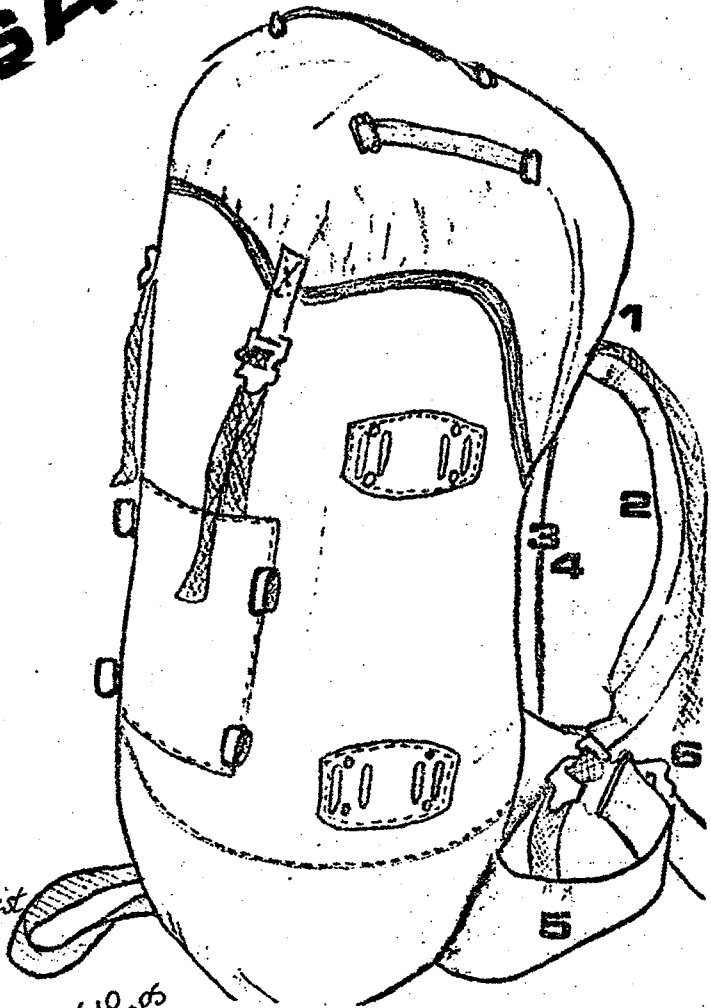
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"FIRST GEAR ALL THE WAY".

by Barbara Bruce.

It was a bright, sunny morning in August - Sunday the 12th, to be exact - when Bob Younger, his elder son Ian, Ian's wife Coralie, and myself presented ourselves at the starting line to run in the 9th Annual "City to Surf" race.

Tension mounted during the morning as thousands of runners claimed their chest numbers at the Town Hall and hustled past one another to take up positions in one of the designated finishing time areas. Excitement reached its zenith as the Lord Mayor, without preamble this time, fired the starter's gun and the lucky ones in the very front row shot away.

Bob, Ian, Coralie and myself marked time for about two minutes before we became part of the bubbling human wave which spread up William Street and narrowed itself into the Kings Cross tunnel. On the other side of the tunnel the mood phased to one of determination, conscious of the encounters to come with the long and short hills and the extended level stretches. Occasionally a welcome gust of wind would come to cool us down.

Ian was "guide" and selected our route; Coralie gamely kept to his side no matter what; unassuming, capable Bob quietly plodded along behind, quiet for once from sprouting quotes and witticisms.

Twice we passed Staminade booths and inevitably trod on discarded polythene cups which crackled noisily underfoot. Not exactly music to the ears.

F-i-n-a-l-l-y we reached the last corner and ran downhill towards the still cheering crowds lining the barricaded roads. Suddenly from our left we hear Christa's voice saying, "There they are!", and the happy look on her face imbues us with the energy needed to cover the last kilometre to the Finish. (Have you ever chased a mirage in a desert???)

Just like this story, the finish was anticlimactic. Once over the "Finish" line you run a few more metres before you collect a time card, and THEN you know it's over. Oh, but it does feel good! Our cards read 83 minutes - equivalent to a 9 minute mile. My computer said at that pace a car would be running in first gear

The Marks - Owen and monther - had declared open house for anyone in SBW involved with the race. They had prepared a wonderful banquet which was ravenously enjoyed by 12 hungry people. My only regret was not having mentioned it to Ann and Brian Griffiths, who I had spoken to briefly that morning as we all collected our chest numbers. Sorry, Ann and Brian!

Yes, I think the others would agree with me that it certainly can be a "fun run".

* * * * *

THE AUGUST GENERAL MEETING.

by Jim Brown.

The August meeting fell on a mild evening in the "Winter that Never Was", about 35-40 people were there, and the three new members welcomed were Linda Beck, David Robinson and Colin Barnes. Arising from the July minutes, which mentioned that the table in the ante-room (on which the Membership Secretary performs his necessary tasks) had gone into a decline, there was a motion that we buy a replacement. This motion was withdrawn sine die after at least two members present both said they believed they could unearth a suitable table given a little time.

Correspondence included two requests for re-admission to membership from people whose last activity with the Club had been about 30 years ago, and John Noble's request that his Tunks Creek day walk of 8th July be accepted as a test walk; advice from Federation that annual affiliation fees are due; also from Federation on proposed alterations to its Code of Ethics. We had been writing to the Prime Minister supporting the Heritage Acts and had received a routine acknowledgement of an earlier letter about the proclamation of a Great Barrier Reef Marine Park. Another walking group is preparing a 24-hours Orienteering Competition for October 6/7, and we had written the Victorian Government asking for information on a bushcraft instructional course which it has developed.

The only question in Correspondence requiring attention was the Code of Ethics proposal, which we finally endorsed with two suggestions:- (1) that mention be made of the need to exercise care in areas with loose boulders (Alex Colley made the point that moving rocks claimed most of the injury victims amongst walkers: and (2) that we did not see cairning of routes as necessarily undesirable or incompatible with wilderness. Hars Stichter took the view that discreetly placed cairns avoided the forming of several tracks. While it was felt that cairns rivalling the Pyramids were not a good thing, it was difficult to set down an optimum size for them.

The Treasurer' told us we were reasonably "in the money" with the bank balance up to \$2043 at the close of July.

Spiro presented his Federation report covering the normal July and Annual General Meetings. No doubt most of this will be covered in Newsletters, but a few salient points were - Evidence of trail bike activity has been noted along the South Boyd track; there is a possibility of a public road being constructed to Bindook, and Federation has expressed the view that vehicular access to Yeranderie via Bindook and along Scott's Main Range should be wholly prohibited. At the Annual Meeting, David Noble was re-elected as Federation President, with Senior Vice President Murray Scott and Junior V.P. Beth Meers. Secretary is Warwick Blayden and Treasurer Jim Callaway. Two S.B.W. filled the posts of Minutes Secretary (Spiro) and Newsletter Editor (Len Newland). The last-named will have an early task of considering a complaint that the Newsletter print is too fine.

The question of abandoning Federation Reunions was deferred, as some member Clubs had been unable to reply during the mail stoppage. Federation dues were set at 66 cents per member of affiliated clubs (same for city and country organisations) with a minimum club fee of \$16.50 and a maximum of \$132.00. Donations were also sought to cover conservation activities. Alex Colley questioned whether the Border Ranges area had been mentioned amongst the Federation's list of conservation objectives, and we agreed that this item should be represented to Federation.

So to the Walks Report, starting with Alan Pike's trip to the Jenolan/Guouogang range on 13-15 July. A detailed account was not available, but it was said that 8 people carried out the trip in very good weather. On Sunday 15th Roy Braithwaite led 18 from Bundeena to Audley, and your acting reporter had 35 out to Mount Portal and up Glenbrook Creek (healthy lantana growth reported on the Nepean banks).

On the weekend 21-23 July, Gordon Lee's Ti-willa trip attracted 12 plus 1 starters. In a moment of coyness Gordon left it to Tom Yardley to report a "spot on" arrival at the Kowmung and a pleasant return via Gingra Creek on the Sunday. Both day walks were in the near north, the multitude (33) being with Roy Braithwaite to Porto Bay and Brooklyn, and Barry Zieren had 21, including one dog-bitten member, on Cowan Creek.

Frank Roberts inherited the Wolgan Valley - Constance Gorge walk on 27-29 July, and had a party of 5, while another 12 went to Gordon Lee's ski-touring instruction and found just enough snow for their simple needs. Down in Glenbrook Creek, Hans Stichter had 23 people, including the President restored to mobility, and Meryl Watman who had provided the only written report of the month said she had 15 folk on a "happy, sunny day with flowers" in Royal National Park.

The final weekend under notice, August 3-5, saw 12 (or was it 13, 14 or 15?) doing two day walks based on Coolana, under the auspices of Helen Gray. Bob Younger went to Mount Jellore with the magic number of 12 plus one, who lunched on the mountain, and did not quite go down to the Nattai River. Joe Marton, deputising for Victor Lewin, had a party of 17, mainly prospective members, on what was described as a tour of the Fortress Ridge, suitable geared to its test walk status, and a very pleasant day almost entirely away from trails. Finally, Margaret Reid's trip to Pindar Cave, one week earlier than originally scheduled, called out 12 people (the plus one was elsewhere) to see a nice wildflower display.

Only announcements and winding up items remained, with Spiro reporting he had procured a projector stand (cheers), costing \$18 (boos), at 10% discount (cheers), the last available (mixed boos and cheers) and would have it along for the social event on 15th August (final cheers).

The meeting wound up early at 9.15 pm.

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SOCIAL NOTES FOR OCTOBER.

by Ailsa Hocking.

Wednesday 17th - David Cotton's 4th Photographic Exhibition. Come and see what photographic works of art David has produced since his 3rd exhibition. You may see some interesting photos of people or places you know. There'll be wine and cheese too!

Wednesday 24th - Malcolm Black, an electrician, recently spent a year on Macquarie Island and came back with over 2,000 slides! But don't be daunted: Malcolm is choosing only the best ones. So come and be treated to a quick trip to Macquarie Island (most people have to stay there at least 6 months!) and see the Aurora Australis, the beautiful bird life, and the cold windswept landscape that is Macquarie Island.

Wednesday 31st - Nut Night. What can you say except there will be lots of nuts! Lots of different sorts of nuts that is - more than just peanuts. So come and try some.

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ALTERATIONS TO THE WALKS PROGRAMME.

Two walks to be led by Vic Lewin in the GROSE VALLEY have been shown as weekend walks but should have been shown as DAY TEST WALKS. The correct dates are Sunday 28th October and Sunday 18th November.

Also on the 18th November, a day walk to be led by Sheila Binns will START from Waterfall, not Heathcote. Train 8.45 (Country) does not stop at Heathcote.

LEADER SWAP. The NEWNES trip on 5/6/7 October will now be led by Len Newland instead of Jim Laing, and the BUNGONIA trip on 16/17/18 November will now be led by Jim Laing instead of Len Newland.

Please alter your Walks Programme accordingly.

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BUSHWALKERS BALL

on Friday, 5th October, will be held at Balmain Town Hall from 7 pm to 12 midnight. Two bands. Single tickets \$6.00. B.Y.O. grog and supper.

A party from S.B.W. is being organised by BARBARA BRUCE - contact her in the clubroom or phone on 546-6570 if you would like to join in.

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CONGRATULATIONS to Paul and Ann RAVN (O'Leary) on the birth of their first son, Kurt.

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Crossword solution (see August mag.)

M	O	N	G	O	L	I	A
A	P	E		D	E	N	S
D		E	D	D	A	S	
A	N	D	E	S		P	A
M	A		B		T	I	
I	D	A		C	A	R	S
M	I	R			N	A	P
A	R	M	E	D		T	O
D		S	T	R	A	I	N
A	H		M	A	G	O	G
M	O	N	O	T	O	N	E

